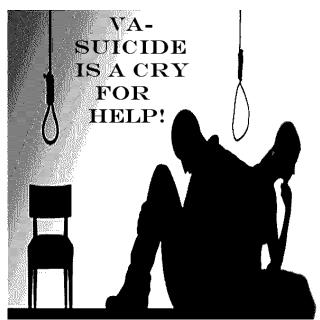
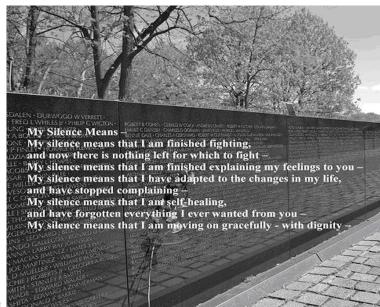
Subject: True confessions from a Veteran insider while undergoing VA hell-care. 50th

RASH BROKE OUT ALL OVER MY BODY AFER EXPOSURE TO TOXIC MILITARY CHEMICALS, WEAPONS AND WORSE. VERY PAINFUL!!



US Dept of Veterans Affairs is giving the whole US mental healthcare industry a very bad reputation and black eye. Ditto for US healthcare as well! It is well overdue for these industries to police your kind before VA sinks the whole US healthcare SS Titanic.





There is no greater disgrace than when a man or <u>woman</u> is so distraught that s/he dies by suicide as protest, sending THE message that screams "FAILURE" to his or her country written in veteran blood. Over seven times the 69,000 US troops that were killed in Vietnam War have since died by suicide from not getting needed care from America. Currently, more Veterans die by suicide every year than the <u>total</u> number of combat deaths in Iraq and Afghanistan combined. Where is their remembrance? We do not need more token emotional moments or memorials; US Veterans and active Military people, we walk among the living you know – and need true <u>HELP</u>! America, land of broken promises and fallen heroes, reserve, your cold, non-living headstones for the Dead.

After discharge, VA and transition benefits were a complete fraud. <u>I was</u> salvageable then. When applying for C&P and service related help, VA betrayed me, lied and denied them in toto, and then sinking to a new low even for VA <u>blamed my mother for service related problems</u>! Moreover, the misogynist adjudication officer was arrogant enough to put that in writing, and I still have the rejection letter proving it. I never forgave the company for either sin especially about blaming my mother and now for murdering my Korean War Vet dad in 2008.

VA payments in FREE party slogans such as 'thanks for your service' discount that we served with a gun barrel in our backs held by violence of US conscription law. Our choices of serve, exile, or imprisonment were the evils presented from 'we the American people and its government' when drafting us into the Vietnam conflict and war. Then they officially betrayed all of us – in toto – January 21, 1977 the day America died and Amerika was born.

Stigma of the Vietnam War still curses Veterans of that era, and will do so until we all die. Then it befalls to the rightful owners – The American nation and its government that waged it.

The most damning indictment against VA is that 100 Vets trapped in that hell—care benefit system, with no place else to go, protest their grievances daily by committing suicide to escape the insanity. Only a deaf, dumb, blind, and stupid Amerika refuses to see their pain in that at least vaguely.

Suicide is not cowardly; <u>COWARDLY</u> is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

INTRODUCTION & CHAPTER 1 Brave Coward Amerikans Love their Magic King & Queen Dom Fantasies.

To Whom It May Concern:

Of all aspects in the VA kangaroo judicial system, self-serving VSO's fail *US Veterans most* of all. The ongoing Veteran suicide epidemic screams that betraval, and Vet bloodstains their hands most of all. Whether successful or not, each of the millions in toto veteran suicide attempts and successful tragic deaths from self-destruction state emphatically VSO criminal impotence to *help us*. Vietnam Vets still lead those suicide numbers but we are nearly extinct leaving the obligation to generations that follow us. Vietnam revisited: over seven times the 69,000 US troops that were killed in Vietnam War have since suicided from not getting needed care from America. Moreover, only America and Dept of Veteran Affairs can sink so low in sewer filth profiteering off veteran suffering and ongoing suicide epidemic. 'Currently, more Veterans die by suicide every year than the total number of combat deaths in Iraq and Afghanistan combined,' said *The Rand Review*. Will this country never Learn?! VSO's stand out front and center of the responsible ranks for that disgraceful failure. American have never cared about how their actions negatively affect other people until it affects them personally! Additionally, this country is a messy nation that notoriously leaves its dirty work for someone else to clean. Vietnam for instance still suffers its fifth generation of dioxin birth defects passed onto future generations from exposure to dioxin Bioweapon, which US still denies compensation to them as it does to sick and dying US veterans. The ongoing vet suicide issue epitomizes that fact. For many of us, without the help and support that we need – real help not placebo effect, phony lip service of delay, deny until we all die, which especially includes from Congress, Veterans Affairs and this country, suicide to end our pain is not a matter of it but when one is finally successful. Real help is not minimizing a complex problem into 'all you must do is pontificate about it and take these pills.' Worse yet, help is not passing sick and dying veterans off as

'hot liability potatoes' somewhere else as US government bureaucracy is wont to do! Even a village idiot can see these are pure folly and cobble, aka stupidity instead of solutions! Yet that is US government's, VA's, VSO's, AFGE unions, medical industry, and Lawmaker solutions. Neither legislation nor a politician's signature on it has yet to save a single active duty Military person or Veteran from suicide. Many camps exist in USA concerning Vet suicide; one tries to minimize and censor it to save face; another profits from the tragedy and a third does all of the above. One instance is from well-known and lesser hard copy and Internet publication sites shilling the same click bait virtual or hard print copy article, often verbatim, about another ex-military or military suicide tragedy. Site visitors or publication readers then watch the Spam counters clicking off or page through hundreds of ads profiting shill site owners, publishers and sponsors. America loves her Vets? Only America could sink so low in cesspool filth profiting from War and Military member suffering and suicide. Profiteering is why we undergo the following and much worse struggles - dying needlessly every day by suicide protesting lack of care from the pimp-bastard-prostitute, motherland we served. *I honorably served and* fought for this country in good faith but never imagined I would die fighting with it for seeking help in meeting my needs as a result of what happened to me during that service. War and suicide are good business when investing someone else's resources, families, sons, and daughters. War is a disease; it's a national disease! Soldiers and Veterans are only symptoms of it! Stop scapegoating us for this nation's illness!!

CHAPTER 2

Amerikans are mindless, media driven, blood spooked, cattle herds.

13th As introduction, an open letter to all government, VA employees, and American people. Enjoy the unseen Covid19 bio-terror virus; you have entered a War theater of Mind and Microbe. US Military have been fighting it for decades while America sleeps under shelter of their bread, wine, and circus tents denying its existence. This War will affect you and yours for the rest of your natural lives; same as these menaces have and still do cripple active Military personnel and Veterans who suffer diseases from toxic exposures to similar chemical, viral, bio-weapons, mental Shell Shock aka PTSD and much worse mostly invisible from outside injuries incurred during their Armed Forces service, which you deny as employed by the sources that create and release them. American Special Buttercups do not get 'up' about it; you are not missing out!! You ingest these and worse through the daily items consumed each day including bottled water! Military is exposed to deadly combinations while you get just a little bit every day. These poisons build up in the body over decades making you sick gradually. Like boiling a frog by increasing the boiling pot temperature gradually. Many of you are noticing strange symptoms that medical ignorance cannot diagnose a cause so mistreat only a symptom...BTW they are getting sick too. Out of frustration many providers send patients to mental health when not finding concrete causes of the

symptoms. As these toxins build up in the body they destroy the filtering organs first just a little each day over time. In late life for most of you the serious sicknesses show up as thyroid, kidney, liver, urology damage, cancers, ad infinitum. For those more sensitive and susceptible persons sickness arrives in mid life. Diseases that were unheard of 50 years ago arrive now so fast the medical scientists cannot name them fast enough!!! Needless to say treatments and cures do not exist. Chemical and bio weapons are engineered to sicken and kill populations!!!! They do not have cures or treatments!! I will repeat that: CHEMICAL AND BIOWEAPPONS ARE NOT DESIGNED TO MEDICALLY TREAT OR CURE. THEY ARE DESIGNED ONLY TO KILL IMMEDIATELY AND VIA SLOW SUFFERING, DYING AND DEATH!!! COVID IS A HOAX THAT FORESHADOWS WHAT IS COMING!!! MASSES ARE BEING STUDIED TO UNDERSTAND HOW THEY WILL REACT IN A REAL ATTACK. YOU WILL NOT SURVIVE THE REAL THING! ONCE EXPOSED, VICITMS ARE DEAD NO MATTER WHAT ANYONE DOES!!! PTB WISH TO KNOW IN WHAT DIRECTION THEY WILL MOVE DURING THE MASS DYING **PHASE!** These weapons are designed to sicken and kill civilian masses, their militaries and leaders so they cannot wage war or self-defend!! It is a chemical occupation of a country before the Nazis march in. *Nations lose the war when* government and military lose support of their people!! That is how to defeat a people from within BTW!! Through slow, systemic poisoning of the populace through the daily items they consume!!! The last figures are over 80% of US youth cannot pass physical, basic health or mental requirements for military service!! Forget brave coward fat, numb, US civilians so overweight, out of shape and thick as two planks fighting a war. Our all-volunteer Armed Forces must now fill the ranks with mercenaries from other countries because of the poor condition of USA youth. Our active troops are so demoralized that AWOL and desertions are a very big issue. Moreover, because our military is spread so thinly around the world cannot it defend US homeland on a bet. Forget about raising a militia for same reasons.... pitting 'Elmer Fudds with a gun' against battled hardened, trained foreign troops is certain suicide. Finally, coward US citizens without other people fighting for them would rather roll over like Moby Dick whales than defend their countries!!! Simply look at the ongoing 2021 riots in America!!! 'We the Sheeple' hid out like brave cowards are wont...America when you cowards put up with shit you eat shit. 2021 proved that totally! Nikita Khrushchev in 1954 stated ["...America will not accept communism outright...we will feed it to them and their children gradually then one day they will awaken as communists without a shot fired.] Just as you are getting sicker gradually ingesting poisons a little each day in the daily items you consume. Doubt that?! Read what is in the soda pop that out of laziness and stupidity you drink & pour down your children.... poisons, all poisons, and the toxin list goes on!!!

VA C&P benefits refute Vets compensation and benefits from these same unseen, invisible, deadly influences that now terrify sicken and kill you. This US government agency has historically as now renounced that we suffer from them almost in toto. Do you special buttercup Americans think your fearless looters will do differently when

you get sick? Very easy to be heartless when, political & bureaucratic, inquisitors cannot feel another person's suffering, especially when your agony cannot personally affect them. Nobody cares when such tragedy affects someone else. However, those days are past; these are not normal times. Covid19 and much more is the future now in an ongoing Bio-terror Cold War between US, China, and lesser powers now impacting you and yours, and is one of life's sweet justices of checks and balances that no one can stop or change. What goes out always returns with savage vengeance? The US vs. Soviet Cold War revisited except this time you cannot escape direct consequences of it. America is the battlefield; American's are the collateral damage. You earned this largess so enjoy! America, is an ignorant population that does not know the differences between a virus and bacteria, moves as a blood-spooked herd – divided, conquered and controlled; she stampedes in abject terror wearing antibacterial masks, bactericide sanitizers as useless defenses against a virus, gloves, social distancing, anxiety of another human's touch, breath, closeness, of what s/he might have handled, self-isolation - ad infinitum. The same fools that bought a global warming hoax are fearful of an invisible 'boogey' monster one cannot see, taste, hear, touch, or smell except as fear in the air. Only when sick does one know it exists. Fear hiding all over the place waiting to infect another victim: Covid19 – hiding everywhere, under a finger nail or in a person's hair that kills one in their sleep and s/he never knew it was there - America meet the terror of Bio-Warfare. Here is more spare change to count; our useless elected lootership has known of Bio-Weapon threats for decades while America's dormant sheeple population remains clueless. The last snail mail to my district's US senator was returned to sender with the envelope bottom slit open. All letters sent to her were processed like that. Investigation revealed, that upon receipt a machine opened mail article, electronically scanned, and sent it to recipient then returned all originals to sender. Only sender and USPS human hands touched the letter. The senator replied to my concern in kind: USPS snail mail. I do not contact the congresswoman. She does not answer her mail at all. I wonder why? Could it be she and her ilk work for owners not constituency, and are only interested in their worthless hides not 'we the people's?' COULD IT BE THAT OUR LOOTERSHIP KNOWS ONCE INFECTED WITH THE REAL McCov THERE IS NOTHING AFTER THAT BUT SUFFERING AND DEATH? In addition. more folks are injured by fear of Covid19 than from the virus itself. The former is War of the Mind. The latter viral object of that fear is War of the Microbe, and now America and all front-line and back office, rear echelon, government and VA bureaucracies are directly affected by that Warfare like it or not; same as we active Military soldiers and Vets serving as the US's medical coalmine canaries have been undergoing long before you got involved. We soldiers underwent aforewritten exposures in service and the physical & mental duress never leaves one, not even after discharge. It is like Poe's Pit and the Pendulum where one helplessly waits for the blade's first bite slicing through the victim's gut slice by slice. Often one seeks to end it all to stop that kind of impending physical pain and mental terror. That reality is known as Shell Shock or the PC soft language, denial-fantasy version - PTSD. 100 veterans take their lives daily to stop the suffering.

Americans living in a Santa Clause reality cannot stomach hard truths as harsh language, you know. We Vets have stopped singing out warnings to the deaf, dumb, and blind that do not heed our songs of suffering and death. Now, you are forced into reality enduring at present an unseen terror directly and alone; how does it feel mentally, emotionally, and physically when tables turn on you. PTSD fantasies perhaps? Hardly! Shell Shock brings one into hard reality and fits so much better. Have some – it builds strength & character. Americans claim to love equality. Bioweapons & chemical poisons discriminate against no person, place, or being. The pathogens treat everyone as equally as it gets. Nobody is left out or treated differently! Once again you ingest all this stuff daily in the items consumed - even bottled water. One has it or does not; gets sick or does not; dies or does not. In such an attack, the lethal dose comes through one's skin; however, breathing deeply helps to end it sooner. A little more mutual understanding from inside the other person's skin would suit everyone better; try empathy on for size then extend it to the Veterans you have condemned and deprived of it in toto – especially those back-office brave cowards in VA C&P benefits, VSO's, judicial and political policy decision makers ad nauseam. Have some and then some more to experience how it feels, as we do, to suffer unseen betrayal and denial for service surrendering our lives, limbs, bodies, and minds to ingrates. No pain, no gain as they say. A little old saying, sow and reap or what goes around comes back or cause and effect: America you must barehandedly harvest the thorns that you as a nation planted. Covid19 is only the faux beginning and, no matter what, you and yours are involved. Hiding in shells of denial will not help you anymore than it would Military personnel and Veterans sick and dying from toxic exposures much worse than what you currently undergo, which by-the-way is the shape of things to come - for you. You earned this - enjoy your reward. Nazi VA-C&P interviewers, VSO's, and judicial adjutants especially, experience what it is to suffer what US Vets undergo then deny thyself! As you forsake we Vets; so, you shall be forsaken. Socialist America expects its Military to fight and sacrifice free and for nothing so it can safely enjoy a peaceful nights sleep, free ride and lunch. Few do so any longer; we refuse to wage your battles; I refuse martyrdom hanging on a 'patriot's' cross for America anymore – not in flesh or spirit. For me, the US died January 21, 1977.

The following precept is well worn and time tested since before and after Nazi occupation of Europe in WW2.

Modern [Amerikan] society is hypnotized by Socialism. It is prevented by Socialism from seeing the mortal danger it is in. And one of the greatest dangers of all is that you have lost all sense of danger, you cannot even see where it's coming from as it moves swiftly towards you. Dwell on the past and you will lose an eye; forget the past and you lose both eyes. *Aleksandr Solzhenitsyn*, *Gulag Archipelago*.

First They Came First they came for Native Americans- Next they came for the Jews-
Then they came for Soldiers and Veterans-
Then they came for out police
When they came for you and meNo one remained to stand and fight for you or me-
If you will not join with us nowWhen your time comes who will stand with you-
Always remember that they dispose of useful idiots
with no place left to run dead-last.

CHAPTER 3

Life is complicated and there is no why. Then came US Socialists to fix it.

To begin, why did I try to use the VA at all; the answer is very complicated. Firstly, I earned, paid and still pay dearly for those benefits and will do so until the day I die. The only freedom here for a slave is death. They did not come free and for nothing as many believe. My meager VA remuneration is anything but free. I pay and have paid US Federal taxes that fund the tax-supported, parasitic institution for over 55 years and will do so until death. It cost me over six of the best years of my life, a lost family, friends, even the will to live anymore undergoing Military service earning my card to that member's only club and the chronic diseases that I suffer. I will pay for life with my life. VA says a veteran's burial is free...not so each of us who use that service paid for it with our lives. Nothing is free from this country; someone pays the price, always. When using VA services I must pay for appointments with costly private health insurance to ice the 'piece of cake' I get 'free and for nothing!' Some free. I will trade any civilian what I reaped as 'free' for what s/he bitches about in playing poor little, self-entitled me – anytime. After discharge almost half a century ago, I tried to use VA. Upon doing so I found it a total sham, I fired the whole lot as AWOL/DOA. However, destiny forced my return to that agency after Obamacare destroyed affordable private healthcare markets. After an almost 50-year sabbatical I returned so that it could clean up the mess denied after discharge - reaping what the agency sowed. For decades, I stuck to my original vow to die before going back into that shit hole and house of horrors. Then during Obama's period in office, age discrimination, off shoring, and technology dropped tens of millions of American workers like me out of the US labor force into a 'black hole' without health insurance or job or prospects of landing another one. US corporations are watching employee healthcare costs very closely. They pay for it and have a right to examine those costs. When an employee or covered family member gets seriously sick s/he goes out the door; especially older employees. Before age 50 I could do no wrong

as a corporate star; after 50 I could do nothing right. All that changed was my age. I was not and do not remain alone. Tens of millions of older employees across America fell into that black hole! Not old enough for Medicare, not rich enough to afford anything else, too rich for government assistance but must still pay taxes for those who do. Two classes of rich exist in America: the privileged rich that pay nothing and the paying rich that pay the bills. I fell into the latter: pay for everyone else and go without for my needs. Only in Amerika. Corporations employ large armies of lawyers to create strategies to do that without triggering EEOC discrimination lawsuits.... with much help from our lawmaker-lootership in Washington DC and statehouses across USA, of course. Obamacare successfully accomplished one thing: it destroyed the affordable health insurance markets and access to healthcare for people like me. Dept of Veterans Affairs finally publicly owned up to murdering over 300,000 US veterans during Mr. Obama's last term, who were placed on secret waiting lists pending medical care. In other words, they all suffered and died while confined on VA death row. That is rationed, socialized medical care from a purely US socialist government organization. The reason? Per aforewritten and to soften up Amerika for NHS or Government run Socialist healthcare systems like other socialist countries use. US dept of Veterans Affairs is the worst healthcare and benefits system in **America.** All, insurance is Socialism; medical care paid for by insurance is rationed, Socialized medicine. The US healthcare system is a dysfunctional Capitalist – mostly Socialist crossbreed and that is only one aspect of the disease. Obamacare destroyed affordable private healthcare and insurance markets. That law made purchasing medical insurance impossibly expensive, if one could get it at all, especially at my income level, age and pre-existing health conditions. I qualified to opt out of the Obamacare penalty tax because the lowest, sorriest plan was well over 20% of my gross annual income; I had to spend almost twenty thousand dollars in premiums and deductibles to get one penny's worth of actual, insurance covered healthcare using Obamacare Marketplace insurance. Forget the private markets!! Coverage outside of there was simply neither available nor affordable to individuals my age and health condition. That White Elephant, Dark Horse program is by design. It destroyed private health insurance markets to prepare for US Socialized National Healthcare System. When misled by beliefs, masses create those beliefs and unintended consequences into reality - aka what they do not want. That is how social engineering works. We the sheeple think the creation is our idea and have only selves to blame for unintended consequences. I.e. the voters elected Mr. or Ms. Villain is a classic scapegoating ruse used by political circles for millennia. Same for jury duty; a judge tells jury how to decide a verdict, it does so, when an innocent person is executed or incarcerated for decades because of an injustice and then found innocent, the jury is scapegoated and blamed for ruining an innocent person's life. Not the political-legal oligarchy!! The jury falls back on we were doing our jobs, following bench orders. The same argument that did not hold water that Nazis used to justify murdering millions of innocent Jewish men, women and babies during Germany's WW2 Jewish genocide & Holocaust. Same thing for voting; most Americans eventually learn that the whole voter election system conditioned into them from diapers on is a fraud that changes nothing so fewer participate in it. This is freaking out the elected looters because now they are front

row & center under a spotlight of blame for their actions. Many writers for centuries warn of this big lie such as Mark Twain, "If voting changed anything it would be illegal." This whole sham is a lie. It is not between the left or right wing that connect to the same bird, but what is truth or lies....

Insurance controls the medical industry. Without that protection against corporate greed and lootership in an out-of-control Capitalistic medical industry, in America a hospital visit is a one-way trip into impoverished sickness, and the poor house. Lacking price transparency, one has no control over prices or what is done during hospitalization or most doctor visits, which amounts to wholesale robbery by unrestrained medical, legal and political oligarchy supporting it. Only in America will the medical monster in cahoots with a corrupt political-legal system hook up a brain dead body to a life support machine for 10-15 thousand dollars a day until insurance runs out then bankrupt the surviving family before 'pulling the plug' using a hospital obtained court order from a crooked judge to stay the family from pulling the plug first! Boast about that Barack and Hillary. The US Socialist's Dark Horse boondoggle, Obamacare, simply softened up the US for implementing NHS-Socialize healthcare instituted by 1935 Social Security and 1965 Medicare Acts while further destroying tax paying middle class America in the process. Then everyone will pay 'national healthcare' taxes at higher rates instead...socialism or communism is all the same beast. At age 63-64, the toxic exposures and other diseases I inherited during Military service, which had been incubating for decades, were literally killing me: kidney, liver, thyroid, urinary, bladder, prostate, neurological, emotional, mental and autoimmune – failures, plus related hypertension, skin diseases and worse. Rotting flesh was literally dropping off me in sheets and I smelled of death and carrion. Typical symptoms of Agent Orange aka dioxin and similar Military chemical and Bio-weapon exposures. I was a walking dead man literally decomposing alive. Signs and symptoms of these oncoming problems, also listed in my military medical records, had been surfacing for decades. Civilian medical ignorance was not keen at diagnosing or effectively treating these unfamiliar diseases when I had active insurance coverage. It profited well 'treating at' the symptoms, however. For example, in 1992 a dermatologist treated at the skin condition that developed while in service from handing toxic chemicals and other dangerous exposures in the line of duty. After a year of treatments, he threw up his hands to say, "I have never before seen anything like this; you are not responding to treatments known to work. Something inside you is causing this; I am returning you to PCP to find the causes." Every skin doctor I visited ended our relationship with the same frustration! I camped out in the PCP's office as he tested and tested again, using current medical ignorance, never finding any specific causes of the symptoms from the diseases incubating in me. I have never been exposed before or after military service to the elements I was required to handle during active duty. To VA for treatment dollars benefiting that agency only, I have problems; for C&P it knows and sees nothing in willful stupidity & blindness to diseases it has denied in tens of millions of veterans and recorded in my service

health records and body almost 50 years ago. That agency has access to far more in them that I do not. By the way, VA is far worse in its ignorance than civilian doctors. Imagine a DPS or USPS desk clerk playing doctor with your healthcare. Healthy lifestyle, coping, and youth, until running out, were my only assets keeping these diseases at bay. *Nothing records* and plays back a life more accurately than the human mind and body! Suddenly, at age 63-64 and without medical care, I am dying fast as the tea-timers' started tinging off into full-blown, deadly, diseases. I could not qualify for inexpensive healthcare... whatever is that. I was too young for Medicare, too rich for Medicaid or subsidized Obamacare and too poor to purchase regular Obamacare or other unaffordable health insurance coverage. Try getting medical care in US without a job or insurance; even the doctor's office that treated at me for over 22 years when I had job place health benefits, after losing them, reclassified me as a new patient; then refused to make an appointment: we are not taking new patients. Thanks **Obamacare.** Other attempts met with same or similar denials from a broken, dysfunctional US medical monster: literally, it was easier to die. Ability to pay rations medical care just like any other supply/demand product in America. *Fools, stop looking at other countries* that supposedly ration healthcare and take a good look at what is going on under your **noses in America!!!** Of course, you will not until it happens to <u>you!</u> Then you will cry 'somebody do something about this injustice;' why did not you when afforded the chance to do so before it affected you and yours? Since early life, as my brother and sister's keeper, I paid and still forfeit myriad taxes, other duties and dues that pay for other people's health and welfare, plus inflated costs to cover those who do not pay their bills, plus overpriced care to meet my needs if I have anything left to afford it at all. Then when needing help, I was betrayed <u>again</u> by a country I supported all my life. The perfect slave is one who says, "I am not a slave." Suddenly at age 63-64, the realization that I had ignorantly spent my entire life as that perfect slave became an unbearable reality. The ultimate protest when one who is tired and spent from struggling against corruption, injustice and her systems of subjugation is to simply give up. To a slave, death is the only freedom from such bondage. That in toto is VA's suicide epidemic: an ultimate protest against US Socialist tyranny. However, it takes a lot of dying to kill a man. I gave up and chose to die. Yet, Death visited but she would not take me. In hell, escaping through Death's door is not one's choice. Nobody leaves here without owner permission.

> MILITARY TOXIC EXPOSURE PAINFUL SKIN DISEASES IE DIOXIN, BENZENE





RASH BROKE OUT ALL OVER MY BODY AFER EXPOSURE TO TOXIC MILITARY CHEMICALS, WEAPONS AND **WORSE. VERY PAINFUL!!**

BLADDER TUBE NOTICE RASH AROUND THE HOLE. CAUSED BY BENZENE AND OTHER TOXIC MILITARY EXPOSURES.

BLADDER TUBE TO PEE THROUGH BECAUSE NOTHING **BELOW THE NAVEL** WORKS.



Suicide is not cowardly; **COWARDLY** is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

NOTICE DAYTIME URINE BAG? GREAT DAYS FILLED WITH URINE, GOOD DAYS FULL OF BLOOD. RASH BROKE OUT ALL CHEMICALS, WEAPONS AND OVER MY BODY AFER EXPOSURE TO TOXIC MILITARY CHEMICALS, WEAPONS

RASH BROKE OUT ALL OVER RASH BROKE OUT ALL OVER MY BODY AFER EXPOSURE TO TOXIC MILITARY WORSE. VERY PAINFUL!!

CHEMICALS, WEAPONS AND WORSE. VERY PAINFUL!! MORE RASH, VERY PAINFUL, ON BACK, BUTTOCKS, LEGS

MY BODY AFER EXPOSURE

TO TOXIC MILITARY

MORE RASH, VERY PAINFUL, ON BACK, BUTTOCKS, LEGS FROM TOXIC MILITARY EXPOSURES.



BLADDER TUBE TO PEE THROUGH BECAUSE NOTHING BELOW THE NAVEL

NOTICE NIGHT TIME URINE BAG? GREAT DAYS FILLED WITH URINE, GOOD DAYS FULL OF BLOOD, VA SAYS NO PROBLEM, NO DISABILITY. THOSE **BASTARDS SHOULD WEAR ONE ALL** THE TIME.

NOTICE DAYTIME URINE BAG? GREAT DAYS FILLED WITH URINE, GOOD DAYS FULL OF BLOOD. VA SAYS NO PROBLEM, NO DISABILITY. THOSE **BASTARDS SHOULD TRY THIS!!**



VA KANGAROO COURTS FINALLY AWARDED 10% DISABILITY AFTER 40 YEAR BATTLE ON HEARING ONLY. '0' % ON THE REST OF WHAT IS KILLING ME IN WILFULL DENIAL AND BLINDNESS OF WHAT IS THERE. STILL WANT TO DO THIS THROUGH THEIR SYSTEM? HIRE A LAWYER STRAIGHTAWAY WHILE YOU ARE YOUNG. ALL THEY ARE DOING NOW IS WAITING FOR ME TO DIE THEN CLOSE THIS CASE...VA GETS RICHER, VETS **GROW POORER, SICKER AND DEAD.**

CHAPTER 4

Korea Embarrasses Phony Amerika. Redux of Russia's global embarrassment of Socialist JFK and LB Johnson during the 1960's cold war.

~OR~

Let US Peasant Babies Die Starving.

After viewing an intellectual *Ted-talk* given by a North Korean family who escaped out of Korea through China into Europe seeking political asylum, the ah-ha moment came to me about America. Her story was typical except for one feature. The narrator said, her N. Korean government told its people that Americans were literally sick and dying outside of medical facilities from lack of healthcare access. For that and other reasons, her family chose progressive Europe as their new home instead of seeking political asylum in backwoods USA. Secretary of State Hillary Clinton at the time bawled it all propaganda.... No! It is not! I suffered greatly and nearly died in America for that very reason, Hillary. In seeking help, the US medical and social safety net systems I spent my life supporting, rejected me proper. Moreover Hillary, explain the millions of US Vets who have suicided in the last 6 decades from not getting needed care from this country, over 300,000 who died waiting on secret lists during Mr. Obama's last term in office! What about the hundreds of thousands, perhaps a million or more, of them who died on VA waiting lists within the last decade from not getting help? What about 100 US veterans that suicide daily from abuse, neglect and betrayal by VA and US?! North Korea embarrassed the US during Obama's administration for not providing basic accessible healthcare to all of its citizens the same way Soviets disgraced JFK and Johnson administrations by revealing to the world that the US Socialist government allowed its people – babies and children - to literally starve to death during the US-Soviet Cold War. During which the US playing popularity politics destroyed excess food supplies – per party propaganda supposedly to prop up farm prices – then distributed much of the excess freely to other countries of starving people while denying that same 'charity' to its people here in the 'homeland.' The N. Korean government's statement is true; America's boasts are falsehoods hiding that truth, Hillary, which is the jackboot of US 'Nazi' National Socialism. American Socialists boast that their system is the greatest. Is it? If so then why are people who can afford to do so escaping from here, denouncing citizenship and moving to other countries like Sweden? Why are more high quality immigrants fleeing into Europe instead of to here, and why are increasing numbers of US citizens, especially school children, abusing drugs to escape reality, killing each other, dying by suicide and self-destruction, or just giving up than at any other time in American history?! Why does a Communist totalitarian N. Korea provide better care for its people than the USA? Because life under National Socialism is so great as your propaganda boastfully claims? NAZI is a German acronym for National

Socialism; when people condemn NAZI ignorantly they condemn US National Socialism! The only successful aspect of it is that Socialism fails 100% every time it is tried, and that includes government run socialized medicine; history proves that in toto. If you want to learn how anything should not be done, take a look at any government and everything it gets its hands on. My brainwashed parents said Democrats aka Socialists are a party of the poor people. I lived and grew up under US Socialism and it is not good at all. All I ever knew the party to do for poor people was keep us that way and create more of them. Then enchain us with shame for being poor. Just like the party blamed US Military and Vets as for losing their unwinnable Vietnam War. Then scapegoated us via propaganda songs like 'Universal Soldier' as red herrings away from the true criminals, our son's and daughter's body bags and this nation's war crimes. Socialism is nothing more than looting, rag picker Communists dressed in Socialist regalia aka – drag. A pig in lipstick and dressing gown remains a pig; that is the pork trough of Socialism.

CHAPTER 5

To Die or Not to Die ~OR~ ves Here Without Owner Permission

Nobody Leaves Here Without Owner Permission.

I was so damned sick and hurting, and never knew a human body could feel so terrible and live; for me, Death was the only way to stop my suffering. BTW here is the farce about suicide Crisis 'Helpless-lines.' Talking about a problem when someone is as sick and desperate as was I is a very bad joke; words to one suffering an agonizing dying until Death do not stop that kind of pain! Moreover, the sheer hypocrisy of the Veterans Affairs 'Crisis Line' is that it is only a facade covering up a liability shift from VA to their vendor. When anything goes wrong, which is most all of that disaster, first bark out of VA is scapegoat the vendor. All liability shifts from VA to the Crisis line vendor. Currently, the agency cannot shake the veterans suicide crisis it created especially those VA caused deaths on VA campuses nationwide caused by VA medical staff drugging and mentally terrorizing troubled veterans into self-murder. In other words, VA purposely murders veterans by drugging s/he up with dangerous psychotic drug mixtures then applies psychiatric torture to terrorize a paranoid, suicidally hysterical patient before turning him loose to finish the job. Induced suicide is a psychological torture method developed during Korean War. Documented suicides of bound prisoners locked in cells choking to death after swallowing his tongue after undergoing this torture. 24 veterans under VA MHC treatments died by suicide on VA campuses within an 18 month period between 2017-2019; aka the parking lot & in clinic suicides. That is why VA is on the fast track trying to offload all medical liability especially MHC: hundred million dollar lawsuits for wrongful deaths caused by VA. Awards are over 2 billion dollars and shooting straight up. Those are your tax dollars that VA is

wasting, BTW! VA owns the veteran suicide epidemic completely. Moreover, malpractice suits follow the same up trend pattern as well. The beauty is vet healthcare and benefit privatization is now a given and on the fast track to reality. Over 92% of all veterans do not use VA; opting instead for private care through employer, private and other benefit systems. Avic Roy and renowned journalist covering this trend coined VA the worst healthcare and benefits system in USA. To continue... However, before I could suicide something bizarre occurred. On the day, I planned to die, while finishing and finalizing a loose end, this happened. An impromptu, at one in millions of odds against happening, synchronicity: another Veteran acquaintance who vanished over 22 years ago and I literally bumped into each other...which is another story entirely. *Only a true Vet can help and another Vet*; during my era, from the moment a raw recruit sets foot in BMT, 'basic Military training' until the moment s/he graduates to next duty assignment and on, the soldier learns "take care of each other because that is all you got..." Civilians are clueless to Military culture and that is the sheer absurdity of using them in places like VA, to 'help' ex-military people. None have the integrity to shovel guts to a starving bear, and they do not assist us as much as their arrogant egos mislead them to imagine that they do. Only because of the aforewritten and his experience under similar circumstances, did this Vet know what to do with me. He literally dragged my feebly protesting sick and dying ass into a local VA clinic for help, as he would have a wounded soldier from a battlefield. No! I protested – they murdered my dad and I will die before returning to that shit-hole! He said, "Not on my watch, bud." Then he went on to say, "I will kill you myself if you do not fight 'these bastards' for what you need." 'You promise me that asshole!?' Believe me it was a continual fight. Getting help from those bastards like pulling chicken's teeth!!!! The only reason VA let me in the door is because my mentor told them this man is suicidal. I literally was! Unknown to me then, the agency had a real PR problem with Vet suicides and needed no more dead bodies to its credit. Their fear of Donald Trump and VA Secretary Wilkie that if another veteran died from lack of care they would fire the whole bunch! The help I got was only collateral benefit to saving itself from worse PR and firings by a very angry and hostile Washington DC Obama & Trump lootership embroiled in a major VA scandal that cost Socialists the 2016 elections and serious damage to that party's image. Vet suicide epidemic was protesting lack of care from VA and Socialists, and the new Trump administration was chopping heads to stop it. Though in the door, I still endured seven and a half months of delays, dehumanization, racism, bigotry, denials and more typical Veterans Affairs BS before getting the first clinic visit. Were it not for a couple of brave Veteran VA employees who gave me tribal knowledge getting around barriers to care instead of the brush-off, I would have certainly died: only a true Vet can help another Vet. During that time, my mentor would not let me give up and die; he stuck to me like a wet shirt. To keep my interest he kept plugging how great was VA; however, The 1 star, lowest rated in the state, North Texas Healthcare VAMC system let us down badly at every twist and turn. The whole Veterans Affairs system exists to deny veterans benefits, employ government bureaucrats, and fill political pork troughs for its cronies and friends using the stolen veteran benefits loot. I gave up numerous times; 'this shit is just not worth it, man. None of it makes any sense! Why must I fight these people to get help? These arrogant, socialist, asses act

like they are doing me a favor and that I exist solely for their benefit. I have paid taxes and my dues over 55 years and these Socialist bastards act like I am the thief. Vets are the only reason they exist at all. What is the point!' He hung on – I hung on. Finally, VA accepted me for the first appointment to see a doctor. The agency has its moments. By then I was so damn sick that I nearly did not make the appointment. My veteran mentor made sure that I did not miss it. Funny thing, once in VA hands, true to his gypsy style, my guide disappeared again. This man is like a ghost; he mysteriously shows up when needed, then enigmatically vanishes back into the past leaving only a shadow as sole evidence of his visit. Guardian Angels sometimes wear cowboy boots, hat, jeans, and drive old, beat-up, pickup trucks when not riding a horse on an open Texas range herding cattle into a sunset. A little old saying: "The Divine works through people." Attending VA clinic doctor did not know what to do with me, and immediately shipped my sick, dying, rotting carcass by ambulance to a local Fort Worth, TX civilian hospital. There I spent five days in ER and ICU until stable enough to ferry by ambulance to the Dallas, TX Regional VA hospital 60 miles away where I spent another 5 days. Nobody officially died at VA during Trump's administration. Per the clinic and ER doctors, a couple more days is all that separated me from the morgue and addition to the lists of 300,000 dead vets waiting for VA medical care during Obama's administration alone. It was a race between death by suicide or by military caused diseases while waiting for help. VA did not want another dead Vet on its hands attracting attention from Washington DC, so it sent me to a local civilian hospital to die. Standard VA liability & patient dumping while keeping budget for employee perks. National issues about which Washington and VA still have gnawing on their natural Asses. I missed Death by one or two days, which was just fine with me; I was very sick and badly hurting, and I still am. Five days in ER and ICU, civilians constantly worked using emergency measures to pull me back from brink of death until stable enough to transport by ambulance to Dallas Regional VAM. There hospital staff copied the detailed civilian hospital's treatment report to the letter. Including five botched Foley changes training nurses in the procedure. They tore up my urinary system so badly I passed blood for almost two weeks. Then out of ignorance they continued following emergency measures training their medical staff on me. VA medical hospitals, clinics are training grounds to evolve their staff of medical ignorance! They are clueless people employed in the worst medical system in Amerika. Now, emergency attention works in a crisis but not under routine maintenance afterwards. Since those people did not know what else to do, they continued imitating private sector care procedures from a civilian hospital report with very negative consequences. Before firing that circus of the absurd to reprivatize, I spent 36 months of disastrous baby step recovery two steps fwd and one step back training VA medical staff and various residents to overcome medical ignorance in its clinical and hospital training environments. A miracle considering VA incompetence that had neglected, and severely sickened me numerous times during recuperation – ditto that to other veterans along with VA murder by medicine. Something much higher is involved in this whole affair; I have unfinished business to close. There is no other explainable reason why I am alive. I did none of it alone; help came just in time from the most unexpected places and people, which is another incredible story. Divinity works through people. I do not believe in miracles – I am living one.

CHAPTER 6

If US Socialism is great, then why do our children have such a hard time growing up?

 \sim OR \sim

In Crisis, Socialist's Lie, Deny, Blame and Cover Up It is never Socialism so they blame our kids.

 $\frac{https://www.the74million.org/article/a-parkland-teacher-speaks-out-after-the-shooting-the-district-did-not-help-us-deal-with-the-trauma-with-2-new-suicides-were-still-suffering-the-consequences/$

US Socialist Society and culture are enemies and our children brutally reflect that disease. 'We have found the enemy and it is us,' said Pogo. Another Broward County Florida public school student died by suicide; in sum, a high school student fed up with bullying and abuse by faculty and students walked into school, handed his girlfriend a suicide note, pulled out a gun and in front of her and a shocked student body blew half of his head all over the school building. Socialist Spiral of silence immediately covered up the crime. Socialist media politicized it as a second amendment attack and gun control issue. School authorities called in bathetic mental health care or MHC for public show, to counsel teachers & students, more cover up, ad nauseam. Education authorities did everything to secrete their criminal impotence. The only things local school district did effectively after the tragedy, as a local newspaper showed, was to "hide, spin, deny and threaten." School district leaders falsely labeled facts about what went wrong as "fake news" and put all the blame on the National Rifle Association. Anything to spin, hide and cover up the truth that a diseased 90year-old Socialist American culture and society are destroying our kids; Socialism demands that it has to be the kids not a dysfunctional system! "... Something is seriously wrong in the lives of our young people..." said Jean Twenge. Yep, they reflect a very sick US social environment and culture. Does any of this sound like typical Socialist US government and VA? One lone teacher and a truly strong woman spoke out to break the spiral of silence; you can read the rest of the story at the link above. The story reads straight from annals of a US, government PR-spin covering up another Veterans Affairs caused veteran suicide in the ongoing national suicide epidemic. When Socialism digs into a hole instead of throwing down the shovel, it digs more to fill up the hole. VA – stop murdering veterans to make Amerika great again. Party smiles everyone:(

The following is core point dialogue between Ms. K, the heroic teacher, and truth from a babe's mouth:

"I told my student [the boy's girlfriend] she should go talk to someone, and she replied," I just tell a different person the same story that they can't handle. I don't want to go again. They're stupid."

"Don't say that," I replied. "They're not stupid. They're just not trained."

"I'm sorry, Ms. K," my student said. "They're not stupid, they're just shitty."

Ms. 'K' should have left well enough alone at 'stupid.' The teacher could not stand to see that child's mental and emotional agony, which will haunt her for life; <u>Ms. K</u> broke the Socialist spiral of silence to cast first stone breaking the glass house of a corrupt school district. <u>She examples a truly courageous and strong woman</u>, which is very different from the obnoxious, loud mouthed lout, brave coward, PC, TV 'strong women' one encounters daily in media and her wannabes in public. I agree with the child: MHC ignorance is shitty! That is exactly how I feel towards VA counselors; especially all 'untrained' MHC people "they're just shitty," exactly! That is the same attitude VA has towards Vets for our ills and traumas, as uttered from a child about Socialist public education bureaucrats. In socialism all bureaucrats are interchangeable, replaceable, expendable, cookie cutter duplicatesaka, just plain shitty.

CHAPTER 7

US Dept of Veterans Affairs is 100% responsible for all on campus veteran suicides.

~OR~

Drug 'em, mentally terrorize 'em then watch a vet blow up!

VA purposely murders vets through "INDUCED Suicide." Hard examples of that truth glaringly manifest as seven Vet suicides on VA campuses within first five months of 2019, three in five days. 24 veteran suicides in an 18 month span *all* of them on VA campuses between 2017-2019. Protests written in veteran blood screaming VA and America's failure to help them and the lack of and horrible care by the worst Socialist government medical and benefit system in USA. *One Vet killed self on a VA parking lot immediately after discharge*

from the Dallas hospital MHC ward. Two more died in a monk style self-immolation one on VA hospital front steps Another self-immolated days later on VA property next to a grassy, tree lined area by a busy street. One observes these same style protests in Tiananmen Square or Red Square in Communist China and Russia respectively. When they happen there, US media bony-fingers and broadcast the tragedy to a fault egoically boasting US supremacy over their tyrannical government systems. However, when that same catastrophe happens in America, for the same tyranny, on the front steps of a US government facility, media goes silent except for red herring distraction to another freak show under Washington's bread, wine, and circus Big Top. Over one-hundred active duty Military soldiers and Vets <u>a day</u>, contrary to the lies issued by government – in an ultimate protest – kill selves from not getting needed care from this country. For many of us, without the help and support we need, suicide is not a matter of if but when one is finally successful. Imagine that! People in Amerika under 'great' US National Socialism are so happy that they suicide by the hundreds daily?! Something is amiss and mass media is telling the biggest porky-lies ever! I have first hand experience with this issue. Whether a Vet self-destructs on an installment or single payment plan remains the same – SUICIDE! Another tragic death from US dysfunction & abandonment. Each suicide financially rewards Veterans Administration: for each one, Washington, DC - 'DC' stands for 'doesn't care' - throws more money at the problem while VA cries alligator tears from the pay window to an offshore, Swiss bank account. That is incentive to stop more suicides!? As an added benefit the agency does not have to kill us, we do it for them while it publicly claims to have done everything in the agency's power to prevent another tragic death...wink, wink, nod, nod, \$\$\$ \$\$\$. Washington DC's lootership tosses it more money, sort, wash, repeat, spin...spin...spin...spin...\$\$\$\$\$\$\$\$\$\$ - ad nauseam. Only America and VA could sink so low in sewer filth figuring out how to profit from active and ex military personnel suffering and suicide. Show your support for America! *Invest someone else's resources*, kids and families. And Vets don't forget, as the billboards advertise, "Choose VA for the benefits you deserve."

CHAPTER 8

Though I walk through the valley of VA Death, I shall not Fear. Fear is the Mind Killer.

~OR~

VA MHC uses drugs and torture to murder veterans.

To make America great again.

Suicide is not cowardly; <u>COWARDLY</u> is a disgraceful American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray

veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

I understand first hand and up close why US Veterans undergoing VA MHC treatments are killing selves on and off VA campuses. VA 'therapists' are drugging & mentally terrorizing them into suicidal psychosis then turning him or her loose to self-murder! Dead vets cannot talk. Here is my recent experience in a VA North Texas Healthcare clinic in Ft. Worth Texas that I can only sum up as a first degree 'Mind-Fuck." Yes, 'Mind-Fuck' is a legitimate but vulgar term; however, it so eloquently describes my experience in toto! However, if offended, substitute 'Mind Rape' PC sissy language in its place.

A recent visit to a local North Texas Healthcare VA clinic taught me why the Vet in 2019 walked out of VA MHC treatment and *immediately* suicided on the campus parking lot! Followed by another parking lot suicide immediately after release from a MHC ward that shut down VA Dallas Regional hospital. Days later, another Vet after his appointment self-murdered in a Texas VA clinic waiting room, about which, in all instances, VA refuses to release details. Here is why. *VA 'therapists' are purposely murdering veterans by* drugging & mentally terrorizing them into induced suicide using a POW mental torture developed during Korean war. I underwent that torture and lived to write the story! Two PCP, PACT nurses baited me about a device VA offered that might help control severe hypertension that is medically untreatable, by VA quacks anyway, which I suffer caused by severe anxiety, depression, pain, PTSD and more since in service diagnosis and treatment began in 1975. However, VA vehemently denied these issues over 40 years ago after discharge, and still does for C&P benefits but insisted upon mistreating me in its 'VA hellcare' outpatient facilities to bill my private health insurance. SHOCK, SHOCK? Veterans pay for their healthcare and medicines same as we do in the private sector. Notwithstanding those who game the system, only a very few veterans receive 'free' healthcare or 100% disability awards. These are not free, they sacrificed dearly for what little this country provides to them. Anyway, in order to get the thing, the PACT nurses said that I had to go through MHC to do so. Now I have resisted all attempts at going back into that asylum; VA claims to have a wrench to fit every loose 'nut' however, in reality I wasted precious energy and time telling the same story to different clueless bureaucrats who could not treat or handle it. Serving no other purpose than keeping them employed. Useless eaters who do more harm than anything else. I agreed *only* to interview about a device. However, once there for the appointment everything changed. Where have I seen this before? After signing the bottom line in a military enlistment contract: until I signed no victim, no crime – afterwards, I was victim when everything changed exclusive only to the military's benefit. The appointment was FUBAR & SNAFU extraordinaire!! At the appointment, first change was a doctor switch; to an untrained, incompetent, fresh out of school, sleep disorder specialist,

PhD psychologist very full of herself: psychologists are not real doctors just ask their **mothers.** Mother's say, 'My daughter the *psychiatrist*! not 'psychologist.'' She was clueless about the device and reason why I was there. Typical VA SNAFU. 'I came here to discuss the device only,' said I. She got up and left the room – <u>someone was coaching her from</u> behind the scene; upon returning unable issue the device she asked, 'what should I do now?' [As the doctor, she should know! This is her party. The indecisive woman asked me that more than once. [Ms PhD, please go home your village is missing an idiot.] 'Send me home,' I replied. Nope, she ignored my philistine suggestion and began asking other questions about my chronic anxiety in a bait and switch deception claiming them necessary to obtain the device that she could not issue. This was *forced* therapy with a hidden agenda! Thus began her mental torture session using psychological abuse. Note: The American Psychiatric Association and similar US institutions are making a serious crackdown on abusive therapists. The criminal practices are giving the industry a bad reputation that only adds to what prescription abuse of dangerous drugs are doing to it. Anyone who undergoes this abuse is highly encouraged to report it! Even if you do it anonymously, it may save someone's sanity or life. Just remember, it is because the people who went before you did not report the MHC monster now terrorizing you as the reason s/he remains in practice now doing it to you or a loved one. The life you save may be your spouse's, children's, parent's or you. By removing these dangerous sadists from practice that decreases those odds, and keep a paper trail – blue ink, handwritten on paper. Seeking MHC help in America especially at VA is very risky and dangerous to ones health and well being. Continuing, immediately, in that hostile-toxic environment I felt provoked and intimidated. She had to call someone and ask how to make a referral to the person who actually issues these devices! Then printed off and gave me hard copy of device manufacturer's sales literature. The very expensive 'witchy-woo-woo' type of device is an unproven prototype that VA sent back to manufacturer for more testing and proof that it works. However, I have private health insurance that would pay VA cost plus reimbursement so of course they will sell snake oil medicine for markup profits. I felt so alarmed and threatened that every time this loose cannon left the room; automatically, I immediately exited behind her into a hallway in proximity to the main lobby exit door. That hypervigilism is a high anxiety, auto-defense, and escape measure for me: I always look for exits from threatening situations, which engages automatically when under duress. I was under extreme threat! That response also is symptom of severe anxiety or PTSD. It is still unclear why I did not straight away leave that hostile situation. **Up until then I still believed** vaguely that VA existed to help veterans. Now I know it exists only to exploit and murder us for fun and profits. Consequently, a revelation that came out at the end of this useless, disastrous 'therapy' session is that I underwent forced 'Mental Health 'Care-less'' hell for what the PCP should have done had PACT nurse 'D' referred me to him instead of her sneaky plan retaliating for my outspoken insubordination, which she misunderstood! Moreover, Ms. PhD said it was only a 30-minute interview but kept adding overtime extensions until meeting her agenda over an hour later. Essentially she badgered me for the same questions other MHC 'providers' had already asked in earlier screenings and I gave her the same answers in another round of tell me the story, again, in a game of 'how many

different ways do you want me to tell you the same story, Binky?' The whole engagement was to push me into a violent, knee jerk reaction and get walked and banned from returning for help and/or suicide. Any of these would be my fault for the veteran is always at fault in their kangaroo judicial system. I am not proud of my military service and do not tell 'War Stories' or wish to remember it; when asked about those years I either change the subject, remain silent & walk away or simply say I did my time and got out. What these people do not understand is that each time I retell my story to the same or different person who cannot comprehend, I relive the trauma. Then spend weeks getting over it in a brown airy depression or worse a black one. I am extremely anxious, have an impending sense of doom and pathos, have more night terrors, cannot sleep, suicidal ideations, and am more susceptible to an actual suicide attempt until this passes! The therapist sleeps fine, but I do not! If any of you civilian cupcakes underwent what military forced we vets to experience, witness, do, know, if you knew what we/I did, none would sleep or want to get out of bed either!! If just one of those things gets loose, you can kiss humanity and all life on the planet surface goodbye for the next 1 million years. That is how long it will take for earth evolution to evolve back to this era - estimated. The surface conflicts only to distract and cover up the real smoldering, doomsday wars going on between the psycho's ruling this planet. After a very vague disclaimer that she 'might' be recorded for quality purposes and other vague CYA verbiage. I assume was for patient consent to being video or audio recorded without my knowledge, which was not my consent, and she would report to outside authorities a list of issues should I reveal any of them, she launched into a verbal questionnaire.

As an aside, veterans being too truthful with VA or its agents will get you into a lot of trouble. It wishes to wash its hands of you and offload all liability and looks for any reason to do so! The agency uses many dirty tricks to do that. If you mention a 'gun' automatically VA flags you as an armed and dangerous public safety issue. Guess what happens next. The last thing someone on the edge, seeking help needs is a keystone cop Swat Team swarming and storming their house like a terrorist nest in Beirut. VA willful stupidity does so much unnecessary deadly harm to US veterans in what amounts to Veterans Affairs clearing out an ant infestation with a bulldozer erasing liability for its criminal actions. In other words it is all your fault veterans! Beware these evil Nazi bastards; they will harm you.

I requested a paper copy of the questions from Ms. PhD. She provided only a part of what she claimed was it before verbally resuming her agenda. I had already filled out that same questionnaire in a similar screening a year earlier while under a MHC caseworker acting as a therapist. When I could not or would not answer her questions, she forcefully harassed and badgered me for them, – especially for questions that I did not have a hard copy of – hmmm wonder what she is hiding. I have no idea what she actually fed as my answers into the VA system: my answers or her lies? Get used to that if you deal with Nazi VA. My fight or flight and danger alert meters were on full defenses and more. Anxiety levels were, too! Blood pressures were off scale I was under attack in a surprise, hostile VA MHC therapy

session. There is the VA caused vet suicide epidemic, folks. 'You seem tense,' she sneered. 'That is anxiety,' said I, 'and hopelessness is typical to depression.' 'I know that,' she snapped! *If she knew that why mention my tenseness?!* She talked so fast I could not track the conversation especially when muffled through a Covid mask. That was irksome alone. I requested Dr. slow down rate of speech at least twice. However, instead she sped up her rapid-fire interrogation. Moreover, the fearful doctor was overly prickly about how I wore my Covid facemask. In one instance, I refused to answer a skewed question because half was yes and half was no. 'I cannot answer that,' said I. She then re-framed it many different ways and beleaguered me into finally saying, 'NO!' Meaning I will not answer it. [The information is in VA records and if not then someone is not doing, her job or the 'therapist' was too lazy to look it up.] She cut to the chase about suicide ideation and attempts. This PhD is a sleep therapist and unqualified to screen me for anxiety and suicide! She did not recognize any of the other conditions that I clearly exhibited written later in this dispatch!!! She went on, how many attempts? I don't know. [They are not keepsakes like birthdays or anniversaries. Each attempt is an impulsive decision when the thread holding me together snaps, especially if drugged! Most suicide attempts are not a planned event like Bar Mitzvah!] So she pressed, 'when was the last attempt?' My reply, 'Last year *around* August...' [It was the same report previously given along with the first VA suicide chat line 'hold please to VA, Mrs. H.' If that person did her job, it is already in their records.] 'Any other attempts?' she queried? 'You tell me,' doctor. Recently during the US race riots, a drive by mugger attempted to rob me while walking alone on a city street. He pulled up and screamed, "give me your money or I will shoot you!" The young fool did this twice because I did not fearfully respond to him as expected. I am fed up with punks and will bite a bullet before taking anymore bullying from anyone. Suicide is also a death wish, go ahead put me out of my misery and ruin your young life, fool! I just stood still looking at this moron on his first try. He pulled up about 25 feet and did it again. On the second attempt I stormed up to the open car window, leaned in and screamed at him verbatim, "SHOOT ME, ASSHOLE! RIGHT BETWEEN THE EYES, DO NOT MISS, ASSHOLE! WHAT IS THE PROBLEM, ASSHOLE? SHOOT ME! DO IT, ASSHOLE!!' Now I was prepared to self-defend but gave him a clear and open advantage to take me out first in suicide by mugger. He was 40 plus years my junior, faster with the first, clear, open shot with his hand on something under a cover over the center console between passenger and driver seats. My weapon was buried deeply in a pocket with a long way to go in getting to it, and my hand and finger were busy pointing between my eyes. As an old man, I carry a weapon when walking alone in this neighborhood. The druggies like to target vulnerable, old people. I may be crazy but not that crazy and intend to take a piece of them with me if challenged. Like an old Wild West standoff, with both opponents armed with same intent, but the one who draws first, fires and kills wins. I gave him the advantage to kill me first in a death by mugger shooting; like death by cop when one holds an empty gun or toy that looks real while provoking a cop into defensively shooting and killing me first. Perhaps that lies behind the police shootings of 'unarmed' people in *claimed* 'unprovoked' incidents used to achieve another socialist agenda while masking it as 'racial, police intolerance?' Anyway, a cop does not deserve the guilt of living with murder but a punk, fool-mugger does!" My unexpected response scared

and confused the fool-mugger so badly, instead of shooting me; the young man sped off and at street intersection, first he drove straight, then backed up, turned left, then backed up and sped across three lanes of traffic to the right before disappearing. I bet that young fathead does not pull such a stunt again. *I did not wish to hurt him; but hoped to teach a lesson or* that he would take me out in a TKO exit from this hell; a fool-mugger deserves to live with murder and to learn his lesson playing the nightly prison bitch rotting away in Huntsville. Suicide is a death wish. For veterans like me, without the proper care we need suicide is not an if but when one is finally successful. Any means justifies the ends, period. That is a death wish. Lady Death again was there at the drive by mugging but refused to take me. However, the fine, incompetent, combatitive, PhD doctor's willful misperception of that second suicide attempt was to reframe it as 'self-defense.' A clear case of her purposeful blind-denial in not consciously recognizing a suicidal patient!! Another example of what VA does not wish to see - does not exist. That is denial! I asked her what sane person would provoke and dare a mugger to shoot him as self-defense?! She cluelessly stared at me like I was growing tulips out of my head. I have seen that same stupid expression on faces of VA personnel far too many times to mention. Rest of the visit only got worse but with agenda filled, Ms. PhD at the Ft. Worth TX, VAMC on 820 NE 820 dismissed me proper. I fired VA after that and never returned, which is what the firm wanted all along. North Texas VAMC is rated only 1 star out of 5 or just 20% because the grading system does not go any lower. Just the thought of doing so causes extreme anxiety. *There is creation* and perpetuation of the VA caused US veteran suicide epidemic! Now I understand why Vets are killing selves while under VA MH - 'HELLCARE.' *VA personnel are mentally* torturing troubled & drugged patients into suicide! That is psychological terror and warfare!! A US government agency, VA, is doing that to murder our US Veterans! I expect the aforementioned men who suicided on VA campus after release from a VA MHC ward were on psychotic meds, which pushed him into hysteric, high-anxiety desperation to end it all, and he did so at first opportunity, in the VA parking lot while more vets did so days later in a VA clinic waiting room and/or parking lot! VA has come under severe condemnation in its criminally abusive, haphazard & negligent prescription drug prescribing practices. For instance the recent opioid scandal and Clarksburg W. Va., VA hospital murders by a VA staff nurse administering drug overdoses that mass murdered 7-21 or more unsuspecting vets confined in their hospital beds. I know of those VA prescribed SSRI and other psychotic meds very well!! They are high anxiety, creepy experiences like brain worms in the head! And recently I underwent a crazy making session with someone who in all probability was just like or worse than the VA staff that mind-fucked those dead Vets in the MHC wards and clinics across the nation. These fools do not understand that suicide is an impulsive act or maybe they very well do when murdering veterans. What ever tool that is expedient to do so, gets used! Currently US socialists are making it a gun control issue not the real reasons of incompetent and criminal government actions. *The method is moot! One* uses whatever tool is handy to end their pain! VA is at fault - not the methods or tools used to end it all! The aforewritten is epitome as reason not to contact VA for help! It punishes one for doing so using untrained, incompetent staff that harms via crazymaking, mental terrorism and dangerous drugs. Furthermore, mind-fucking someone

already troubled and on psychotic meds drives s/he so insane as not to know what the person is doing or why. Sometimes they kill others too - ref Fort Hood TX shooting for example. **Sad part about that is the soldier gets scapegoated and the problem continues to kill!** The person only wishes to end the hurting! VA pushes a troubled person from ideation into self-destructive attempts that all too often are successful then blames their victim.

Below are the questions PhD Lee never asked or allowed me a chance to ask during her Holy Inquisition interrogation. She sought to close me off from asking her for help entirely. I was not given a chance. From the very start that entire exchange was hostile and combative and mostly one sided, Lee's! The whole point of the 10/20/2020 affair was to terrorize a troubled patient into self-murder and/or into never returning to VA. *This is what happens to veterans when they seek MHC at VA and suicide after being abused into doing so.* VA then claims we do not ask for help, which is more spun lies covering up their crimes.

- 1. Why am I suicidal all the time? Why do I keep trying without success?
- 2. Why cannot I sleep, am angry and impatient all the time?
- 3. Why constant pain, the night terrors of being buried alive and/or drowning
- 4. Why when I see a nuclear mushroom cloud it chills me to the bone. I don't own or watch a TV or movies at all for fear of being surprised by war & nuclear wars.
- 5. Can you explain this painful rash that comes and goes, that began during active duty after toxic exposures to bio, chemical and nuclear weapons that VA denies is not from that but cannot otherwise explain?
- 6. Why am I constantly anxious, depressed and have a sense pathos & doom?
- 7. Why is it I don't fear but invite & welcome death and constantly idealize it?
- 8. Why is it I have constant self-destructive, death wish to end it all and attempt to do so!
- 9. Why does this body rash never heal? Why does it erupt and spread then calm down? It began in USAF after a nuclear 'broken arrow' accident, dioxin, benzene, and other chemical, nuclear weapons exposures, and in that knowing that I was being forced to mass murder innocent people and babies, supporting insane people who held the fate of humanity with press of a single button; plus myriad other questions I never was even allowed to ask during her surprise, hostile 'therapy' attack.

Consequently is it any surprise why Vets, not being treated for "SHELL SHOCK!" or the PC-sissy language of PTSD, resort to suicide ending their insanity. With sadistic, untrained, loose cannons like Ms. PhD. torturing us, VA intentionally kills more Vets with its 'suicide treatments and preventives' than it will ever help. For VA, Vet suicide is a moneymaker that pays very well. Fortunately, I had non-compliantly stopped all mental drugs months before this interview.

100 US veteran's SUCCESSFULLY suicide daily because of VA mistreatment & abandonment by MHC providers just like this **board certified** psychologist. She could not recognize signs of suicidal patient, PTSD, chronic depression, anxiety and more standard *red flag warnings* of a pending suicidal and troubled patient that she took advantage of to make

them worse!! VA lies playing bingo number games of 18, 20, and 22 vet suicides a day by entirely omitting 3 states from those figures: Texas, California & Florida. They have highest suicide rates in the whole nation. More incriminating figures doctored or removed are suicides mislabeled as accidents, drug and alcohol deaths, homelessness, self-abuse and neglect, abandonment, and more to cover up true counts of a US shame that has been going one since WW1. Whether on the installment or single payment plan, suicide is suicide, and a shameful national epidemic that American healthcare institutions own in toto! What! The claimed greatest nation in the world has a suicide problem, hide it so our phony facade 'white hat and gold star' reputation is not dirtied and tarnished in the eyes of our imagined, admiring peers.

I was highly dazed, confused, and strung out upon leaving the clinic for home. Suicide, end the pain; suicide, end the pain; suicide, end the pain - constantly barked in my head with each 16' Dia solid concrete, steel reinforced bridge column that I passed on the freeway. Hitting it at 100+ MPH without a seat belt should do it echoed my thoughts. Just like the way a fellow veteran suicided. I moved over into an outer lane, unbuckled the seat belt and sped up, 70, 80, 90+...mph. Each time a clear shot came a large truck moved up to block it. I slowed until the next one approached. Again, another damned truck got in the way... Finally sanity set in and I calmed down enough to safely get home. If I had been on drugs that would've been the end of it. That is when the thread holding one together snaps and suicidal ideation becomes suicide attempt. It has been over a year now and I still cannot shake that VA clinic terror session. VA caused veteran suicide epidemic is made of this.

That clinic visit sent me to bed for months in a brown-airy-depression trying to stay out of a black-suicidal despondency. Those are much different from 'brown airies.' The black depressions are the stuff of suicide. Then is when the thread holding me together snaps... Essentially, VA lied, betrayed, denied, defrauded, and coerced me into a toxic, hostile, forced-therapy, MHC visit to create another murder by suicide except it would've been just another auto accident in another of its 'perfect crimes.' All because I vociferously protested that their whole MH–careless program is a duck pond of Quack and snake oil, tent revival, faith healer, fraud. Folks, this is the face of VA retaliation for speaking out standing your ground against Socialist tyranny! German Nazi's were not defeated in WW2. They immigrated to US and set up shop at VA and BIA. In that evil environment, I was under extreme, mental, combative duress, which was more like a Gestapo 'holy inquisition' or a Communist Chinese or Russian 'Organ' gulag or concentration camp interrogation than Q&A therapeutic healing. Another, I cannot believe that these people are doing this to me! The same disbelief my Jewish ancestors exclaimed under Dr. death, Mengele's human animal experiments on them in Nazi death camps. VA performs those same experiments on Veteran human lab monkeys, pushing them from suicidal ideation over the edge into an 'induced,' impulsive-self-inflicted death: I have had it 'BANG!' My problem is forever resolved. Then VA literally gets hundreds of millions of taxpayer dollars from Washington DC in suicide prevention & treatment funding?! What in hells name gives that agency reason to stop a moneymaker like that! Adding insult to injury, VA

third party record of that visit. Nazi's are not too smart, which is why they are Nazi's. Adding salt to that benefits maintains I have no problems at all. When inaction, hand wringing and talking ends - suicide answers the question permanently for the vet. VA's problem only begins with another multimillion wrongful death lawsuit, however. The agency does not care it is only taxpayer resources not theirs. Aforewritten recent experience is what happens during a VA clinic backroom treatment and MHC wards that nobody but they know about. Dead vets do not talk. VA employee disrespect of Veterans especially behind closed doors is rampant. They treat us like dogshit under a doormat. Most of us take it for a while until the many disrespectful moments add up into an explosive outburst for which the Vet is blamed and punished. No one looks at what VA staff and bureaucracy purposely does provoking and intimidating a sick, drugged, troubled patient into riot, outrage and suicide. Furthermore, if I TKO Ms. PhD and the 'pact 2 nurses' are their scapegoats.

CHAPTER 9

Passive Aggressiveness Anyone.

~OR~

'You can't make me, you can't make me,' say VA bureaucrats, Bronx Cheer!

Another passive aggressive protest against the mistreatment we vets receive from the institution, VA has a very large problem with Vet appointment <u>no shows</u>. On the surface, it appears Vets are at fault for this behavior; however, no one asks what VA staff is doing to harass, cause and encourage our 'misconduct.' One reason is schedulers make veteran appointments to pad work demand for overtime and holiday pay. In the system supervision sees high demand so schedules employees to work premium pay time. Most do not show up for work at all because there is no real work and no one is watching them anyway. The vet is gigged for a missed appointment, which often is completely unknown to him, that only serves to pay the employee for doing nothing. Some schedulers after being asked to work will cancel the phony appointments. The lazy ones simply let it go as the vets problem. Another reason for no shows is veteran passive-aggressive protests against abusive bureaucracy abusing vets. Complaints gig the supervisors and upper management. The

AFGE worker screams 'Call my union committeeperson' should disciplinary action fall on s/he! I asked a nurse why so many no shows and she said, 'they [vets] get meds refilled then do not show up for follow up appointments we make for them' then left it at that. The rest of her unsaid sentence, ['and to avoid the harassment, exploitation, inconvenience, waste of time waiting all day for an appt, and worse abuse s/he faces when coming to VA.'] Now I recognize all of the aforewritten very clearly after undergoing the passive to outright direct hostile intolerance by some clinic staff employees and above-mentioned Ms. PhD doctor, and those like her. VA, same as all HMO systems, receives 'capitation payments' from GAO for each active vet on their rolls. More numbers mean more money every payday. Money for nothing when we are not in the clinic; losses when we are, which is the same for ALL **HMO's private or govt run**. The exception is for those paying VA with private insurance; those FAT cash-cow fee for service patients are lured in solely for insurance billing purposes adding more profit to existing taxpayer capitation payments. Often the appointment is set up exclusively for billing without any benefit to the patient at all. Especially, when some arrogant staff doctor harasses a veteran by placing a 'DO NOT TREAT' flags on their records because s/he talked back, aka insubordination, to one of those pompous asses. VA is paid for the visit. A vet gets the shaft while VA billing gets the insurance gold. I underwent 5 such 'DO NOT TREAT' visits charged to my health insurance before figuring out what those Nazi criminals were doing. The Rx was if signs of heart attack or stroke call 911, not us, from a incompetent NP who could not read lab reports well enough to explain them. She sandbagged appointments doing nothing but insurance billing for 7 months until untreated. dangerously high hypertension resulted in kidney failure as consequence. VA uses incompetent staff nurses substituted for qualified physicians. Another point is to harass a patient until driving away high liability, hard to treat or 'IP,' 'identified problem,' patients. In other words, once the veteran is enrolled for capitation payments, institution staff 'cherry picks and lemon drops' or 'patient dumps' high responsibility or troublesome vets by harassing them into not returning to escape liability and onus same as private sector medicine The difference is pvt sector loses patient revenue; taxpayer supported sometime does. VA is rewarded in keeping the recurring pre-paid & budgeted capitation payments without doing the tasks: pay us for breathing and doing nothing. Possible only in an Amerikan government run, taxpayer sugar-tit supported Socialist healthcare system. VA employees intentionally abuse, needle, and harass an identified patient until provoking the targeted veteran into a hostile reaction or into leaving for good. Then the employee plays victim and cries abuse, harassment and disrespect so the 'offensive' veteran is either banned from the clinic or humiliated into simply never returning. In other words, it is okay for them to abuse and mistreat veterans but not okay when we stand up to those abusive bullies. Understand the whole point is to drive us into never returning through mistreatment! However, schedulers make unknown, phony appointments for that registered veteran each year showing s/he visited the clinic to continue capitation payments. VA resorted to this fraud after GAO caught the agency using lists of dead veterans to bill and be paid for phony appointments treating ghosts. Now they are 'treating live' vets that do not show up for unknown, ghost appointments. Meanwhile the veteran never visited there at all. Understand that the patient never knows this is secretly going on except when a mysterious 'no show'

card comes in the mail. Since that agency is going paperless odds of that happening are now rare. Absent these paper trails, computer manipulation makes VA secret 'lists' and aforementioned shenanigans much harder to detect and prove. unintended consequences of VA employee ill treatment of veterans is causing the desperate one that really need help to give up and suicide on and off VA property!!! The rest either never return or passive aggressively miss appointments as no shows. Most of us are in great pain and anguish and go to VA as a last resort, which for those who suicide is the last and final solution to their harassment and pain. What these insulting, nasty, and rude employees do is add more pain to an already bad situation creating an out of control condition where VA is rewarded and a veteran loses no matter what! That is the VA veteran suicide epidemic in a nutshell. Especially prone to immediate culling are high-risk and/or suicidal mental health cases. Dumping them onto the 'Suicide helpless line' is first option; when something goes wrong the vendor is blamed for onus; next options is to offload patients to civilian 'free' clinics, VetChoice and Mission Act. Outside civilian treatment centers and vendors then bear all responsibility while VA keeps budget for misappropriation to employees and friends. On my first MHC visit, the VA, MHC, Dr. dumped me onto pvt sector 'free clinic system.' She prescribed meds, that only made me sicker, and provided brochures to civilian 'free' MHC clinics sending me out to civilian resources. In other words 'DUMPING PATIENT LIABILTY' while keeping millions of allotted unspent MHC budget in house, which was misappropriated to other non-Veteran expenses feeding useless, agency bureaucracy – VA bonuses, raises, perks and employee benefits. See GAO, OIG and media scandals about those issues. However, being a taxpayer-supported institution, culling patients does not yet carry fiscal and legal consequences that private sector medicine faces when judiciously employing patient dumping practices. I have undergone this experience at VA four times, so far. A medical staffer, usually a staff nurse or provider, such as Ms. PhD, in a private office setting provokes, needles and acts hostile toward a patient to force an emotional or violent outburst from s/he. When a Vet protests, s/he then calls for backup security to remove the person, blames and flags the veteran as a 'problem patient.' It is all the veteran's fault – it must always be the veteran's fault; he made me do it coward's cop out. In many cases, it angers & traumatizes a patient into suicide or in not returning to the clinic, which is the **point**. S/he protests by not showing up for appointments or comes in only for meds and nothing more. Suicide is the final no-show protest. VA now has another dead or disgruntled veteran undermining that agency at every turn. In other words VA made another enemy. <u>In</u> the worst of cases, a Veteran kills self in a clinic waiting room or parking lot or somewhere immediately off reservation as the final protest when mental injury finally overwhelms the person, and VA laments that it cannot understand why.... Willful ignorance or convenient memory or plausible deniability when the agency does not wish to know why. That willful blindness is now costing US taxpayers billions in wrongful death suits caused by VA employee incompetence and criminal abuse. When recognizing this hostile projective identification by a staff member, consciously I control my reactions against an attack evading an incident. *Then later write about it for publication*. Those fools never realize veterans wear many hats in life...underground, freelance journalists for instance. We also function as VA corporate undercover intelligence and more. Do these fools really

think the top ranks of a 400 billion dollar enterprise spend all day chasing 'pageboys' or 'secretaries' around 'playing hide the wiener doing the horizontal bop' all day? They wish to stay in power and know of most everything that the lower ranks are doing. Corporate sends in undercover 'corporate compliance & intelligence' to ensure that they stay in power, I can tell you that much. Patient Advocate sweeps veteran issues under the carpet keeping them concealed from leaving VA control or getting to top management levels. Those at the top 'conveniently' never know officially about problems at the lower 'peon' levels, so they can hide behind plausible deniability when scandal erupts. But never mistake that they know of problems affecting their power and status! Not so with scapegoated peons. Their disingenuousness often sends their ignorant asses out the door union or not. The Jackasses leading the morons, as it were. One jackass goes out another comes into the barn. In my case, after I challenged her the inexperienced NP as harassment hit the eject button on me without probable cause to hide her incompetence and abuse. She sought to escape liability for a high-risk patient - she sought to do that from the very first visit. Ms. NP was set up by her peers to fail and left the clinic so as not to face consequences for her actions. Someone from behind the scenes coached her same as Ms. PhD psychologist. Employee back stabbing is beyond belief at VA! I have seen this done to other Vet patients before understanding some of the agencies methods behind its madness. On the surface it appears the Veteran's are at fault for why VA is losing patient numbers; not what VA staff is doing causing those losses! VA currently treats less than 8% of total US veteran population. Losing more of us to the private sector is its undoing. Soon not enough will remain to support the agency's existence at all. Consequence is sunset, and dissolution of the agency as a liability too great to bear. When these useless eaters are paid for doing nothing, veterans hanging around a clinic only distract them and clutter up the place. Same for Vet suicides on and off VA campuses! Out of willful, blind-stupidity, no one asks or even looks at what that institution's staff is doing behind closed doors causing and exacerbating VA driven patient losses and suicide deaths! That was my reason for walking away over 40 years ago after discharge and swearing I would die before ever setting foot in that shit hole again after my tolerance for bureaucratic mistreatment and racism reached maximum limits. Same reason for firing VA again decades later. Not much about that govt agency has changed since then just different facilities, faces, and politicians: SOS in a different paper cup. Appointment no shows and suicides are Veteran protests against VA employee mistreatment that we receive from the worst socialist healthcare and benefits system in America.

CHAPTER 10

Over 92% of US Veterans all say exit from VA to private sector medicine works Very Well.

~OR~

Private healthcare works while VA Socialized healthcare destructively fails 100%.

According to over 92% of all US Veterans that never set foot in a VA facility and per all of us who abandon it for private sector medical care each day either partly or in toto VA Privatization works quite well.

100 veteran suicides daily firmly state that not only does VA not work it is criminally vicious to them! 24 veteran suicides in an 18-month span between 2017-2019 on VA parking lots, in clinics and elsewhere on campus property all exclaim that VA is a total FAILURE written in veteran blood!!!

Opponents of VA privatization claim that VA privatization will never work citing end of the earth dire consequences at mere mention of such blasphemy. How can they know that? VA and Congress have never mutually attempted to consummate what most veterans are already doing. Every Veteran I personally know using VA only goes there for service connected circumstances and to maintain his or her disability benefits status from another redenial. The rest of their medical care, including medicines, come from private sector healthcare, oft times including service connected conditions because they mistrust VA's incompetence to not cripple them more!!

The most damning fact that privatized Veteran healthcare works is over 92% of all US Veterans do not use it at all, per a Rand Report. VA 'cooked' numbers admit that over 85-90% do not use VA at all. That institution has a very bad reputation and is why VA wallpapers the Internet with PR & propaganda to the contrary! That is why that company cannot hire competent doctors, nurses, admin, and medical personnel. Having VA on a resume is career suicide except at a skid row clap clinic located over an ambulance chasing law firm. Of those employees working at VA, if any of them had a whit going for s/he these derelicts would be working in the private sector not as civil service deadbeats sucking on the taxpayer sugar tit. Independent polls, unskewed by VA bias, from a cross section of all US Veterans that responded irrefutably confirmed that over 88% of them want private healthcare choices outside of VA control and influence. When such opportunity arrives; they want true choice to exit the worst healthcare system in America if one can even call it that much. In other words, a majority of military veterans want private care, do not use VA at all; and those who do only use a small part of it to maintain financial benefits notwithstanding the captive 'prison inmates' trapped there with no place else to escape except suicide. 100 of these captives commit suicide every day ending their pain in a selfdestructive protest against injustice of a national shame. Only the willfully deaf, dumb, blind, and stupid refuse to see this at least vaguely. Congress are you listening?

CHAPTER 11

VA Wimpy Benefits and Healthcare system. ~OR~

We will gladly pay you in broken promises someday for your life today.

VA claims to provide myriad, sundry veteran care programs. Problem is making broken promises and delivering on them are opposites entirely. It *claims* to *offer* so much... yeah, right! Just try getting those benefits. VA takes care of more people who never wore a uniform or served in military – VA's friends and cronies, that veterans! They receive far more benefit than veterans ever collect. Only fifty-cents of every five dollars budgeted for veteran care ever reaches them at all. The other four dollars and fifty cents is siphoned off elsewhere. Congress allocates plenty of resources to VA; however, it never gets to us. VA is among the Queen bitches of thieves; she steals and takes credit for veteran care actually coming from the nation's myriad, sundry, mostly invisible – true, unsung, heroes. Families, spouses, friends, good Samaritans, volunteers, neighbors, private medical care, state, county, municipal and private insurance, local, state and other federal medical and benefits systems such as Social Security, Medicare, Medicaid, state, county and local hospital districts, clinics – some veteran charities...too many vet charities are sham profiteers exploiting us and that is a fact – an extremely, very few religious organizations. Social Security, municipal, county, state and pvt disability insurance programs pick up and pay for many valid, veteran disability claims that the VA kangaroo judicial processes flatly denied outright. To put it another way, deadbeat, freeloading VA off-loads budgeted work and costs, taking credit, stealing and mooching off America's private, public and personal safety nets, in addition to robbing veterans and taxpayers stupid, while not doing the tasks that it is paid to do, and the elected lootership in Washington DC – DC stands for does not care – are serious partners in the dirty trick crimes passing those costs into strained personal, family, state, county and municipal budgets. Put another way, that Socialist company misappropriates funding while shifting a lions share of its work onto other people, institutions, and governments to pay and do, while keeping the 400 billion dollar annual **budget** taxpayers pay it directly for their friends. War costs draining local municipal, county, state, personal and family budgets enriching freeloading Veteran's Affairs Dept largess exploiting the nation and her veterans. Remember that next time you get nicked for sales,

excise, vat, income, property, vat, and myriad, sundry other taxes, fees, ad nauseam...think about how much that freeloading bureaucracy robs from you to care for VA and its crony friends instead of our veterans and their families. Never forget that when VA abuses a veteran, that agency abuses his or her children, too. Yes, the biggest child abuser in USA is the VA. That agency says that war is good for business but only when investing other people's resources, kids and families feeding the parasite that is killing your loved ones. Dept of Veterans Affairs, if you persist in being a parasite stop murdering the hosts!!! VA loves her free lunch and ride sucking on taxpayer sugar tit and parasitically feeding other people's kids, kin, and resources into their meat grinder to pay for it. VA gets richer while the nation grows poorer. HOW PC- SOCIALIST.

CHAPTER 12

What if VA had a Suicide Crisis Line that nobody answered?

~OR~

BANG

Never mind problem resolved forever. Sorry to bother you for help; go back to playing with yourselves.

VA *crisis chat line* placed me on hold on three separate attempts to use it. VA employs this tool to offload liability & onus onto a vendor so when something goes wrong agency employees remains blameless. When I brought the first 'hold please' to VA's attention the MHC employee searched for the 'call' to hide it while she blamed their vendor... Perhaps those folks figured out what is going on and are pushing liability back onto VA? My MHC treatment consisted of offloading VA responsibility by patient dumping Vets like me onto 'free civilian clinics' while prescribing 'crazy making' drugs that increased suicidal, self-violent black box warnings about self-destructive side effects then used mental abuse to provoke me into self-murder or anything to get rid of a troubled veteran needing help. When that did not work, it assigned me to an untrained caseworker that hid me out until the clinic could figure out how rid me of it. Gee silly me believing their propaganda claiming that VA actually helps veterans. This government company fights like hell to hold the easy PCP work substituting nurses for competent physicians pushing Band-Aids, pills, shots, and pointless lab work. Simple things that my mother or grandmother doctored at the kitchen sink and/or table. Identical services to what one can get at a local Walmart, grocery store or Walgreen's pharmacy! While dumping onto

private sector all high liability patients with serious illnesses and issues. So many severe issues go undiagnosed & untreated by incompetent VA medical staff it is beyond belief. Nurses that cannot read a lab report well enough to explain to a patient. In sum, what VA **does not diagnose it does not treat!** Therefore because of this malpractice many veterans with serious medical issues die from them! Before recent repeal of a 1950's Feres Doctrine, which disallowed soldiers and veteran's due process under civil & criminal tort & constitutional laws, lawsuits against US govt, the military, VA, and tort against their individual employees pursuing malpractice and wrongful death crimes were pointless. However, now these people are being sued and imprisoned for their crimes up to and including murder. VA wrongful death suits from veteran suicide and other reasons through Federal Tort act now top over 2 billion dollars and are shooting straight up. So are malpractice suits. VA employees held liable for their actions are going to prison for veteran murder, injuries, and wrongful negligence. VA's answer? Dump the incompetent VA bureaucracy and associated liability into the private sector. The very inept bureaucracy that allowed that Nazi monster to survive crippling and murdering veterans for over a century is now causing its demise. Total VA privatization is now a long overdue reality!

CHAPTER 13

VA MHC is a sham that knows nothing about saving me. First question no one ever passes is "show me your life before giving advice about mine." None pass that acid test. In the myth of Jesus the Nazarene, he is claimed to have said according to Luke 4.23, [dysfunctional] "physician, heal thyself" [then come see me.] In over 45 years after being diagnosed with anxiety, depression, and more during Military service, all the kings' doctors, all the queens' nurses and all the 'joker's' snake oil pill pushers have yet to piece me back together again. I do better with self—created coping except when someone meddles with it especially all those goofy therapists and 'brain worm' drugs! That was the reason I contacted the crisis chat line every time — horrible drug side effects from meds that I naively used prescribed by a VA quack that said, 'trust me these will help you...' [into a wheel chair, padded cell or the cemetery.] VA's response when exposed was to hide and cover up incompetence especially the *crisis chat line* 'hold' part, then label me non—compliant 'DO NOT TREAT' because I protested and volitionally stopped using the med's without Dr. approval. *Followed by scapegoating, and blaming their crisis line vendor* and me for not

phoning in my calamity. The phone lines nor the 'chat' line did not work, which placed me in a double bind, no win scenario VA is so good at creating. Standard bureaucratic CYA finger pointing and silly me, I should have known better than to be suicidal at lunchtime. Back in the newspaper days, Ann Landers wrote an entire column about US medical care and doctors. She wrote never forget half of US doctors graduate at the lower half of their class, and half again below that and those are HMO doctors. VA lies at the bottom of the MD cesspool. The firm offers no care; when confronted by that VA blames the patient while minimizing, ignoring, and denying his or her issues up to accusing a sick vet of faking it. Go figure – only in Socialist Amerika! Moreover, when I reported the crisis chat line 'hold please' failure the person claiming to be a VA-MHC provider asked some quantifying questions, typed on her computer for a spell and then said, "I cannot find any record of that call...' I said, 'it is obvious you were not paying attention to what I told you. Until five minutes ago, you did not know the 'chat line' existed and remain just as clueless now! One does not use a phone for that; so, where are you looking Ms. H?' She bolted upright, turned, and became intently interested in her computer screen for a very long time. Busted in a lie and cover up, she concluded our visit. It was a boring visit anyway. She prescribed very nasty neuro toxin meds that only caused me more harm. I should have known better about that, too. When I explained to Ms. H. my reaction to the previous VA issued medications prescribed to treat depression, violently vomiting within an hour of taking them; she said," well, nausea is common with some drugs...' Ms. H, I was on all fours over the kitchen dustbin vomiting up my toenails! That is not simple nausea. This clueless, VA – MHC, PA looked at me as if I were growing tulips out of my ears. That is the schizophrenic, magic think world of VA medical hellcare. Should it surprise anyone as to why Veteran suicide remains an uncontrollable epidemic? VA needs the money. Only VA & Amerika can sink so low in cesspool filth profiteering from veteran suffering and suicide. Profits that fund salaries, benefits, and political pork trough profiteers using the VA system to rob vets and US taxpayers. Again, I went non-compliant and stopped using the drug after 3 weeks. Moreover, when mentioning the crisis chat line 'hold please' to a PCP nurse during preappointment screening at the North Texas VAMC loop 820 clinic, nonchalantly, dismissively she said, 'sorry to hear that' then continued her checklist of questions. Yes, nurse, 'bedpan,' you certainly are sorry. But what does one expect from a clinic waitress hired cheaply at ten cents for twenty of them that VA uses to run their greasy spoon. They are very coy by questioning around patient 'suicidal' tendencies to hide behind barriers of willful deaf, dumb, stupidity. Those people really do not want to know, which is perfect, willful blind, plausible deniability! Instead of asking directly do I have suicidal ideation or thoughts of it or have I attempted it, the question is "do I need to see a MHC provider." My answer was, 'you are asking me to diagnose my condition. That is your job. Am I suicidal, yes! Have I attempted it, yes! Did I contact the Crisis chat line for help? Yes! Did it help, no! I was placed on hold." The interviewing nurse's apathetic remark was, "I am sorry to hear about that." This shows VA's true attitude to Vet suicides: callus indifferent-incompetence. Why not, Vet self-destruction is very profitable to VA; it pays for their jobs, benefits, and political pork. Without question, I have suffered more mental damage while under VA MHC in the last 36 months than since being first diagnosed and treated for serious depression during

Military service in the early 1970's. An in service disability VA continued to briefly treat after discharge, again doing more damage, yet denied for disability in 1980 and since. Additionally, I have faced more stigmas out of US institutions that claim to help us more than anywhere else. Even now when it comes to mistreatment for insurance billing & income dollars VA is there to bill me for the disservice. Otherwise for C&P disability nope, no problems that we can see through our magic think, willful—denial—blindness. I have attempted and failed at more suicide attempts since coming under VA treatment in the past 36 months than in the past 50 years since first diagnosis. Just the insane cognitive dissonance of their self—divided, contradictions and drug policies on the one hand, and fervor to mistreat those rejected issues for cash receipts on the pill bottle is crazy making in itself. VA govt run Socialized-healthcare and benefits system is a horrible warning to Americans!! Socialized medicine is a crash and burn head-trip for ex—military using it. If American's do not get their heads out of the Obamacare-sandbox, they will be taking one much worse.

CHAPTER 14

Infections and Vermin 'R' VA ~OR~ Nasty & filthy & nastier.

Another example of Vet mistreatment is unreported, filthy medical facility conditions causing hospital borne infections especially in the Southern US, which have lower sanitary conditions than what one finds in many third world countries. Untreated these killed hundreds of thousands of veterans including my dad. When the scandal broke public, VA's corrective action was to devise an interesting metric. Clinics must now report all treated infections to infectious diseases. These reports count against department performance, which negatively affect job advancements, bonuses, raises, and other *employee* benefits. Therefore, untested, undiagnosed infections are willfully ignored, untreated, and therefore unreported. A very profitable, perverse incentive is it not? For example, when doctors did not order urine tests during urology lab visits, I suffered chronic, untreated VA hospital caused UTI during catheter changes in unsanitary, filthy facilities. Another personal example is that my dad died of untreated, VA hospital caused, infectious staph and gangrene, as did many tens of thousands of other Vets because of that perverse metric. A department's performance rating is more important than Veteran lives. Incompetent Georgia VA staff doctors murdered my Korean War veteran dad. During a routine surgery, he contracted hospital caused staph infection that turned gangrenous. Staff doctors did not treat or report it and then claimed the infection was antibiotic resistant. When finally diagnosed, gangrene had infected his body and lesions broke out on both legs their diagnosis was to amputate his legs. He refused, so psychopathic clinic doctors labeled dad non-compliant, 'DO NOT TREAT' and left him untreated; he suffered and died a few days later. Cause of passing written on death certificate hiding the crime: 'failure to thrive.' I guess so after undergoing that much torture! If any

man had enthusiasm and zest for life, it was my dad until these Nazi monsters got hold of him! Then there are confirmed cases of death from vermin infestation in VA hospitals. One Veteran literally was stung and bitten to death by fire ants while confined to his bed. I can tell you fire ant bites are very toxic and painful! No one checked on him for days. When one of his family members visited, the person was shocked to find him dead in the hospital bed with hundreds of ant bites all over his body. The person took a picture, which went viral on the Internet and sued the bejesus out of VA. VA apropos hid behind privacy laws against releasing details. More reports of such abuse exist on the web for anyone who wishes to investigate this more. There are the 'VA death panels' briefly mentioned during Obama's reign of VA scandals. Incompetent Nazi doctors and nurses are those 'death panels' in the bigger picture. Rogue staff nurses and personnel mass murder hospitalized veterans - such as Clarksburg W. Va, VAMC – are not those considered as death panels deciding veteran LIFE OR DEATH BY MEDICINE! Secrecy concealed Veteran murders by VA hospital employees in a Clarksburg West Va hospital for decades. For over a century, spiral of silence shrouded the whole mass murdering VA culture against public scrutiny. When civilian, Veteran and VA employees suffering from moral injury and worse reveal internal criminal injustices by vociferously speaking out & shattering VA's glass house, they are severely punished by the whole system including murder! I cannot fathom a more toxic culture than when honest, humane people must fear the corrupt, dishonest employees among them to stay safe and keep a job. Was that not the conditions in Nazi Germany during the holocaust especially in its work and death camps? This same circumstance allowed the Nazi genocides to silently go on during all of WW2; that same attitude roots all genocide in human history including America's criminal past conducting the longest, bloodiest, ethnic cleansing & genocide known to human history; near extinction of America's indigenous, original nation people. Black and white soldiers mass murdering red skinned people in the worst ethnic cleansing know to human history right here in America. Vets and employees are cowed, bought off, sedated, fearful and more against speaking out, which makes them worse than their butchering Nazi ancestors! VA destroys 'whistle-blowers' in a policy of 'punishing messengers' who try to correct a flawed system, which would help most everyone involved with it except the criminals! The status quo good 'ol girl & boys, member's-only club, gravy trains cannot have that. Consequently, protests go underground where people are speaking up, leaks happen and finally the public is paying more attention, which scares US political lootership into proaction finding ways to remove these liabilities, proper. Recent Clarksburg hospital masshomicides by one staff nurse epitomized this issue completely. When it affected political careers, to hide the crimes, Capitol Hill lootership launched into standard political subterfuge kicking up sand, stomping around in outrage, demanding answers and similar political, PR ham-dramatics for media attention. The idea is that when dust settles and people lose interest to focus on new dirt, everything goes back to status quo and business resumes as usual. However, not this time. Survivors, dependents, their lawyers, and media kept demanding answers until Washington ordered meaningful investigations. Politicians do not care about Vets; however, when scandal busts their political assets, they quickly get off of them to do something meaningful. Especially mass murder scandals and mounting multi-million dollar

lawsuits against VA gaining national attention during election years. The mounting body count remains unknown but you can bet it continues to go on, as it has been doing VA wide for nearly a century. That is not good news during election cycles either. Vet murder is endemic within that system and up until now nobody noticed? Whom are they kidding!

CHAPTER 15

One List for paying customers another for charity cases. ~OR~

Insured patients got appointments 300,000 charity cases waited to death.

Department of Veterans Affairs after nearly 8 years of vehement denials finally publicly admitted that it mass murdered over 300,000 veterans that died on secret lists waiting for medical care during Mr. Obama's last term in office. No criminal charges were filed against involved employees. OIG investigations as usual cited lack of training as root cause. OIG is the VA watchdog that only watches the feed dish that VA fills to keep the mutt fat, dumb, and stupid as a box of rocks. 300,000 mass murders and no charges, no victims, no crime...that is Socialism. That is Communist Amerikan justice. Moreover, in addition to the annual 400 billion dollar taxpayer budget this government agency misappropriates, it exploits veteran private insurance when providing medical care at its clinics and hospitals. Vets with health insurance and their non-Vet dependents get priority service. Those without it languish and die on "charity case" secret waiting lists of little or no care while VA continues receiving regular 'capitation' payments for each active, live Vet on the rolls whether treated or otherwise: money for nothing, pay the murdering Socialists for breathing. When uninsured, I nearly died on the latter along with those 300, 000 veterans on that 'murder' list during the last half of Mr. Obama's term. Incompetent desk nurses and PA's, aka clinic waitresses, playing doctor fill in for chronic qualified medical and administration staff shortages generating revenue at veteran expense that only profits the agency's training hospitals and clinics. Nursing is a vocation like waiter or waitress. Nurses, especially from foreign countries like Cuba, Philippines, Thailand, **India, etc are extremely well trained and most importantly – cheap!** Few American

nurses will work for what they do and just as well. In other words, VA uses them by the gross to keep costs down substituting incompetent nurses in place of qualified doctors and other staff. That is a liability disaster hell in the making. Before US Supreme Court reversed the Feres Doctrine and Federal Tort Act came on line, they could cripple and kill with impunity, and blatantly did so: see Clarksburg W. Virginia VAMC mass murders, which is only one instance of the wholesale crippling and murders of veterans over the nearly 100 years VA has been in power. Now VA and these people are malpractice multi-million dollar lawsuit central costing taxpayers billions in court awards. The agency bawled to US Supreme Court and Congress to reinstate the agency's immunity and both said not only no, but HELL NO! You made the mess so you clean it up!!! Yet, criminal charges and convictions remain very few – WHY? The blessing in all the veteran sacrificial suicide protests and major court victories is that full VA privatization is most certain now and for the first time in US history finally vets will get the benefits they were due all along and justice for US crimes against us that will help the living that walk among society. So sad is that it seems to take too many deaths before the sheeple and their governments wake up to do anything proactive to stop atrocities such as the aforementioned mass murders. **Never have** so many faithful men and women been wasted so badly by this disgraceful nation!!! Why not, it wastes everything else, and one day will look back through the barbed wire, razor ribbon, chains and bars on their imprisoned minds in vague recall of what was **freedom lost.** VA employees are Socialist, useless, eaters and liability disasters with plenty of places to happen. My last horror story with a Ft. Worth TX clinic NP was over seven months of untreated hypertension 210/123 plus or minus 20 points because an unsupervised nurse did not know what she was doing and following 'do not treat orders' from another incompetent doctor that I fire that also hid from and simply ignored my problems. This NP was old enough to be my grand daughter – a child who was playing doctor with human lives; she was untrained, unsupervised, incompetent and a malpractice lawsuit looking for a place to happen. Her Rx - first try was patient dumping me onto a holding pattern in the Dark Horse Mission Act, and when that failed sent me home with instructions to call 911 in case of stroke or heart attack – in other words, standard, incompetent, bureaucratic, patient dumping. The doctor at Dallas Regional had placed a 'DO NOT TREAT' order on my files in retaliation for firing and reporting her deadly incompetence. Furthermore, on each visit VA billing charged 145.00 dollars for office visit and 390.00 dollars for labs to my health insurance. The NP could not read or understand lab results well enough to explain them to a patient. She did this twice plus an initial nurses visit, which cost 165.00 for same Rx: go home and call 911 for symptoms of stroke or heart attack. My insurance paid VA for no care. VA keeps many secret punishment lists when an insubordinate vet talks back to one of those Nazis. That is Socialist, government run, medical care Amerika. You will find these same complaints and worse about British and Canadian NHS systems!!! When first assigned to this NP, I had stage 3 CKD that progressed to ESKD which is dialysis and death while under her mistreatment. During my final office visit to her, she breezed over labs and chirped, "your kidney function is at 15..." I halted her to ask, "Just what does that mean in layman's terms?" Her quivering voice tone lowered to say, "your kidneys are failing." Note: '15' is

kidney function demarcation point at which one moves into ESKD, dialysis, and death! My level was 25-28, 6-7 months prior upon first arriving to her clinic for treatment. This incompetent NP was killing my kidneys to send me into a graveyard or VA dialysis for dollars racket. I threw a shoe, "and I suppose almost 7 months of untreated hypertension has nothing to do with my kidneys failing?!!!" She threw me out of her office - finally succeeding in 'dumping' me into the MHC clinic as a non-compliant, identified problem patient. My crime? I was crazy enough to challenge her injustice and openly speak out about it – LOUDLY – and file a written complaint at the regional director's level. That is Socialist, government run, bureaucratic medicine! If one of those little VA Hitler's gets it out for you, where else does one go when the whole US system is NHS? Reports of this very issue come out of Socialist Great Britain and Canada censors very often into the open net as warning to the rest of us that Socialism is a complete failure! Switzerland - once the richest nation on earth is now broke and is dumping its Socialist govt and healthcare systems and returning to capitalistic systems in seeking financial solvency. Moreover, the one stab that clinic NP made at treating hypertension resulted in a negative drug interaction disaster, which caused me great harm. I still suffer numbness in one leg from that SNAFU. The incompetent & lazy NP did not check to see what drugs other VA providers had already prescribed that were listed in my medical records, which might negatively interact with a new one. A hunch sent me to FDA drug site asking that question and there it was! Listed in over eight compressed pages of negative interactions that advised seriously against doing what she prescribed with what I already was using. Obviously, the lazy bureaucrat never checked. This NP or clinic waitress could not treat her way out of a paper bag, which is typical of the people that VA substitutes for real doctors. The malpractice poster children staff doctors don't do much better, BTW. That last straw sent me private doctor shopping to self-privatize out of VA, again. The newly assigned PCP PACT nurse advocated dialysis by the time I saw him; I was into ESKD and hypertension crisis by then from over 7 months of no treatments. I swear their actions were intended to direct me into dialysis for dollars by killing my kidneys, into cardiac arrest for Baylor Butcher OJT cash or driving me to suicide for more taxpayer sugar-tit profit out of Washington DC! I had spent over 24 months in hypertension hell because VA could not properly treat the disease! VA staff nurses and doctors are not those at all; they are incompetent, glorified, overpaid, bureaucrat, civil servant, desk clerks with an MD or nursing license if that much! Aka - civil service, bureaucratic, desk clerks, waiters & waitresses. At Dallas Regional hospital, six doctors, three that I never met and that never physically examined me acting through a nurse, plus two residents following instructions from a malpractice extraordinaire staff MD that I fired signed off on office visits and issued hypertension prescriptions that did not work and/or caused very harmful, suicidal side effects! Not one VA staff doctor is worth a flip except as a malpractice suit. What little good care I got came from imported contract – job shopper nurses, doctors – and resident or student doctors. In other words, the only qualified care came from temporary medical school students and job shopper civilian contract doctors! They all bailed before or when their contracts ended: I hated to see them go. Ms. NP was a last straw breaking

the proverbial wagon wheel, which sent me to the private sector and that is what selfprivatizes vets out of VA one at a time.

NOTE TO ALL YOU SPEICIAL BUTTERCUPS that claim, 'VA never did that to me...' It is like when Policeman Dirty Harry proposed to a punk reaching for his weapon while Harry pointed a 44 magnum in his face. He said, 'Punk, did I fire 5 or 6 shots from the most powerful handgun in the world...feeling lucky punk?' The punk was smart and raised his hands. That same issue is before every veteran venturing into VA medical hellcare....are you feeling lucky? It only takes once when lady luck is not there to send you wearing only a toe tag and sheet to the basement morgue or a VA quack cripples you for life, or blinds you for life or..... All you will get from VA is too bad, so sad - file a claim....still feeling lucky? All the money in this world cannot replace eyesight, mobility or your life!!! I personally know/knew of three veterans previously mentioned that ran out of luck under VA hellcare: one dead, one blind and another crippled for life. I got out alive and hale to write this and more. Keep in mind very few of us 'VA survivors' go to the trouble to leave warnings to those of you smart enough to heed them. As warning to those of you newbies coming into the system and for the old hands too. VA system is so complicated nobody knows it all. Most veterans are self-serving, 'hooray for me I got mine and to hell with the rest of you war dog' types. I have never seen a more divided and selfish group of people than veteran VSO's and associated vet groups. Divided, conquered, infighting and enslaved by that whole system pitted against them getting their due. The help is here but only for those smart enough to choose whether to use it..... Lady luck abandons everyone eventually. I cannot think of a worse place for that to happen than at VA.

CHAPTER 16

VA, Hillary Clinton and Kenneth Kizer ~OR~ VA's 5 Year Golden Era

'A lie is a lie even when everyone believes it; truth remains truth even when nobody believes it. Adolf Hitler.

A pervasive lie that veterans get healthcare and benefits on par or better than private sector is now a commonly believed, persistent, propagandized lie. Here are the historical

facts – you figure out the rest. During the Clinton Administration, first lady, Hillary Clinton's plan was to sell America on Socialized Healthcare. She needed a sterling Socialized example so chose the VA as her model. Armed with a presidential decree she gave VA an ultimatum: reform into that sterling model or else. Hillary Clinton needs no introduction: she has sharp teeth and a very nasty bite. In 1994, Clinton put Kenneth Kizer in charge of the VA healthcare system, as Undersecretary of Veterans Affairs. The new sheriff over that agency had large teeth and nasty bite, too. Kizer among his many accomplishments, reformed VA; he modernized the VA's computer systems, fired poorperforming doctors and support staff, then established private-sector-style metrics to measure the VA's performance on things like patient wait times, care quality, service, etc. In other words, during his five-year tenure Kizer reformed VA into a working top performing healthcare and benefits institution notwithstanding entrenched, status quo 'good old boy and girl' interests dead set against him derailing their gravy trains. He & Hillary created a long overdue 'good 'ol boy and girl' mammoth gravy train wreck into quality Veteran healthcare providing veterans the benefits they earned & deserved for the very first time in VA **history.** Together they reformed VA healthcare and benefits into a crown jewel of what quality healthcare can be and a highly envied example by the private US medical industry. Moreover, they did it without additional laws, legislation and without increasing VA budgets from Washington DC. Hillary is a lot of things but she and Kizer did what The Ship of Fools US Congress and all their cronies could not and still cannot do: true VA reform making that a first in the history of Dept of Veterans Affairs, and that agency cannot take one whit of credit for those historical accomplishments! However, all good things end; after Clinton left office and Kizer resigned from VA 5 years later so did their success story. Recidivism quickly reclaimed the institution to its former shithole disaster run by status quo 'good old boy and girl' special interests: VA, VSO's, Congressional political pork, AFGE union, misc crony's, internal corruption, etc. They restarted their gravy trains robbing veterans to pay for their free ride and lunch. All the while, plagiarizing & stealing credit, hiding behind claimed and published accounts that it never accomplished from undertakings during the Clinton & Kizer 5 year VA golden age. VA is now considered the worst healthcare system in America yet perpetuates commonly believed ancient lies to the **contrary**. Ref credit: Avik Roy, Forbes Staff writer.

CHAPTER 17

Contacting VA for help may be the last thing you ever do alive or on two legs.

You will be sorry.

Veterans undergo the aforementioned and much worse. As a waiting room mouse, I have observed and heard their shocking stories; however, those are their stories. This narrative is mine, up close and personal during the more than 36 months of undergoing VA hell-care! Worse off are Vets, especially MHC patients, offloaded to 'VA Crisishelpless' line as liability victims. The whole reason for that Crisis Line is to send onus for a troubled vet somewhere else so that should something go wrong, as it invariably will, VA can blame the vendor and veteran. The agency has clean hands and their vendor owns criminal & malpractice lawsuits. Dead veterans tell no tales. Vendors know this and will call in civilian authorities to offload a perceived 'dangerous' veteran to them then disown all liability! Too many documented cases of this exist! Mention a 'gun' ***beep*** dangerous vet alert; mention or even hints of violence especially with a firearm ***beep, beep!*** extremely dangerous vet. Even an angry voice tone will launch the Gestapo swat teams to neutralize another terrorist threat. Homeland security classifies veterans as terrorist threats. When one is drugged, despondent, confused & angry, maybe having combat flashbacks, is suicidal and/or out of his or her head often the person has no idea what s/he is saying! But these hysterical, chicken little, halfwits overreact and call in swat team strike forces on him like a WW3 attack. Veterans are meeting a deadly end just for seeking help from the VA that it constantly preaches in our faces! Instead of helping a sick and troubled veteran the authorities cover up their hysterical overreaction as neutralizing another terrorist threat. Homeland security considers vets as terrorist threats aiding in the cover ups and lies; stupid Americans are as clueless about the word 'terrorists' as they were about the 'cold war' believing what the talking heads on the TV parrot: 'Winnie the Pooh' is this weeks star bad boy terrorist poster child. But stay tuned because next week it is badass Howdy Doodle's turn. The following statements spearhead this point well:

- When feeling helpless and overwhelmed, seeking psychiatric treatment anywhere can turn into the most dangerous mistake of a person's life. People often avoid seeking help for fear of being locked up and/or forced to take drugs, when voluntary psychotherapeutic interventions can be lifesaving. Psychiatry's capacity to force treatment upon its most challenging patients means that psychiatrists have little motivation to develop genuinely helpful treatments. Psychiatrists can and do get away with compulsively repeating the same old oppressive approaches—hospitalization, mind-numbing drugs, and ECT—without any evidence for their effectiveness. Peter Breggin, MD
- I saw a VA psychologist for over a year who offered exposure therapy to ease my symptoms, but ultimately made them far worse, to the point I became suicidal. I felt confident enough to tell him that it wasn't working and he responded with, "You know I am doing you a favor by seeing you." ... getting in touch with your doctor

through the VA is like killing yourself—so it's a lose-lose situation. Kat Kaelin The Havok Journal February 28, 2019.

- The last thing a troubled person on the edge seeking help expects is keystone cops swat team swarming and storming their house like a terrorist nest in Beirut. That does so much unnecessary deadly harm in what amounts to Veterans Affairs clearing out an ant infestation with a bulldozer. That is government run VA healthcare. It is the veteran seeking help that meets the worst of it. S/he is terrorized into never seeking help again or killed by an over reactive swat team eliminating a VA mistake. VA walks away clean, which is the whole point.
- What is so hard about the VA clinic or call center coordinating and asking a suicidal veteran to come in for an emergency appointment with a private or VA therapist? Instead of calling out the marines on s/he? The call is for help; but VA and its call centers respond as if it is a major WW3 military attack and kill the patient to cover up Socialist VA employee incompetence and fear of being held responsible for his or her actions.

US veterans, are a hot liability potato tossed from person & agency to the next one until it all finally crashes down to s/he taking the often deadly fall when seeking help from VA. It is always someone else's fault never Socialized medicine. Any veteran better realize that s/he faces probability of meeting one or more of the above scenarios or worse when contacting VA or its agents for MHC help, and that is only the beginning. Heaven help you my friends should you manage to get into their mistreatment dungeons of drugged torture to self-murder by their terroristically, sadistic staff of MHC providers. US Dept of Veterans Affairs is 100% responsible for all on campus veteran suicides, and 99-9/10% for veteran deaths elsewhere.

CHAPTER 18

Deadbeat VA veteran dumping grounds ~OR~

Love Canal pales in contrast to VA Toxic waste dumping.

Another vet dumping ground is private healthcare 'free' MHC services and dark horse pseudo-voucher systems known as VetChoice or Mission Act. Vendors hired under the government 3-bid system: take three bids and choose the sorriest crony giving you the biggest under the table kickback for a juicy govt contract. VA does this for two reasons, to

shift all liability elsewhere, to a vendor in this case while offloading patient load and keeping the MHC budget-\$\$\$ in VA hands. Medical care is iffy and Vets using these quacks who accept VA programs at all are stuck paying the costs when VA refuses to do so. Why? Because all unused money returns to VA general revenues paying bonuses, perks and more to its executives, employees and Congressional political pork troughs, etc. Majorities of civilian doctors refuse VA pseudo-voucher reimbursements because deadbeat VA does not pay its bills. Moreover, pursuing robbed Vets who cannot pay but are stuck with those unpaid debts is too costly and time consuming, which is why VetChoice and Mission acts failed: VA sabotages them to keep those 'budgets' in their system for misappropriation into their offshore, Swiss bank accounts. Because of aforewritten, Vet participation is low and VA propagandizes that into 'Vets love VA and do not want choice outside of it.' All the cobble that Vets do not want true choice is propaganda by VSO's, VA, AFGE union officials, Civil Service employees, politicians and more whose gravy trains will derail into train wrecks when total privatization goes live and real!!! Very powerful political interests that have been in control of the agency for over a century fight against anything limiting VA pork, especially a true voucher system or total privatization of Vet healthcare and benefit systems! Nonetheless, those Vets who do use pseudovoucher programs, pay the bills through debt collectors that show up many months to over a year later demanding settlement of delinquent VA medical debts, which is first notice to a patient that VA did not do so! Vendors are frustrated and angry after wasting so much time chasing denied claims. The Veteran not 'deadbeat government' is punished. BTW, BIA does the same things to Native Americans confined on US concentration camps aka Reservations. I.e., over 60% of the natives living on Pine Ridge Reservation do not have running water or electricity, they barely survive at bottom the poverty line and receive very little after budgeted funds are purloined before getting to them. Only fifty cents out of every five dollars actually gets to veterans; the other \$4.50 disappears in the same manner as BIA. VA and BIA....only in Nazi Amerika.

CHAPTER 19

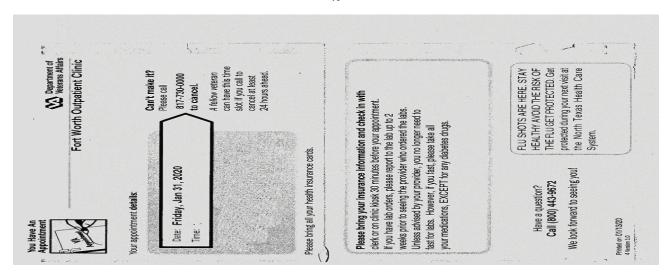
Veterans want free choices without VA oversight. ~OR~ Ditto!

VA billing is very good at -robbing - private Insurance and taxpayers - but no bueno at paying debts from their full pockets of purloined cash. However, <u>VetChoice</u>

proved one very stark point: Veterans want true choice of where and from whom they get their medical care and it is not from an existing Socialist government, single payer VA, **HMO** that cripples and kills them. Our protectors and watch dog groups – the politicians, AFGE unions, VSO, OIG and other Vet support agencies, VA kangaroo judicial systems, etc – spend resources on political self-interest, self-promotion, empire building and watching their food dishes while keeping Veterans controlled, divided, robbed and conquered against ever getting what we truly need. Only VA, its cronies, and America could sink so low in sewage filth profiteering from veteran suffering and suicide. However, powerful outside interests have noticed the 400 billion dollar low hanging fruit ripe for the picking. All they have to do is woo the reason that VA exists at all away to get it. Private healthcare choice Interests like everyone else uses want the ever-increasing 400 billion dollar 'WASTED' annual VA budget and the veterans reallocated into the private sector, and are diligently working to make that happen. Real veteran healthcare freedom of choice minus VA interference fuels current privatization battles on Capitol Hill: return purloined taxpayer resources to the economy that paid them while giving veterans freedom to choose first rate healthcare without Socialist government interference for the very first time in US history! To do so means wooing the very small percentage of people who actually use VA into private sector. Without them the agency has no purpose to exist: result - sunset, extinction and good riddance. There is life beyond VA and a majority of Veterans, over 92% and growing who have never used VA say that private care works and socialist systems do not. What mass media never mentions in news bias about thousands of men and women dying in the Veteran suicide epidemic, murdered in VA hospitals, dying while on lists waiting for care and such are the tens of millions more who are surviving either by never stepping foot in or self-privatizing away from and out of that government medical system - as I currently have and did for over 40 years. VA claims that it cannot figure out why we do not enter or why we are leaving? I will tell the why - When an institution makes it hard and of no benefit to use or to remain in it, people do not! Customer service and quality supports or destroys those services, which is not rocket science except to govt run, tax supported monopolies! How simple can that be? However, VA simply cannot accept that simplicity into its reality...must be something wrong with them and their Socialist system. The lesson is a horrible warning against government run Socialized medicine or anything in this country. Something must be done about broken US private medical industry, make no mistake about that. All insurance funded Capitalist medicine is Socialized somewhat but is in no way as disastrous as the VA model!! VetChoice and Mission Act SNAFU's illustrate that fact! 92% of all self-privatized Veterans who do not use VA at all are right: private healthcare works while Socialist government health benefits systems FAIL terribly!

Only Insured, Fat Cash Cow Vets Do VA Trust. ~OR~ Broke Dick, Veteran Bums, Go Away

The unpublished but now officially confirmed report that during Obama's Phoenix VA scandals over 300,000 veterans died while languishing on secret waiting lists for care did not mention an interesting reason why: they were uninsured! Ex-military and 'non-Vet' dependents who have private health insurance to pay get priority medical treatment in VA facilities over uninsured Vets. VA is an organized racket! Those who pay for medical services with insurance, etc. generate additional revenues for profitable training hospitals and clinics in addition to what taxpayers already fund. *That is rationed VA Socialist healthcare!* People who can pay go ahead of the charity cases. Money talks while broke vets - 300,000 of them waited, suffered and died. VA is a government run HMO. Taxpayers fund the charity cases via 'capitation payments' paid by GAO whether treated or not! Money for nothing. Until GAO stopped the practice, VA was using ghost lists of long dead Veterans to pad billing! Probably the same list of dead voters that elected Obama? Furthermore, it runs a for profit medical operation at taxpayer expense, while making more money using exmilitary as trapped, expendable, human lab monkeys in its clinics, research & training hospitals educating physicians, nurses and med techs, etc. overcoming medical ignorance well enough to avoid malpractice suits when practicing medicine on civilians. Much like cutting up pickled frogs in high school biology class teaching students anatomy. Thank you for your service, frog. Until recently, their doctors were immune from malpractice and similar patient redress as civilian doctors face under civil tort laws. Such immunity allowed them to do anything to a patient with impunity, much like Nazi Dr. death Mengele and his cohorts. However all that is changing as evidenced by wrongful death lawsuits generated from Veteran suicides now amounting to over two billion dollars and climbing. Suing VA doctors or staff, is gaining ground in due process tort law courts outside of VA's kangaroo judicial system. It is there their virgin-malpractice-immunity is lost. Courts are beginning to imprison these employees for criminal negligence, malfeasance, and murder. On the other hand, it is easier to sue a VA doctor than receive C&P disability rating. Hopefully that will change soon when the agency is replaced by something better. From front door kiosks to the janitor's closet and every appointment related document asks for and demands that patients: bring all your health insurance cards and information – it is the law! Right on Judge Dredd.



The institution very aggressively pursues this! 'It is the law,' and the noble, patriotic thing to do blares 90 second self-righteous VA – TV messages throughout facilities and waiting rooms. Following the law returns to VA all that it selflessly does serving you [lucky] Vets... Tax supported VA very insistently, rations its services first to insured Vets and insured dependents over uninsured patients. Charging and billing private insurance, same as private sector clinics or hospitals do in providing taxpayer supported government medical services, which in many cases does little more than generate billable revenue. VA clinic and hospital waiting rooms filled with people waiting for double and triple booked appointments never realize why s/he waits all day while providers see other patients first who came after them. The reason? Because they are paying and money gets to see the provider while no money sits all day waiting for a turn. Still sitting there at end of day? Reschedule for the next triple booked opening. Insured patients must be seen on time while uninsured 'charity cases' remain on standby...waiting, waiting...dying. Much like they do at airports when waiting on standby for the next flight home...wait, wait, wait, ZZZZZZZZZ. VA knows very well that if it kept paying customers waiting they would leave and take their health insurance dollars to the evil private sector only to realize how bad VA really was and s/he has been getting robbed!!! Creative practitioners definitely pad bills in many ways! One is to schedule clinical appointments for training and billing purposes! A nurse or even someone who looks like a nurse – it could be a janitor for all I know - appointment goes like this: during interview, s/he asks standard VA questions, reviews a patient's chart then sends s/he home. Totally useless except to train new nurses and bill my insurance 165.00 dollars. Another is too many unnecessary billable procedures such a Lab work. In other words, a US government, taxpayer supported system draining private resources out of free market healthcare industry that does not have taxpayer subsidy support. A racket that certainly is not competitive, fair or just! Don't even get me started about third world healthcare quality. Why is not every private doctor, nurse, administrator, and medical facility in US not protesting this resource misappropriation?! A seasoned veteran called me a 'fool' for giving VA my health insurance information and left it at that. Now I know why and agree with him...seems no good, ethical deed goes unpunished when dealing with

VA and US government. Lesson well taught... fool that I am, fool that I have been but only once assholes.

Here is the million dollar question, if Socialist, government run, single payer systems like VA are so great why does it insist that Vets and non-Vets pay for government provided medical services using private health insurance such as Medigap, Tricare or other?

For instance, in one month VA billing charged my insurance over twenty thousand dollars in unnecessary tests ordered because of complaints I made about negative side effects from the drugs they prescribed. VA staff providers over medicate veterans for a reason!! For one thing they get a commission for each Rx issued. Moreover, the pill bottles state "May only be refilled at a VA pharmacy." Taxpayer supported VA is competing with private pharmacies too! In one case, when I complained to the doctor about cardiac symptoms inherent to a drug she prescribed, her response was to say, "all drugs have side effects" increase the dosage 50%, order expensive cardiology tests, and refer me to the cardiac clinic! I did not and do not have heart problems; all heart disease symptoms and problems were drug induced, arising from the first dose and vanishing shortly after I stopped using the medicine. Increasing the dosage 50% only made side effects worse! However, had I cooperated with Ms. MD, I surely would have had heart problems after she was finished. After tens of thousands in dollars of unneeded tests, a butt–load of misery from prescribed drug side effects, it finally occurred to me what this MD and her cronies were doing in the hidebound resistance against changing troublesome medicines about which I complained.

Cardiology for CASH treatment is one of the most financially lucrative areas of Western medicine! The drugs were working by keeping me dazed and confused while creating patient complaints that resulted in justifiably ordering unneeded tests and procedures in which to bill medical insurance for treatment revenue, while creating another heart patient for Baylor Butcher medical students & doctors to practice chopping on in VA training hospitals. They already run dialysis for DOLLARS and suicide for profit rackets and tried to push me there, too. Had I cooperated, they would have chopped on and treated me until Insurance ran out unless I first expired. Then, since I am a body and organ donor, these bastards would have parted out the body like an old car and sold every piece, profiting to the last organ, bit of bone and flesh.

The Movie 'Coma' immediately came to mind and I was another star corpse! Feet do not fail me now! Get my ass outta here - quick! Remember what I wrote earlier? That it only takes once for a final trip wearing only a toe tag and blanket to the basement morgue....I was lucky.

I have requested ten times that the drug causing cardiac symptoms be added to my pharmacy records as 'known reported negative cardiac side effects' and VA refuses to do that! Proving their aforementioned intent was to use me as a cardiac lab monkey for training heart surgeons. *I guarantee, VA staff is doing this same thing to other unsuspecting veterans.* If it is happening to me then other people have gone down this road too! I told my civilian doctor only once to include this drug and more in my records and it is there. I then reported the aforewritten to FDA to document. Folks, the reason we encounter these horrors is because all the cowards before us did not stand up to the abuse!! Therefore, everyone who does not stand up to them is training VA to abuse them and other vets as well! Alexander Solzhenitsyn wrote in his Gulag Archipelago that when the 'Orgs aka Gestapo' came after their next targets in midnight raids those who fought back often with nothing more than a teaspoon were released unharmed. The cowards met the most torture!!! *Now I realize the* proper care and feeding of hospitals and doctors is very expensive. To do that they must pull people back from the brink of death, but to do that first they must send them there! Only this is ridiculous!! Before I stopped what she was doing, unnecessary cardiac testing with intent to create and treat a non-existent problem was a lion's share of the twenty thousand dollar charges to health insurance in a single month. Myriad, sundry labs and tests throughout the year from other clinic providers, most of them unnecessary, generated more massive profits into VA coffer. *Health insurance or too much of it is hazardous to one's* health and welfare!!! Now I know why the old Vet who knew how to game this system told me that I was a "FOOL" to pay VA with my health insurance!! Unfortunately, the Djinn are released. I walk this path of life per my values and did what was proper according to them. He does so per his mores. Perhaps he is right; for, it seems no ethical deed goes unpunished when dealing with VA & government.

Yep, fool me once naughty you; fool me twice naughty me -but only once assholes!

CHAPTER 21

Word From the Street using Real Medical Private Care. ~OR~

Nearly all welfare employees nursing the VA sugar tit cannot get anything better?

Typical government employment: parasitic blood sucking bureaucrats who cannot get anything better live very well bleeding people's taxes. Quality VA recruitment suffers

because of that stigma among other reasons. What I did not understand when at the civilian hospital was an 'insistent hint' made by six people there: "Do you really want to transfer out of here to a VA hospital?" My reply, "I do not have medical insurance; it was this or die; I chose to die, but it takes a lot of dying to kill a man and coming here was not my first choice. VA is paying the bill and if I do not cooperate it hands me the whole cost of a hospital visit I cannot afford." But for that, coming here was my first choice. Besides this country owns what is wrong with me as consequence of serving military duty with a gun barrel in the back. Moreover, it is overwhelming how many 'gotchas' that deadbeat institution uses to not pay its debts and punish Vets for going outside of it to private care! While in that civilian hospital, I talked to a couple of world–wise, well seasoned, nurses and doctors about VA. Their answers in sum were – if listed on a resume, working there is career suicide except at a clap clinic located over an ambulance chasing law firm on skid row. The nurses were very frank; the doctors were coy. Doctors are good at vagaries. One had to look through them to read between the lines for same brutally honest answers given by nurses straightaway. The nurses gained experience at VA as contract job shopper, temps brought in to shore up incompetent staff during OIG and other inspections when the agency needed to pass an audit. They were also brought in when it was necessary to offload liability. The Doctors did brief residencies as med school students and ran screaming from that place when their 90 days ended. The last thing said to me by attending physician on the day I transferred out of pyt hospital to VA regional was, "May heaven help you my friend." Then she left the room shaking her head in disgust. In hindsight I needed more than heaven's blessing once in that hellcare shithole.

CHAPTER 22

Hindsight is always 20/20

In hindsight, I now know very well of what the civilian hospital staff was warning me! All of the aforetyped illustrates how VA self-privatizes; it is not a 'right wing' conspiracy or Donald Trump or Koch brothers or Concerned Vets of America coup at all; simply bureaucratic self-sabotage in toto. Every Vet that defects to private sector fully or in part or those who never enter VA system at all equals privatization. VA privatization works very well!!! Ask over 92% of all US veterans that use it instead of VA! White Elephant, Dark Horse pseudo-voucher programs like VetChoice and Mission Acts are smoke screens hiding that, which only adds more money to VA's 400 billion dollar misspent annual budget without any benefit to Veterans. I cannot understand US congress in throwing more good after bad except that those chiseling bastards are on the take, too! America is a kakistocratic country: the worst of the worst ruling the very worst – the American sheeple too cowardly to

self-govern and self-defend. *Only fifty-cents of every five budget dollars actually goes to* **help veterans**; the rest benefit people who never served and/or never wore a uniform who grow fat from congressional filled taxpayer pork troughs rewarding VSO's, politicians, bureaucrats, AFGE federal unions, a civil service welfare system and corruption at all levels. An interesting comment triangulated to me through a ward senior staff member while I was hospitalized at Dallas Regional in 2018, "most of the money coming into here never makes it to the veterans..." Very telling, do not you think? Think of what 400 billion dollars a year could do for veterans getting real help in the private sector! Think of all the jobs it would create in doing that!! Think of the economic growth, and other benefits to the US Veterans, economy and private healthcare industry that is currently being wasted on these socialist birds! What a novel idea: return the stolen loot to those who were robbed by socialist lootership to benefit the whole country... Talk about a win/win ROI, 'return of investment,' to America! That would be a nice down payment towards really making America great for the first time ever. Even Wall Street would applaud that one!! Moreover, charitable organizations and such outside of VA milking Vets as income sources are very faddish and profitable, too. With so much help, why are Veterans by the hundreds of thousands to millions literally suffering and dying, many in outright protest by public suicide, from lack of it? Only America and VA could sink so low in sewage filth profiteering from veteran suffering and suicide epidemic. Should US Veterans ever get the true care we need, aforementioned government and special interest gravy trains will derail proper. Only American greed could figure out how to profit from our suicidal suffering and call it patriotism. In America believing the noble lies of patriotic loyalty, sacrifice, and martyrdom is for suckers. A broke Vet is a bum same as any other; patriotism walks and cash talks, which is epitome of fraudulent patriotism and broken promises. Try paying for anything in America with patriotism and the recipient will call a cop and have s/he veteran arrested for robbery! Only veterans seem stupid enough think their sacrifices are noble and good...denial is an odd mental defense system used to avoid the truth that we were employed as useful idiots & suckers by a mother of all sluts: Amerika, her govt and sheeple.

CHAPTER 23

VA murdering veterans to make Amerika great again.

Suicide is painless but is not a pointless protest, it is sign of a very sick, diseased Nation.

Suicide is not cowardly; COWARDLY is a disgraceful American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

Veteran and active duty Military suicide epidemic is summed up as follows—

2012: **On a warm summer afternoon** in Champion, [Ohio,] Michael Ecker, a 25-year-old *highly honored and decorated* Iraq War Veteran, called out to his father from a leafy spot in their backyard. Then, as the two stood just steps apart, *Michael saluted*, raised a gun to his head, pulled the trigger [and **put a bullet through his brain.**]

~

Richard Cory circa 1897, By Edwin Arlington Robinson

Whenever Richard Cory went down town,

We people on the pavement looked at him: [saluted]

He was a gentleman from sole to crown, [highly honored and decorated]

Clean favored, and imperially slim. [25-year-old youth]

And he was always quietly arrayed,

And he was always *human* when he talked;

But still he fluttered pulses when he said, [saluted]

"Good-morning," and he glittered when he walked. [highly honored and decorated]

And he was rich—yes, richer than a king—

And admirably schooled in every grace:

In fine, we thought that he was everything

To make us wish that we were in his place.

[highly honored and decorated]
[highly honored and decorated]

So on we worked, and waited for the light, And went without the meat, and cursed the bread; And Richard Cory, **one calm summer night,** Went home and **put a bullet through his head**.

The poem made into music lyric is very clear:

The miracle of death takes away this pain; the miracle of death sets me free again.

Suicide is painless; it causes many changes that I can take or leave when I please.

This game of life is pointless to play; I plan to lose it anyway, the final hand I soon will lay; freeing me from this hell in clay; suicide is painless, it causes many changes, that I can take or leave when I please.

Ad nauseam, any questions? When VA, Washington, and US public understand the aforewritten – to remove profiteering, self–interest and politics out of human resources and well-being – they will comprehend Veteran suicide and the pain driving one to end his her life. When living hurts, desperation to end the pain is not an 'if,' but 'when' doing so is successful. Without real help, that success is most certain. Every successful suicide in America whether veteran or other screams this county is a failure of biblical proportions substantiating 90 years of US socialism is a 100% failure and time to scrap it for better days of capitalism that rewards hard work and penalizes sloth.

Washington rewards VA for every Veteran suicide by throwing it more money to 'fix the problem.' In this profitable racket, with every tragic death, VA cries alligator tears all the way to their offshore Swiss bank accounts and has no incentive to fix a moneymaker like that! Their 'attempts' are only window dressing, lip service, and snake oil for plausible denial and public ham dramatics. Money for suicide prevention and treatment goes unspent on veterans to misappropriate into general revenue where it is used on 'other' reasons such as political pork, paying off congress and lavish employee benefits.

VA is 100% responsible for all veteran suicides on its campuses, aka the parking lot and clinic suicides. 24 veterans self-murdered during an 18-month span between 2017-2019 all on VA property protesting lack of care from Amerika and VA. Nothing new at all! 100 veterans do so every day nationwide, while this sick country keeps its head buried in sands of denial thinking that willful, plausible, ignorance and denial will dismiss the bloodshed on their hands. Nope. Such excuses did not cut it at the Nuremberg Nazi trials and will not for Nazi America.

The single reason for veteran suicide epidemic is VA's total lack of understanding to the point of criminal, willful stupidity totally on its part. Secretary Wilkie before being thrown out of office by US Socialists to his credit said, "VA is not even on first flight when it comes to understanding veteran suicide..." With all due respect Mr. Wilkie, those village idiots you hire as therapists are still in the Neanderthal age wearing hairy butts and armpits, grunting and throwing rocks, sticks and ape turds at each other!!! Those people are nuttier than a bag full of squirrel turds!! You obviously are reading a script; I underwent an induced suicide terror session in a Ft. Worth clinic back room and just barely lived to write about it.

That explains without a doubt why so many vets have successfully suicided on VA property and 100 a day still do so from lack of help from VA and USA. Another very common cause of suicide is irresponsible medical prescribers drugging vets with neurotoxins that have known, gravely serious, 'black box,' warnings about negative side effects that promote suicidal ideation into actual acts of self-destruction. Not controlling these VA loose cannons is deadly! When I complained about serious drug side effects, which were listed in the patient literature that came with VA medication, the doctor looked at me like I was growing daisies out of my ears; Ms. MD, completely-clueless to the hazards of what she prescribed said in a weasel statement, 'all drugs have side effects...' and refused to change the medication. After a failed suicide attempt driven by the medication's psychotic side effects, I finally went 'non-compliant' and stopped taking the damned pills. When she minimized my complaint, I vociferously protested is suicide serious enough side effect to get your attention, Ms. MD!? Only then did she reluctantly make a change to something much worse and placed a 'DO NOT TREAT' flag on my file for insubordination. I finally went totally noncompliant out of self-preservation! Non-compliant and 'crazy' or mentally ill is what they label, 'name call a veteran along with' Gaslighting, playing with your head using convenient memory to mentally project and intimidate any Vet who does not stay in his or her place or when disobeying a practitioner's wrongheaded orders, argues or challenges those white coated pompous ass 'gods and goddesses' in any way. That ruse also justifies not treating patient medical issues, flagging veteran account with 'DO NOT TREAT' or worse - to justify punishment, blame, and to dismiss a Vet as an 'identified problem patient.' You would not believe the arrogance of those scapegoating, pompous Ass, Nazi-bullies!! If one is not crazy before entering that chaotic asylum, s/he becomes so or dead shortly thereafter. Miscommunication and unreliability were top problems for me when dealing with troublesome clinic staff. One crazy-making scheme is making, changing or canceling scheduled medical appointments without notifying a patient, especially when setting s/he up as a 'no show problem patient.' The point is to discredit veteran integrity and to punish him for 'rocking the boat.' The message is we are in charge do not complain and stay in your place or else. That whole North Texas VAMC system is a bitch-shit, matriarchal romper room, full of racist, misandrist, females perpetually going on 4 years old. When a patient misses an unknown appointment s/he is placed on a disciplinary no-show list. Moreover, showing up at a clinic for unknown canceled appointments to teach one a lesson, is clearly punitive. Lame excuses always follow their actions that any half-wit can see through. Juvenile, **intentional retaliation** and **character smear** is another tiresome VA employee harassment; however, their childishness is obvious, which is why vets who can are rebelling through self-privatization: *feet don't fail me now going out the door to private* healthcare. Those who cannot escape elsewhere, suicide to end their pain while screaming their message to an indifferent Socialist government medical monopoly that cannot hear their agonizing shrieks!!! Only VA and America can sink so low in sewer filth profiteering from ongoing veteran suffering and daily suicides!!! VA cannot figure out why customers are giving up and abandoning their rotten system because it does not want to know, which is sending civil service employees to the unemployment line and pushing this Nazi organization closer to sunset and dissolution into the extinction bin. Absent tax

subsidies of being a government monopoly, how long would private firms remain in business allowing self-defeating practices such as aforewritten? Realize, this brief is only the tiniest tip of the iceberg, which is abridged from over +350 pages of original material.

• Veterans get the worst of it in toto. A very popular VA MHC cop-out is that 'Vets do not ask us for help;' yes, we most certainly do! *Every suicide is screaming for it!!* However no one hears our screams written in veteran blood often with his brains splattered all over the ceiling and walls!!! What the agency's willful denial and fantasies refuse to see – does not exist. That is schizophrenia, BTW! When a troubled veteran comes to VA for suicidal help, s/he is harassed, intimidated, abused, encouraged by clinic staff to suicide, belittled, and often forcibly beat up and thrown out of the clinic or hospital! So many documented cases of this VA abuse exist it is mind-boggling!!! Yet, US Congress continues to waste taxpayer funds on this loser, dark horse, and white elephant! Easy for those birds to do with other people's resources robbed from them at gunpoint & 'bad laws.' After being terrorized & stigmatized like that, who goes anywhere for help especially at VA!? What is the point of talking when nobody listens and worse, dismisses one's issue, sidesteps and/or dumps a hurting patient into an alley trash bin? The attitude of VA providers, caseworkers, and counselors that I have personally dealt with is that the veteran is harassing them! They offload the patient; saying that we do not wish to hear or know; keep your problems to you; do not rain on my parade, it is not my job, do not rock the boat Veteran. VA's latest con is their 'Suicide Crisis Helpless - line.' Once there, if anyone actually answers a call is a shaky, ill-trained, non-professional person also looking to dump liability of a troubled veteran. Mere hint or perception of a firearm sets off red alert alarms 'dangerous, armed veteran!' If the call center misperceives or misunderstands the veteran, which is very common and there is a 99% chance that will happen, she reports him as a an 'armed, dangerous veteran,' which ends VA call center vendor onus while shifting it to civil police authority. A drugged, out of his mind, troubled person calling for help often does not realize how s/he comes across. The last thing a troubled person on the edge seeking help expects is a keystone cop swat team swarming and storming their house like a terrorist nest in Beirut. That does so much unnecessary deadly harm in what amounts to Veterans Affairs clearing out an ant infestation with a bulldozer. That is government run VA <mark>healthcare</mark>. It is the veteran seeking help that meets the worst of it. S/he is terrorized into never seeking help again or killed by an over reactive swat team eliminating a VA mistake, listing the kill as another 'terrorist' threat instead of another veteran murder and presenting the whole VA caused crime to the public as a second amendment issue not as another VA created murder. VA, its vendor, and the police walk away clean from another 'perfect' crime, which is the whole point. Should the police dept be sued for wrongful death, taxpayers pick up the tab, again, for another government FUBAR. Until dealing with Vet suicide non-statistically, nonintellectually, non-mechanically, non-profitably to instead approach it on the human level this epidemic existing well before Korean and Vietnam Wars will only grow

much worse. For you civilian cupcakes, do not get 'up' about losing out; for, as the US Socialist Police state tightens its grip ever tighter around your necks...expect this same scenario in your neighborhood and probably on your door step.

The following lyrics are apropos for this dismal America shame. VA it was written for you so pick up a copy of the song and play it while counting all that blood money received for betraying & robbing US veterans. Judas & Hitler were pikers compared to you Nazis.

"Suicide Is Painless" (from "M*A*S*H" soundtrack) Writer(s): M. Altman, J. Mandel

Through early morning fog I see Visions of the things to be The pains that are withheld for me I realize and I can see

That suicide is painless
It brings on many changes
And I can take or leave it if I please

That game of life is hard to play I'm gonna lose it anyway The losing card I'll someday lay So this is all I have to say

Suicide is painless It brings on many changes And I can take or leave it if I please

The sword of time will pierce our skin It doesn't hurt when it begins But as it works its way on in The pain grows stronger, watch it grin

Suicide is painless
It brings on many changes
And I can take or leave it if I please

A brave man once requested me To answer questions that are key "Is it to be or not to be?" And I replied, "Oh, why ask me?"

Suicide is painless
It brings on many changes
And I can take or leave it if I...

Suicide is painless
It brings on many changes
And I can take or leave it if I please

Suicide is painless It brings on many changes And you can do the same thing if you please

I never understood what people are thinking when screwing over everyone else for percentages of the take, action or loot only to forfeit everything even your body making the final trip out of here, in a decorated box, covered with flowers, riding in the back of a black limousine – and then spending eternity forgotten in a grave yard, rotting into dust ENCHAINED to all that baggage. If that is what life's about, what is the point of living! What matters? VA ARE READING THIS? ANSWER ME, WHY? THE END COMES DOWN THE SAME FOR EVERYONE HERE – NO EXCEPTIONS NOT EVEN YOU NAZIS!!! SO WHY?

The saddest damage of all goes to the real Greatest American Heroes.

~OR~

The Other Victims of VA caused suicide & neglect: Families and their children suffer VA abuse the most.

After discharge in 1980, in not being able to stomach a growing body count from suicides among the men with which I served, I limited contact with them. I did not lose a single man on duty; the losses came after discharge: SUICIDES. Do you want to know what is helplessness? I could not do a goddamed thing to stop it. That is HELPLESSNESS. VA was not there for even one of them, either. The tragic stories went like this: did you hear about Roger? His fourth wife was leaving with their kid; she could not live with a crazy Vet any longer. He blew off his head with a 12GA shotgun loaded with magnum, double 00 buck. He pulled the trigger with his big toe still stuck in the trigger guard when authorities arrived on the scene. Their daughter came home from school and found him first... Cause of death recorded on death certificate – gun-cleaning accident. The only blessing in the cover up is that his life insurance took care of his wife and kid posthumously. That girl will be an emotional wreck for life if she does not end it later in adulthood like her dad. Where were VA and America for Roger and his family? -Or- Inman, his wife left with the kids. He loved those kids. He went crazy 'got drunk' and crashed his car into a concrete bridge. Authorities say he hit it at over 100 mph, and they had to scoop what was left of him out of the wreckage. Police ruled it a drunken driving accident. Both men left paid life insurance to care for their wives and kids; both loved their families that along with VA & Amerika abandoned them during their hour of greatest need. Why is it that US lame-mass media and Feminazis never mention the majority of men who do take care of their families from the grave even when abandoned by them as in these two aforementioned cases? The blessing in mislabeling them to hide this country's shame as 'other causes' instead of suicides is that insurance paid when otherwise it would not for suicides. **However, they do** count in the suicide epidemic total tally even though VA refuses to count them as such. Furthermore, where were VA and America for Roger, Inman and their families? Want more!? Often a Vet's last hope and anchor to living is his or her family, spouse and kids. The Vet has no idea why s/he acts so crazy but knows something is wrong; so does the family. The VA and other institutions tasked and getting well paid to help us do not or cannot. Out of fear for their jobs they refuse to admit it! Civilians are just as clueless as VA, mostly. When a spouse has had enough, files for divorce and leaves a troubled veteran that loss is the last mainstay of meaning that a Vet has to life; that final betrayal is what self-destructively puts a hangman's noose around the suffering person's neck. What lawmakers, pontificating American elites, and especially VA refuse to understand is that a

Vet's family underpins each Vet! Losing that is the end of life for too many. I simply could not take it any longer. To save my sanity and survive, I had to break from that; with a family to provision, I had to be there for them. Moreover, I fought suicidal tendencies, too. I left Military but it never left me. It creates social misfits then tosses us back into the social dustbin as eccentric citizens of nowhere. Only a complete moron reasons that military can pluck a nineteen year old fresh out of high school, brainwash s/he into military culture, run them through a war meat grinder then when finished expect that person to seamlessly meld back into US society normal, healthy and hale!!! Yet that is what our 'fearless lootership' is doing with grave consequences to this nation. Depression is when one loses what it means to be alive and does not fit into the world anymore. S/HE IS LITERALLY A CITIZEN OF NOWHERE! Medical treatments for that are impotently destructive, and causing more harm than good – especially those crazy VA therapists and their damned drugs. To survive, alone I had to evolve unorthodox coping strategies in a toxic environment that worked only for me. Where were America and VA during all this? Abandon, betray, deny, shame, scapegoat and delay, until we die, oh yes, parroting hypocritical Socialist slogans such as 'thank you for your service.' That was before the now ex-wife and kid divorced me, too. I lost my last mooring to life, which resulted in my first failed suicide attempt to escape the pain. I barely survived that loss. VA was AWOL, of course. One never hears about families shattered by the same armed forces related problems destroying active and ex Military personnel. All I received from VA and America were denial letters, typed in triplicate with government issue carbon paper between onion skin parchment. A very common statement I hear from every Vet at VA, age spanning from young to old is: I am not married anymore. Every one of them says it with forlorn, pensiveness of deep regret, sadness, and heartfelt loss. They have a hole in the soul that never heals – ever. Words fail me to describe their sorrow differently. Wars waged so that Americans can live well off war profits; war is good business; invest someone else's families, sons, and daughters. Everyone loves her free ride and lunch so long as it is someone else's flesh and blood paying for them.

One never knows what he or she has until it is gone.... American cowards you will learn the brutal meaning of that when your freedoms are nothing more that a casual footnote in an ancient, archived history book that you need police state permission to even touch.

CHAPTER 25

Amerika: land of phony wannabe TV mass media talking-headed-zeroes and other losers.

~OR~

Meet the true unsung invisible heroes that few of us ever hear about.

VA is not caring for US Vets! The many unsung heroes are invisible spouses, parents, siblings and other family members, neighbors and often complete strangers are doing the actual care taking. VA simply profiteers, grandstands, propagandizes and plagiarizes, by stealing their credit and copious amounts of tax dollar budgets for what others actually undergo and do invisibly.

My dad was a Korean War Vet, which precursed Vietnam War; it did awful things to him. When one is fighting demons, s/he does not see anything but monsters. Not a spouse, kids, not even a self in the mirror only Devils. He did great hiding his horrors, mostly – but sometimes when the raging beast overcame him it attacked swiftly, viciously, brutally, and violently. I briefly saw it in his eyes during 'a mood' as we called it. Dad was not in there; something else beyond evil possessed the man. Parents tell kids that monsters do not exist. Oh yes they do. I saw and experienced them through the eyes of my dad! He never remembered his rages; I can never forget them or the bloody, violent, **brutality...** I know other kids in America go through the same hell and demons with their abandoned, war-broken parents who never not get any help either!!! My dad certainly did not! All he got was punished, condemned, and scapegoated for Korean War injuries not of his making. The difference between then as a child and now as an adult is that I understand why he was the way he was and why we children suffered, too: military and War create and bring out vicious animals from otherwise gentle, civilized people. However, as a terrified child staring into the face of the 'god' that created me in his likeness and image, I could never understand why the demons of his War unleashed their fury upon me...perhaps the 'sins' of our fathers and now mothers not of their making passed onto their children? Let us not forget the families destroyed by those sins, too. Where were America, politicians, AFGE unions, VSO's, VA, and Vet helping agencies for Korean Vets like my dad – and their CHILDREN, AND FAMILIES - when they were salvageable? Maybe later - came too little, too late for them and my family and the thousands of families like us. Funny how each passing generation erases such crimes until they re-manifest in descendants - the children. Every time VA abuses a veteran that Nazi agency abuses their spouses & children the worst. Moreover, such child abuse is just another subject Amerika pays off with lip services. One can tell much about a country in how it cares or does not for the most vulnerable of its kind; children, veterans, & old people. Amerika grades a shithole minus, minus. Living with a crazy Vet is tiresome; all but the strongest of women, now men, kids, and relatives can successfully do it. Mom was a tough woman

putting up with my dad; the ex-wife did her best with me, too. I harbor no blame against that woman; the problems were too monstrous for us – alone. Maybe with the help that she and I needed...and sought from VA but did not get, we would have had a better life that might have been, which now is too little & too late. However, I have to live with my problems; she does not. Veteran suicide has existed in US since WW1, but then as now America's national disgrace remains covered up as 'other causes' of veteran death hiding America's disgusting dishonor that our soldiers, their families and children are forced to carry alone. Not much has changed since the 1900's except, perhaps, better lame-mass media PR, lip service, and Socialist propaganda hiding a US national scandal of biblical proportions. Those who protested Military conscription against war learned same, as did I: we had nothing to lose in not cooperating with US society and culture that were our true enemies. Only by losing everything that since childhood I was misled to believe was worth honoring and defending did I come to realize all of it was for nothing but dust blowing over an American wasteland. I paid a life, but kept my soul, learning that humble lesson. Humans are masters at creating dust idols and 'gods/goddesses' to worship and scapegoat for the race's frailties: humans carve their fears into idols and then believe in, demonize and worship them as 'gods.' I lost it all to learn nothing plus or minus nothing remains nothing. It is all dust. America loves her Veterans so long as we stay out of sight, mind, and are not a bother, do not cost the nation anything, while paying for the country's first class free ride and lunch tickets.

Meet the true American heroes; you probably live next door to one or more and do not recognize s/he. VA is among America's Queen bitch of thieves; she steals and takes credit for veteran care from among the nation's myriad, sundry, mostly invisible – true, unsung, heroes. Families, spouses, friends, good Samaritans, volunteers, neighbors, private medical care, state, county, municipal and private insurance, local, state and other federal medical and benefits systems such as Social Security, Medicare, Medicaid, state, county and local hospital districts, clinics – **some** veteran charities...too many vet charities are sham profiteers exploiting us and that is a fact – an extremely, very few religious organizations and the list goes on!! Social Security, municipal, county, state and pyt disability insurance programs pick up and pay for a lions share of the valid, veteran disability claims that the VA sham kangaroo judicial processes flatly denied outright. To put it another way, deadbeat, freeloading VA is off-loading budgeted work and costs, taking credit, stealing and mooching off America's private, public and personal safety nets, in addition to robbing taxpayers stupid, while not doing the tasks that it claims to do, and the elected lootership in Washington DC – DC stands for does not care – are serious partners in the dirty trick organized crimes shifting those costs into strained personal, family, state, county and municipal budgets. *To put this another way, that company misappropriates* funding while shifting a lions share of its work onto other people, institutions, and governments to pay and do, while keeping the 400 billion annual budget taxpayers pay it directly. War costs draining local municipality, county, state, personal and family budgets enriching freeloading Veteran's Affairs Dept largess exploiting the nation and her veterans. Remember that next time you get nicked for sales, excise, vat, income, property,

excise, and myriad, sundry other taxes, fees, ad nauseam...think about how much that freeloading bureaucracy robs from you to care for VA and its friends instead of our veterans and their families. VA says, war is good for business but only when investing your resources, kids and families into the meat grinder feeding it. VA loves her free lunch and ride parasitically sucking on taxpayer sugar tit. VA gets richer while the nation grows poorer. HOW SOCIALIST. VA since you persist in being a blood sucking parasite, stop killing the hosts.

CHAPTER 26

Stupid is as stupid does; same for 'free' VA benefits. ~OR~ Ditto.

Free VA benefits? There is no disgrace in ignorance; however, remaining ignorant is disgracefully known as 'stupidity.' Einstein quoted, 'the universe has limits; not so for human stupidity.' Rumor has it that Albert wrote that after touring the North Texas VA. Raka, the sheer magnitude of public ignorance bordering on stupidity!! At military discharge and off-boarding over 40 years ago, our group attended an out briefing about VA benefits led by one of *our* squadron officers, Captain Pybus. VA was not there to self-represent. I never forgot it; he gave us handouts of greasy, smeared, mimeographed copies of VA materials then standing next to a flip-chart began the meeting with this forewarning: 'I am here to brief the group about benefits you earned that VA claims to offer which none of you will ever receive...' How prophetic was he. I stayed in contact with some of our group and all of us dropped out of the VA benefit chase for job and civilian re-transitioning aid, GI Bill, housing loans, medical, and C&P within weeks or months after discharge depending on each person's tolerance for undergoing the institution's racism, bigotry, humiliation and scandalous treatment of us in seeking 'our earned benefits.' I swore then that I would die before ever setting foot in another VA shit-hole. People of that institution treated us worse than biting insects. Some of the guys with serious untreated problems cracked up and/or suicided same as they do today. Nobody in the US cared; we were dishonored blame goats for losing an unwinnable Vietnam War waged by US Socialists: it was their war in toto! In some parts of the country, if one were discovered active or ex-Military, he could get beat up, crippled or murdered. And many men suffered such intolerance. Nothing new there, when on active duty for our safety we were forbidden to wear military uniform off base or visit certain local businesses because of confirmed hostilities against military personnel. Businesses cheated us, employers discriminated against hiring Vets with excuses such as, - 'we cannot use Veteran skills' aka we do not hire

damaged people. Or my favorite, "you are over qualified..." State unemployment employees refused to help and berated us. When I applied for unemployment and began a new job search, while still on active duty weeks away from discharge, an adult female Texas State Employment Commission employee caustically said, 'you will never get a job...return to Military because that is all you are fit for...' In hindsight, I believe the whole system was rigged to drive us back into the military, especially then. Recruiters called for over a year after discharge 'hounding' my return. After Vietnam War ended, US Armed Forces had a massive experience and brain drain when enlistments were unfrozen. That placed a heavier burden on those of us who remained to perform tasks of 5 people. Manpower shortages were critically acute because the all-volunteer Military could not replace personnel losses. Serious accidents involving nuclear weapons and more escalated because the old 'brown shoe' kick men in the ass and work them like machines mentality of top brass did not change with the times even in a post war time environment. SAC had the worst divorce rate of all the uniformed services. Morale was at its lowest – especially after Neo-Socialist Jimmy Carter's announcement January 21, 1977, which drove even more of us out of uniform including me. AWOL and desertions were epidemic. Nobody cared. Why 'sucker' to an ungrateful, despicable country. The movie Rambo, which was mostly Hollywood lies, did have a core truth about how America mistreated Military personnel and Veterans. When active, one never wore his uniform off base and hid it in the closet with other oppressed minorities. I kept my Veteran status secret; should anyone suspect and inquire about it, I simply changed the subject or silently walked away. The disgrace was that great and nobody cared about ugly, hated American soldiers or Vets. As a passersby, I overheard someone in a group of young people at a local Jr. college sitting in a student body lounge snigger that 'the only good soldier [GI or Vet] was a dead one...' the whole group agreeably laughed. Veteran suicides were pandemic then too, but nobody cared. The shameful, ugly Veteran remains with me for life; it was not until renewing my driver's license at age 65 that I overcame it enough to have 'Veteran' added as part of healing carried dishonor. Too many of my fellow Vets could only heal by suicide. I nearly did so many times; nearly, and still have the spent pistol shell casing from a failed attempt. When pulling the pistol trigger, it only went click with the muzzle buried deep in my mouth aimed at the brain stem; I did not have strength to pull the trigger a second time then; however, the same loaded gun and cartridge fired flawlessly in a bar ditch outside city limits a few days later when pulling the trigger a second time. Every day I struggle with suicide. VA's answer, call 911 or the crisis 'helpless' line or go to a private free clinic but do not bother us: thank you for your service...and our profits, free lunch and free ride. THAT IS SOCIALIZED HEALTHCARE! To see it in action, visit any VA clinic and say I am suicidal; staff scatters like cock roaches running for cover under their rocks and all point in general direction of MHC, ER or maybe towards the exit; it is hard to tell. I should be dead but something confines me here for a purpose. I continually hear that ex-military get free healthcare and other benefits; the most expensive free I never got! I do not qualify for much by refusing to sell my soul in the disability game with VSO, C&P and VA kangaroo court judicial tribunals spending decades fighting a corrupt system for a monthly benefit check and 100% rating. Another Vet told me if I do not fight them they win; nope, they lose and so do you. This same man is gagged and terrified with every rumored or

real policy change out of Washington, DC or VA threatening his benefits. Decades ago to win his claim, he hired a law firm when they accepted consignment VA cases. It required well over a decade to do, and he had to reapply and fight for benefits reinstatement after some button pushing back office dweeb denied them again. When Washington cuts budget, Veterans take the zero not Socialist bureaucracy. Now he is too sick and old to fight and terrified of again losing his stipends. Many more are enslaved same as he. So who won? Moreover, currently lawyers refuse to take VA disability cases at all citing it has a unique, closed judicial system [very criminal, corrupt & political] that locks them out and is not worth pursuing. It must be well beyond dishonest when US legal industry refuses, for the most part, to represent people in that adjudicator process. Moreover, law firms do not have 10-15 years to settle a case; most Vets my age and health condition do not have that much precious energy, life or time to wait anyway. VA knows that and simply waits us out until death do we part. That whole process is just one more example of US government contradiction killing time until that kills the people it betrayed. Civil tort lawyers are capitalizing on VA's Achilles heel of wrongful death lawsuits for Veteran Suicide epidemic highlighting the facts that VA is not and never has done enough to stop it. Sweet justice from beyond the grave for the men and women who sacrificed to raise awareness and help survivors get the care we need. Again, too little & too late for them but it is a start in the correct direction.

CHAPTER 27

We Suffer and Die Alone.

Suicide is not cowardly; <u>COWARDLY</u> is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

A few years ago, a friend, neighbor, and Purple Heart Vietnam Veteran named Bill died from dioxin exposure aka Agent Orange and other War related chronic illnesses, skin diseases, and cancers. Same stuff that is killing me. It was horrible. On his deathbed, he bitterly uttered disgust at America, 'Nobody wanted to hear the truth...about [the] Vietnam [War].' He fought that conflict in his soul every day and night. His wife, Military and Veteran spouses are the true heroes and strongest people alive, stayed with him until the end. She was the unsung champion who cared for him not America or VA. Only now, years later, does she talk about the dark times they faced together caused by that damned confrontation and from the lack of care he got from VA and this country. Passing released him from his suffering and shame. Bill was drafted into three consecutive tours [3 time loser] in Vietnam and for what? To suffer and die horribly?! I know/knew too many like

him; some of the sons and daughters now follow in their father's and mother's footsteps burdened with duty of the Middle East Wars. Are they healing tormented ancestral ghosts haunting their souls? I have known too many Veterans like Bill who, after a lifetime of misery, languished, suffered, and died rotting away alone at home or in an institution during their final years, months, days, and moments. Constant pain turns seconds into years, I can tell you that much. I would not wish this on an enemy if I had any not even VA...but it is tempting – If I could curse them with it – tempting. We are isolated and forgotten, in our pain and misery out of sight, mind, and concern of the shit-brained Americans we served. This is a nation of patriotic parasites that frottage their jingoistic, narcissistic egos thinking how wonderful are they that Military and Veteran martyrdom sacrifices for *them* just to make their lives better. Sacrifices exchanged for trite slogans of 'thank you for your service,' and worse – hypocritical, phony gratitude that to most of us is gut wrenching acrimony from 'we the cowardly sheeple' who want others to martyr for them so they can enjoy largess of a peaceful free lunch on a leisurely free ride. Enjoy it; you never know what you got until it is gone...

Suicide is not cowardly – it kills the pain forever. Do you know what is cowardly? A nation, its institutions and people that abuse and torture one so badly she or he chooses to take their life to end the suffering. Only cowardly America and VA could sink so low in sewer filth profiteering from veteran suffering and suicides.

CHAPTER 28

The Gentler, Kinder VA ~OR! Not a chance in hell!

'Choose VA for the benefits that you deserve,' claims the latest full size billboard advertising slogans posted all over the Dallas-Ft. Worth metroplex augmented by the same message on Sunday morning TV ads, aired during the cheapest time slots. I cringe at the sight of one. The underlying intent is to lure more Veterans, insured and otherwise, into supporting that system in exchange for broken promises. Remember, VA is a government run HMO that gets paid 'capitation' for each active Vet on their rolls; more numbers mean more money for doing nothing! The worst, Socialist healthcare system in America cannot provide adequate or even marginal care to existing customers, which is less than 8% of total US veteran population, contrary to claims otherwise while chasing after new ones!

There is an old saying, "never neglect existing friends [or customers or patients] when pursuing new ones; that is a recipe for losing them all. VA seeks to stem losses of Veteran numbers with schizophrenic 'Magic Think.' That is how their PR-propaganda departments work: if they dream & publish it, poof – magically, everything is now that... much like 'Washington, DC Think.' Except in real life, fantasy does not work apart from children's nursery stories or Hollywood castles in the sky fantasy Productions. Over 92% of all US military veterans – the Smart Veterans - are voting with their feet either by never setting foot in a VA facility; except as I did in desperation and under extreme duress on the way to a morgue, to keep disability status active or after learning their lesson and <u>departing in toto for better care elsewhere – as I have, again.</u> Whether in part or completely does not matter – increasingly Vets are abandoning VA while the agency seeks to attract and keep more paying customers same as private sector without delivering quality or value for the money. Their outdated propagandic boasts of equal care to private firms come from the early 1990's plagiarized from Clinton/Kizer era.** I contest VA claims that it delivers quality care. Overall, I do not get my money's worth, which is the face of US Socialism: pay us special snowflakes simply to exist. The agency seeks to compete for lucrative business in free markets while holding to an archaic monopolistic-government attitude: all we want is perks & money. Take it or leave it because we do not care, which is easy to do at taxpayer expense and captive clientele of ill Veterans with no place else to go. Consequently, the noncompetitive bureau languishes and fails in a competitive environment. Epitome of that powerlessness is latest appeal to US nation for the people to help stem the VA caused Vet suicide epidemic. That 'crybaby, it is not our fault' appeal clearly exposes the agencies impotence to truly help us with our problems as it is chartered to do, and as it has historically and now seeks to do by dumping its tasks, onus, and responsibilities onto someone else while keeping their 400 billion dollar annual taxpayer support budgets paying them simply to exist: pay us special buttercups for breathing.

** footnote on VA, Hillary Clinton and Kenneth Kizer

'A lie is a lie even when everyone believes it; truth remains truth even when nobody believes it. Adolf Hitler.

**A pervasive and widely held lie is that veterans get "free' healthcare and benefits on par or better than the private sector medical is now a commonly believed, persistent, propagandized lie. Here are the historical facts – you figure out the rest. During the Clinton Administration, first lady, Hillary Clinton's plan was to sell America on Socialized Healthcare. She needed a working, sterling Socialized example so chose the VA as her model. Armed with a presidential decree she gave VA an ultimatum: reform into that sterling model or else. Hillary needs no introduction: she has sharp teeth and a very nasty bite. In 1994, Clinton put Kenneth Kizer in charge of the VA healthcare system, as Undersecretary of Veterans Affairs. The new sheriff over that agency had large teeth and nasty bite, too. Kizer among his many accomplishments, reformed VA; he modernized the VA's computer systems, fired poor-performing doctors, support staff, and established

private-sector-style metrics to measure the VA's performance on things like patient wait times, care quality, service, etc. In other words, during his five-year tenure Kizer reformed VA into a top-performing healthcare and benefits institution notwithstanding entrenched, status quo 'good old boy and girl' interests dead set against him derailing their gravy trains. He & Hillary created a long overdue mammoth train wreck from them to provide quality Veteran healthcare providing veterans the benefits they earned deserved for the very first time in VA history. They turned VA healthcare and benefits into a crown jewel of what healthcare can be and a highly envied example by the US medical care industry. They did it without more legislation, laws or increasing VA budgets from Washington DC. Hillary is a lot of things but she and Kizer did what Ship of Fools US Congress and all their cronies could not and still cannot do: true VA reform making that a first in the history of Dept of Veterans Affairs and that agency cannot take one whit of credit for that historical accomplishment! However, all good things end. After Clinton left office and Kizer resigned from VA 5 years later so did their success story. Recidivism quickly reclaimed the institution to its former cesspool disaster run by status quo 'good old boy and girl' special interests: VA, VSO's, Congressional political pork, AFGE union, misc crony's, internal corruption, etc. They restarted their gravy trains robbing taxpayers and veterans to pay for their free ride and lunch. All the while, plagiarizing & stealing credit, hiding behind claimed and published accounts that it never did from accomplishments during the Clinton & Kizer era VA golden age. VA is now considered the worst healthcare system in America yet perpetuates commonly believed lies to the contrary. Ref credit: Avik Roy, Forbes Staff writer.

CHAPTER 29

AFGE, unionized civil service workers do not give a damn about veterans.

Do not touch my job. Represented workers are enigmatic. Rank and file civil service employees are nearly impossible to remove or fire. Such job security gives them no incentive to perform, far too many do not except as dead wood, which drags down the rest, lowers overall efficiency, and morale, increases costs and worse. Socialistic Unions do more to preserve and defend the horrible warning employee than anything else except self–preservation. Heaven help anyone who does the job for them. In my 35-year experience with unionized employees, I found that many rank-and-file represented employees would expend more resources objecting to others performing their neglected work or avoiding it entirely than what it takes to just do a job outright. For example, a VA clinic primary care doctor frustrated with urology clinic at VA Dallas Regional ignoring a UTI in one of her

patients. After repeated contacts urging treatment that Uro clinic ignored, of her volition she prescribed the medicines in which to do so. Voof!! When Uro staff discovered that she invaded their turf, all hell broke loose!! Never mind the patient, who suffered for months with a raging, untreated UTI. She guit for another job with better working conditions. I hated to see her leave. Nephrology clinic at regional, playing politics with patient lives, refused to assist a primary care provider located in a satellite clinic seeking advice treating severe anxiety and hypertension in a kidney disease patient. That is not your job; make an appointment and send the patient to us at VA Dallas Regional hospital. Out of desperation, she instead referred the sufferer for immediate care at VA Regional ER 60 miles away. That MD unexpectedly left, too. In retaliation, the offended doctor at the nephrology clinic placed "DO NOT TREAT" on the veterans file. VA management cannot figure out why the institution has a physician shortage?! Competent doctors are the most independent people in America. One can go anywhere at anytime and hang out a shingle: the doctor is in. Once people know that s/he exists customers fill her waiting room. Doctors go to medical school to be physicians not clerks and office grunts. Try as it does, VA cannot turn **real doctors** into lazy bureaucrats. In actual life that does not work, which is why VA cannot attract and keep MD's: they are physicians not bureaucratic grunts. How long would such political shenanigans go on in private medicine without severe consequences? Every private sector PCP I have ever visited will first attempt management of a patient complaint unless the disease is too far out of provider expertise in which to do so. In such cases, s/he issues a specialist referral; most all HMO plans require that in-process procedure; many stand alone insurance companies do too before paying a claim; all but government run, Socialist VA medical care. If private medicine ran business like that bureaucracy, the whole industry would fold into oblivion overnight. However, private sector does not have deep pockets of the people's taxes financially propping up government system failures, which now rob private resources, too. Want proof? See USPS heading on the express train towards extinction. Should Congress do to VA what it did to USPS, ditto, proper! VA is heading to historical dustbin of self-extinction evidenced by Socialist parasites are eating each other as hosts dry up, which is a common pattern in the fall of all major Socialist empires throughout recorded human history. US Supreme Court Reversal of the 1950 Feres Doctrine, enactment of the Federal Tort act and US high court go ahead for class action lawsuits against VA and its personnel finally give veterans a real chance at justice outside of VA kangaroo, Nazi judicial injustice systems. For the first time in history we have avenues for real redress against that evil empire. Liability is sending VA to the extinction dustbin where it belonged a century ago. Liability is forcing VA to offload services to private sector and discharge the hundreds of thousands of useless unionized civil service freeloaders to the unemployment center. Loss of legal immunity enjoyed for a century also sends many of them to prison for their Nazi, evil, deeds crippling and murdering veterans. Good riddance VA parasites. years of US Socialism fails, proper.

The Machines finally terminate the VA, and it ain't Arnold Swarzeneggar!

VA heavily promotes 'health e Vet,' and other automated services, which are online DIY services. Using them, VA claims that Vets can schedule appointments, and tel-e-health visits directly to providers and perform sundry clerical tasks. This is a big plus for attracting tech savvy younger Vets. However, this march into the 21st century brave new world of virtual medicine exempts older Vets and those without affordable Internet access or skills to use it. Moreover, their systems are horribly complex, which is fine for younger people but excludes a vast segment of older patients from access without optional recourse to accommodate them. For instance, I know a senior citizen Vet age 70, and 3 time loser of the Vietnam War. He was so crazy brass sent him home permanently before doing a forth tour in that War theater. He was another My Lai massacre waiting to happen. Three tours messed him up very badly. He spent over a decade getting VA disability 100% rating and monthly benefit check. Then after that fought over the next decade for two benefit reinstatements when some denial button pushing kleptocrat re-denied them. That is why the brave coward back office benefits adjutants need to face the people and tell us 'no' to our faces; I've known this guy for decades. He can be creepy; that war messed him up badly. Choose VA for the benefits you deserve? His son, a Middle East War Veteran, along with his wife support, house and help him with self-care – not the VA! Recently, because of Covid, his physical PCP appointment was changed to a phone interview. No one told him of the change. His son discovered it by accident, and had to help conduct it. VA lack of communication with we Vets is one of the number one complaints I have with that corporation!! What would this man do without his son's help? How many more Vets suffer the same neglect by VA? Perhaps this is part of the hopelessness driving current <u>Veteran Suicide epidemic?</u> From my perspective, health-e-vet is another geriatric barrier for the large demographic of declining older Veterans to access VA, which adds to an already existing myriad, sundry, labyrinth we face negotiating it. This ruse also reeks of another VA plan to deny care to Vets and blame them as reason why to get paid for nothing via capitation on a nose count not on performance or product. Can you say Phoenix AZ scandal redux? Another instance blocking benefits to Veterans is the maddening, unnecessary complexity added to everything it does. Phoning in a prescription to Walmart using their automated system takes less than 3 minutes; whereas, the same phone call to VA, when one can get through perpetually clogged phone lines, to refill a script requires myriad menu selections, lengthy messages that require over 10-20 minutes to accomplish at best. One fat finger selection resets a person back to start or disconnect. Of course lack of communication with us and providing no instructions for using their system compounds the matter. One must repeatedly fumble through until learning the quirks. VA's monopolistic attitude is take or leave it. I am leaving to private sector healthcare following increasing numbers of fellow Vets who have already done so. VA's attitude as a taxpayer

supported Socialist monopoly is that we are paid for existing and are doing vets a favor just breathing². Technology threatens job security of desk clerk, gofer–nurses, back office loafers and similar useless eater, dead—wood bureaucracy. Some of my nastiest experiences in VA deal with these people most especially bloodless back-office, cowardly, administrative officials. They provide very strong incentive for customer self–service to avoid their spiteful, uselessness. Of course, they are protesting their technological replacements while cutting to the chase of an unemployment line, where some permanently damn-well belong! Each exiting Vet places their jobs in jeopardy even more. However, in parity, I have seen this phenomenon in US businesses everywhere but above all in unionized shops and bureaucracies. The consequences of fostering toxic work environments are serious problems and bankruptcy. Toxic work environments destroy companies, customer bases, employees and people! No commerce is immune to a venomous employee environment that destroys good employees and customer patronage – not even government. When an honest, ethical employee has to fear dishonest, unethical coworkers and supervision to do a job, that spells disaster in toto. In nearly every case, employee passive or open aggressiveness and hostility towards customers in a toxic work environment, excepting individual natural troublemakers, is nearly always a mismanagement issue, which is not peculiar to only the VA. US business has a severe mismanagement problem in toto. Everything about that government agency from my personal experience is designed to deny and block Veteran access to receiving claimed benefits that s/he earned during Military service. Just as Captain Pybus forewarned us at discharge almost half a century ago.

²Hiding VA crimes depends upon keeping every complaint, secretly, quietly internalized within that closed system. Secrecy is why Hitler and his Nazis surprised a sleeping world fully prepared to fight and win WW2. Secrecy is how Nazis got away with the holocaust. Even Amerika had its head in the uplocked position. Publicity or taking your complaints to the streets exposes them hiding in the darkness. Use it!! Two years ago, a local veteran discovered an unknown & largely secret VA clinic nested in a North Texas suburb, and part of the 1 star rated North Texas VAMC Healthcare system. Note: the rating system is 1 to 5 where 1 is lowest and 5 the highest; in other words that system is rated 20% out of 100%. Posted all over the property were signs that only veterans with 70% rating, over age 55, and other draconian restrictions would be seen at the clinic. Clinic staff turned him away because he did not meet those 'posted' qualifications. Instead of giving up and quietly going away, he called 'news beat' investigative reporter at a local TV station. Armed with reporters and TV crew he arrived at the clinic and challenged the culprits on camera. On the 6 o'clock news, scenes of all the signs clearly posting 'the rules,' an empty parking lot but for a few employee cars parked in 'staff parking only' and very upset employees, management, security and more aired at his intrusion. Most of the footage recorded from public property played on the news. Federal privacy laws prevented doing so on and in govt facilities without releases, which VA predictably refused. All the PR spokesperson would say was, 'those rules are only suggestions...' and nothing more. Not according to the very, clearly, posted, written 'rules' or the turned away veteran who did not meet them. The empty parking lot said it all...few if any vets ever got treatment because of those supposedly, 'optional rules.' So what were VA personnel doing all day long? Most did not even come to work! Needless to say, a 'news-beat' follow-up showed all signs removed; however, VA remained mum about other changes because of that unwelcome publicity exposing what it was doing. Never underestimate the fury of a PO'ed veteran with the guts to take his or her complaint to the streets. Only one veteran made a difference to the many now getting help

that otherwise would be denied by lazy VA civil service, clinic staff, robbing taxpayers stupid. That is Socialized, govt run healthcare!!! I expect his records were marked 'whistle-blower' and he faced retaliation such as 'DO NOT TREAT' and other punishments VA employees are wont to secretly met out. At least our hero could face self in the mirror every morning for standing up for his beliefs. When calling someone a dildo that desperately needs to be called a dildo, expect to take some flack for doing so!! That role model sterling example of a veteran is one of my kind – a true hero with guts to stand pat for what he believes unlike civil service dildoes working at VA. 300,000 veterans died on secret waiting lists at VAMC in Phoenix AZ. What happened there, veterans? Again - one squeaky wheel veteran got a whole clinic of deadbeat, freeloading, civil service dildo parasites off their assets and sick veterans some badly needed help. All it took was one courageous veteran with guts using his wits to open that clinic to deprived veterans. Remember over 300,000 denied vets who died on secret hospital waiting lists? What happened there, veterans? Dad had a name for those Aunt and Uncle Tom and Tim veterans calling them 'Hooray for me the hell with 'everyone else," selfish bastards aka dildoes. 300,000 dead veterans because no one spoke up is a lot of 'everyone else's.' You cannot tell me no one in that area knew of those abandoned veterans, especially veterans who simply looked the other way while thinking, "I got mine so who cares." OUCH!

CHAPTER 31

Mass Murder in the Rue Morgue, Clarksburg W. Va, VAMC ~OR~ Killer VA Staff Nurse Graveyard remains on the prowl.

Mass murders at Clarksburg VAMC W. Va, hospital shattered VA glass house of secrecy for an ongoing veteran genocide for over a century. In a spectacular VA 'dog and pony show,' A VA staff nurse pleaded guilty for 7 counts of murder hiding real numbers of 7-21 or more. She murdered hospitalized veterans sleeping in their beds and went unnoticed for years? Who in hell are these fools trying to kid? The practice is endemic VA wide. WW2 did not end Nazis; the slime culture relocated and spawned to USA and set up corporations as VA & BIA to continue its evil. Dr 'death' Mengele would be proud of his legacy in under new management VA Inc. America Division. Holocaust Nazi concentration camp doctor Joseph Mengele, nicknamed 'Doctor Death' well known for performing inhumane live human animal experiments on men, women and kids, once sadistically quipped that '...his Jewish victims were in total shock and disbelief at what he did to them." I understand that well from personally saying – in shock and disbelief – "I cannot believe what these VA people are doing to me!" I could not believe watching a VA employee lose it and in a violent tirade scream and cuss at a crippled man sitting in a wheel chair only a few feet away from me in a local Loop 820 Ft. Worth TX VA clinic lobby. The Vet was disoriented and confused and her actions made matters much worse. I moved to another part of the clinic during her bitchshit temper tantrum thinking what in hells name am I doing in here?! Too bad I did not have

an Iphone. That video would've been a hit on the net. Moreover, rampant racism runs in North Texas VA Healthcare system and that clinic incident made a good example of it: a black woman blatantly abusing a crippled white man in a wheel chair. That VA employee was insane!! I could not get a name; she had her employee badge turned in such a way that hid personal information. Seems that is how most all of them wear their company ID badges if they wear them at all. Secrecy seems to be the motif at US Socialist, Nazi VA facilities. After a video went viral on the Internet of a sick Vet lying on a VA, ER waiting room floor that hospital staff ignored for hours, VA tried to ban camera phones from their facilities to prevent people from recording such scenes and exposing them on public domain. Code of silence has kept incidents like that from the public for over a century. The video met with great public outcry and so did the ban. The agency's reactive policy served only to focus more public attention of an intention to cover up their crimes. The ban did not stay in effect very long and to smooth over that PR-SNAFU, it generously installed cell phone chargers in clinic and hospital waiting rooms for patients to use before appointments. The American public has become quite aware of how badly government is and has been mistreating Military and Veterans. To counter the self-inflicted damage from spreading, DOD and VA monitor Internet for such 'disturbing content' and issues take down notices and other police state 'freedom of speech' censorship removing 'inappropriate, disturbing materials.' To counter that, Vets and supporters moved underground distributing their messages and are more active than ever spreading 'censored content' about the institution's abusive activities.

<u>VA and Homeland censorship uses many sleazy methods to keep the public in darkness</u> about truth in this country!! Homeland Security paints Veterans as terrorists while VA promotes that and vets as mental cases nobody should trust or contact to discredit and smear our integrity, which publicly reflected very badly on those agencies as another PR nightmare. The ruse is nothing new and in both cases boomeranged very badly on both agencies!! One reason why Vietnam Vets and soldiers were disgraced and attacked was to discredit and smear our integrity so that no one would believe the truth of what happened in a country that US remains responsible for doing. 50 years ago we were painted as violent, gun crazy, maniacal terrorists and still are, which scared the public into shunning us. A lie is a lie even if everyone believes it. The Truth is Truth even when no one believes it – Adolf Hitter. Vets have nearly, exclusively, killed more of them via suicide to end their pain and stigma as scapegoats of this country's disgrace than other people, which shows the lies behind such police state propaganda. In other words, this country has by proxy murdered more of us than otherwise. When a rare vet-shooting rampage occurs VA, lame-mass media, and govt present it to American people as if it is a pandemic event going one everywhere. No it is not; these occurrences are extremely rare! And most of them are on military bases and soldiers killing each other! Rarely are civilians involved at all! This is why: an attack or guard dog is trained never to turn on its handlers or owners. Soldiers undergo that same brainwashing called Basic Military Training. The old person is erased and a military person is programmed into s/he. Part of that is never attack the owners & handlers. Soldiers suicide first, aka self-destruct or turn on another soldier! Socialist government controls lame-mass media and scares you buttercup civilians against finding out the truth of what it is doing.

Therefore the Socialist government you support does the equivalent of staking decapitated heads at the Palace Entrance to scare you off from finding the truth that most honest veterans will tell you!!! The bought off Aunt & Uncle Tim & Tom shill veterans lie because the state owns & pays them to do that. The truthful veterans will tell you the truth! That is what classifying us as terrorists and gun totin, rootin, shootin, nutcase murders is doing – scaring you away from learning the truth about this country and your government's war machines. When War correspondents published 'My Lia Massacre' in the US, Americans found out what they were supporting in the Vietnam War; that they were guilty of murdering innocent men, women and babies! That is what ended the Vietnam War! America turned against their Socialist government and military war machine to end it proper. Then because American's could not face that bloodshed on their hands cowardly blamed the soldiers instead! The lowest of cowardly actions by American people was punishing US soldiers who were victims same as the Vietnamese. We soldiers were punished in two ways: 1) we were drafted at gunpoint right out of high school into that war with a gun in our backs held by 'We the People' and their government. 2) They were blamed for doing their duty with two guns in their faces – one held to their backs by America and one in their faces held by a people defending their homeland against enemy invasion and occupation!!! The double bind or no win scenario. Many soldiers self-destructed aka suicided in Vietnam to escape their no win situation. The American people served as the state's and industrial-military's useful idiots focusing all blame and hostilities on victim scapegoats as distraction and red herring away from them as the true cuplrits and criminals! The profited very handsomely from that war using other people's resources and kids. Americans were to stupid to realize that they were blaming the wrong people who were the real victims and rewarding the true criminals behind the whole felony!!! As one of them, I identify with the victimized scapegoats and totally blame the cowardly American people and their Socialist govt for FORCING schoolboys into that situation at all!! This was nothing new! The longest, bloodiest genocide known to human history occurred on US soil when the Native American Indians were hunted to brink of extinction defending their homeland against enemy invasion of black and white illegal immigrant occupation since 1492!! Then America blamed them, the victims as usual!!! They were the real victims just like US soldiers in the Vietnam War! Jane Fonda was another scapegoat with her War protesters trying to awaken the dumb-mass public to the realities of Vietnam War!!! They all suffered for their sanity in asylum, Looney bin America!!! This country and govt owe one hell of an apology to Ms. Fonda, her war protesters, and those like her! Ms. Jane Fonda's Sanity and her protesters had the guts to stand up to an insane Socialist country totally in the wrong! When a population does not support a war it is over for that side!!! A dishonor that remains half a century later spread by US PC Socialists and the media puppets to cover up *their crimes* perpetrating war crimes in Vietnam and all wars before and since then.

Treason is our only name.

VSO's betray Vets of their due in toto. All Veteran org and VSO's sell out people they claim to help via unrewarded token pro bono representation. In a form of divide and conquer selection, they cherry pick easy cases to grandstand and show off that they are fighting to win C&P cases, publicly justifying their realization and pathetic existence, while betraying the rest of us, overlooking the tough work. VA handsomely rewards them for doing so! The closed system excludes representation of real due process through tort and Constitutional judicial systems of law. Moreover, by fragmenting into so many protestant, self-interest chapters, instead of amassing into a cohesive political power block, they divide and conquer Veterans in toto in return for massive kickbacks, payoffs and under the table rewards for selling out the people they claim to represent and help. These turds are worse than the most dishonest civil tort judicial systems!!! These special interests focus only on acquiring political power and empire building using us as doormats and stepping-stones to do so as means to their self-serving end. They rest at the absolute bottom of sewer filth profiteering from veteran suffering and suicide. Veterans are their worst enemies cooperating with that ruse. Too many backstabbing Aunt and Uncle Tim & Tom Vets look out for selves and let the rest suffer; their attitude is, 'hooray for me and to hell with you, I got mine, turkeys.' Veterans are profitable – invest your 'resource, families, sons and daughters' is the national anthem pledged by most all US Veteran help organizations and charities. Feed the war machine meat grinder that feeds us slothful and fat. The question that scatters them in a Tower of Babel: with so much help why every year in protest are Vets by tens of thousands suiciding, wasting away and dying from lack of it? 'Helping Veterans' pays the helping agencies very well while cheating Vets overall. Essentially VSO's are court appointed 'free' snake oil lawyers. These birds do not chase ambulances, They own them!!! We must rely on VSO services that are simply lap dog extensions watching their feed dishes filled by a VA injustice system: abandon, betray, delay, deny – lots of denial – until one dies. Then send all evidence to the shredder, burn and bury the body, casket closed – next! Free is what free does. Do not complain, Veterans; all of this is free and you get what you pay for; so, do not bitch about your freebies - when you will not fight and self-advocate! Every veteran I know who successfully got a disability award did so through a lawyer. However, it still took 10 –15 years to actually receive their due. By then too many died, or were too sick and were simply waiting to die. To people like us, money is of no value when fighting a fate worse than the mercy of death ending one's pain!!! When living is a fate worse that death...what is the damned point? VA-OIG is another toothless, paper lap dog intent upon monitoring its feed dish while claiming to serve ex-military personnel. After each bad act is known, the process is identical. First, media outlets get a 'leaked' story. Then legislators screech that they are "horrified and outraged" and "demand answers." Next comes yet

another perfunctory VA-OIG investigation that ends with "more training and increased oversight," which never happens; but, not one recommendation for redress, prosecution, termination or even demotions – ad infinitum, ad nauseam. Business as usual resumes after the dust settles. A great argument against government is to just take one look at the disasters created from almost everything it touches and aforewritten is epitome of that precept. The idiom that 'Nero fiddled while Rome burned..' is apropos here: Legislators are just as buffoonish. While Veterans literally self-immolate and 'burn' in protest these fools 'fiddle' around making more laws, signing bills and other useless activities. Unless followed, all the legislated mandates in the world are worse than useless! Yet, our clueless lawmakers continue to legislate useless folly while Armed Forces personnel suffer and needlessly die. The president's signature on legislation has yet to save one single ex or active duty Military person when his employees ignore and do not obey the law or do their jobs. We might as well have the 3-stooges running Congress and the White House for the entire good US elected looters do not for us.

CHAPTER 33

'Squeak, squeak,' said the lab rat, 'may I have more cheese?'

Most all active and ex Military personnel serve as expendable lab monkeys, along with dogs and cats now used with us in cruel live animal experiments. Veterans used as lab monkeys to overcome healthcare worker ignorance and advance medical science. Forget ancient conspiracy theories such as MK-Ultra, which is true BTW. Look at what is happening in your daily lives, America! Every GI soldier is removable, replaceable, alterable, and, EXPENDABLE. So are you Amerika. Have you ever wondered why VA keeps us cloistered into that system and becomes nervous when we go outside of it? Probably not. When on active duty, per UCMJ – 'Uniform Code of Military Justice,' laws, if a soldier visited a civilian doctor without permission, s/he could be court-martialed and imprisoned unless it was an emergency and Military medical care was inaccessible. The reason had better be life threatening!! Government knows far more of what we were/are exposed to and what it put into us as human animal experiments during Military service than we do. It fears civilian medical authorities finding this stuff and connecting the dots between our health problems, diseases, deaths, and those of sick citizen populations that are being exposed to the same chemicals toxins, infectious, emission agents and worse that we and claimed US 'enemies' are used to experiment upon. Americans ingest this stuff through the daily items consumed in food, drinks, even bottled water, school, and public health vaccinations and medical facilities. US and foreign Military bases are the worst toxicwaste exposure offenders of all. Vietnam for instance, Agents Orange and Blue, Ebola and many more Bio-gen, bio-warfare and chemical agents, tactical nukes, buried toxic-waste, buried undetonated ordinance and worse; a legacy that is still crippling and killing those people and Veterans of that War. Much of that stuff is stored and was used on US bases, too! The substances current soldiers undergo in the Middle East are much nastier. A closer to home example is Treasure Island in California – not an amusement theme park but an ex-Naval base sold to developers that built hospitals, housing, schools, daycare, parks and more on that toxic reservation. An extremely toxic-waste site that is sickening and killing the island's residents caused by buried poisons ranging from bio-chemicals to nuclear refuse. Research that tip of the iceberg example in the US. Moreover, American's consume these toxins daily from food, drinks, and environmental exposures. Globally, especially in USA, people today are sick and dying from diseases unheard of and unknown 50-60 years ago. Look around you! Vets are the medical coalmine canaries and with each death we have stopped singing the warnings! When in VA hospital, I waited with 20 Vets lined up and down both sides of a corridor for an MRI of our internal organs, some bedridden strapped to mobile beds, others confined in wheelchairs, the rest of us sat in 'taxi' chairs. We all had fluid bags attached to drain tubes out of our bodies. Of the lot, only three were in my age range of late 60's and older. The rest were in 20's and very early 30's. I examined their excrement bags. I cannot describe what was draining out of the men and women into them: green, gray, milky, blood red, black as tar, and worse. It looked like their insides were dissolving into their bio-refuse drainage bags! I have never seen anything like that! I was fortunate – not lucky – a lucky person would not have been in that miserable place – my drainage bag only contained bloody, infected urine, collecting from a Foley catheter shoved up my urinary canal. This is what it felt like each time that was changed monthly: imagine someone shoving a stick of barbed wire up through that tiny hole in your 'tooter' into the bladder, twisting then yanking it out *once a month*. Bonus prize – constant untreated UTI. 'Thank you for your service,' said the hospital scheduling clerk after making an appointment for next month's torture session that I had to drive 60 miles one way to undergo. I could no longer pee from total urinary system failure destroyed by toxic military exposures, which occurred gradually over decades, caused by toxic chemical and other exposures during military service. Same stuff that is slowly killing Americans. Chronic pain, skin lesions, and other body filtering and regulating system failures, and conditions are just some of the physical manifestations of what toxic exposures incubating over decades do to a human body. The urinary system takes the worst beating after the body filtering system: all that poison collects as waste for disposal in there! Nothing records and plays back a life more accurately than the human mind and body. These are my golden years playing back; on better days, the only 'golden' is pee in a drainage bag, which collects voidance through a rubber tube inserted into my abdomen; however, on **good** days the cess-bag is full of bloody urine and worse. After over 40 years incubation period, VA was very interested in this body; it tested, tested and tested more and even did extensive genetic, genome mapping and other DNA examinations that required several weeks for results to return from a special lab. The doctor who discussed some of it with me kept mentioning genome mutations...and other genetic damage, vagaries. I do not know what they did to me while in service but the

mutations are not good like in the *Xmen Sci–Fi* movie. Did you ever notice how movies give hints about uncommon things occurring now and hence?

CHAPTER 34

Quiet as a Church Mouse...

For a good education, visit, as a waiting room mouse, any busy VA hospital, or clinic to just nonchalantly blend in, sit, listen and watch. Pay attention to the number of derelicts and crippled; parking lots are your first clue; most of the spots are marked handicap only. Beware, two waiting areas exist: one out front and another behind a wall with cipher locked doors. This gives an illusion of fewer people holding for appointments. Staff is ever fearful that CNN or USA Today or other snoopy, undercover journalists might be hanging around. Worse still, is corporate undercover surveillance reporting back to the owners. Unless you have an appointment, only the outer chamber is accessible. That is enough. While waiting in Dallas regional recently, I overheard two frustrated VA medical employees standing in a side fover discussing shop. One said to the other, "VA is another chance for Veterans to suffer and die for their country..." The other employee snorted agreement. Very dark, ugly, core problems exist in that government run Socialized Medical HMO. Until one undergoes the experience, s/he cannot understand what people tell and write about theirs. Same for Jewish experiences with Nazis. Incomprehensible without experiencing the horrors personally. It is unreal until one does so; then the experiences become all too real. Whether a person is the direct or proxy object does not matter. As aforewritten, even Dr. Mengele's victims were aghast in shocked disbelief at what he inhumanely did to them as human lab monkey's in Nazi death camp human, live animal experiments. One cannot imagine the full magnitude of a holocaust survivor's experience without undergoing that horror. Nazi death camps showed the world what humans are capable of doing to each other. One simply cannot fathom recounts of holocaust survivors from those camps crippled for life by remnants of such monstrous terrors! Moreover, for some Americans it is hard to imagine at all, but that same scenario goes on in the US under guise of VA Socialized government run medicine. VA is a horrible warning to the USA! However, unless this country's capitalistic' medical ostrich's pulls their proverbial head from the sand and butt out the air, it will be completely nationalized into US-NHS very soon. Politics quickly denies, and claims, oh, that would never happen in America; such arrogance also claimed the USS Titanic unsinkable... FDR when signing Social Security Act in 1935 said, 'medical care is next.' The 1965 Medicare Act consummated his prophecy, and creeping normalcy in a sleeping America is doing the rest.

Mr. Obama's and AARP's Treason to US Senior Citizens.

Thanks to Obamacare or ACA, millions of senior citizens and other Americans found us in a black hole of unobtainable & unaffordable medical insurance and therefore no healthcare at the worst possible time of life. Most young people do not think about that until it strikes them in late stages of physical decline and old age wasteland undergoing dying and death. Our fate can happen to anyone in blink of an eye, which is by design. Only a fool believes our health problems are lifestyle driven; some perhaps may be aggravated by daily excesses but most are on purpose same as what happens to any experimental lab monkey. Doubt that: HCV in anyone born in USA between years 1945–1965. An on purpose 'Bio-virus' research project to monitor how it spread through populations and through medical ignorance that remained medically undetectable until 1991 when the disease became publicly, medically detectable and a basic test for it appeared without treatment or cure. Like AIDS and HIV, don't tell me sex maniacs and IV drug users or that it passed through one's parents are causes of having the disease. Medical ignorance did more to spread these infectious viruses than any other single cause! My favorite fairy tale for HIV is that "some horny African caught the virus screwing monkeys; then passed it on to the Homosexual community when he could not find any more monkeys" I swear, when HIV first became public in the 1980's US newspapers actually published that as reason – and stupid Amerikans believed it!!! The homosexual community became quite angry at the stigma and out of revenge began sexually spreading it among the heterosexual communities and via blood donor centers before they tightened screening requirements. Before then, if you bleed we will accept you. I was not born in 1945 and only 10 years old in 1965. My parents wore chastity belts before, during, and after their wedding! IV drug use was unknown; they did not even drink alcohol and grandma chaperoned their honeymoon! Premarital sex was virtually unknown in USA! Those were morality mores in America during that era. The first institutional medical care mom got was in an Army dispensary when pregnant with me. If it passed through her, there is where she and I got it! VA claimed I was born between 1945-1965 and had it. The real reason it treated this non-existent condition is Congress awarded VA 60 million dollars to do so. Treat someone who does not have it and Voila its a miracle sweet Jesus, he is cured!!! The had placed grease board charts next to all hospital and clinic entrances boasting a 98 5 cure rate...easy to do if someone is not sick in the first place! VA does a lot of that sucking the taxpayer \$ugar tit. Yet, American public and some medical doctors are so stupid to believe immoral stigma propagated via propaganda is responsible for creating HCV and the spread of it! Medical industry ignorance is the primary vector spreading diseases in the US and all this gossip borne fake news is to cover up that fact. Unsanitary civilian and Military medical and dental facility conditions, especially at VA, careless mishandling of unscreened,

contaminated blood products, reusing improperly cleaned syringes, improper tool cleaning, shot-injection guns in military using the same dirty needle to vaccinate 2000 troops in an afternoon while spreading more infectious diseases than Hooter Brown can count. When news of that leaked out these were quickly outlawed and covered up well after the damage was done, aforementioned and more were and remain primary vectors spreading HCV and similar blood borne diseases. Not from all the sleazy fake news reasons pumped out of the Socialist lame-mass media propaganda mill. Moreover, do you really know what is in those shots, tablets, pills, capsules, and potions medically administered to you and your family? Or the prototype, experimental Covid virus inoculations? Covid is the largest hoax since organized religion raking in trillions. Al Gore and his minions were small change in the global warming hoax that precursed Covid!! Military used injection guns to assembly line vaccinate a thousand GI's at two thousand shots per day with one corpsman hitting each arm. Essentially, they used the same syringe on all of us! Whatever infected every person before me in the shot line, now I am exposed or have it too! Ditto for everyone after me. Hygiene? Maybe wiping off blood and body fluids caked on the end cap after every hundred injections if that often, and I question seriously how clean were the guns when returned to storage between shot cycles. In 1979, these were still in use administering mandatory Flu and other prototype vaccinations to the entire squadron in a single afternoon. These shots were not optional. Anyone who resisted without a valid medical reason was physically **forced** to take the shots. As with any lab-monkey, I have no clue what was really in those injections but someone does!! Get the picture? Sometime after my discharge, authorities banned these devices and fearing lawsuits, censored legal 'discovery' about them that they were doing far more harm than good transmitting blood borne and other pathogens from sick to otherwise healthy people! The lawyers are paid to keep quiet and the crimes go on. Furthermore, eventually all evidence of such crimes dies with each passing generation, and populations would rather believe fake news gossip and stigma before accepting truth. Please see WW2 'unit 731' especially the USA's involvement. 'Squeak, squeak, may I have some more cheese,' said the human lab rats! We seniors and Veterans supported America and the nation's institutions most all of our lives, obeyed what was expected of us by society, culture and this country while unknowingly serving as human medical research animals and then were abandoned, betrayed and dumped into the ageism dustbin as ill, useless eaters by US Socialists and their cronies such as AARP. Sure, for PR and public display government rushed in with useless Dark Horse measures such as Obamacare to medically insure certain Medicaid classes shifting those costs to state budgets that we as taxpayers paid for masking what we underwent...in the two-step socialization dance continuing what it began with passage of the 1965 Medicare Insurance Act: Socialized, rationed, government run medical Insurance!!! However, Socialist medicine as did Capitalist medicine left a gap where tens of millions of us fell through the cracks – uninsured and uninsurable. Two women I know managed care through local tax supported county hospital, to which I have paid dues since 1974; I made too much income and faced poverty in sickness to get the same care, or just die and get this over. I chose death. How many more have done so in the USA, which boasts the highest living standard, and other avant – garde, grandiose claims while neglecting its most vulnerable: kids, Vets and elderly. One can consider much about a nation in how it

mistreats the former classes of people: US - you grade a 'shithole, minus- minus.' The world agrees viewing US as a laughing stock in these areas of social devolution. North Korean government got it right criticizing Obama's abysmal US medical care system, which symbolizes the jackboot of US National Socialism or Nazism. WW2 did not defeat Nazis; that slime spawned into America and set up cesspool corporations as VA & BIA to continue its evil. This nation can build trillion dollar weapon systems but not care for the citizens it robs with which to do so? I watched a several hundred-million-dollar super secure, special purpose, government building, constructed in the 1980's during the Cold War to build super secret ATF and A12 stealth fighters literally torn down in 2017 from lack of use. Nobody would buy it. Therefore, government demolished the structures and the land remains for sale. Hundreds of millions of dollars in cobble. I would say USA has some very demented values and priorities neglecting human welfare of its citizens. A note about backstabbing Aunt and Uncle Tim & Tom, Judas, Vet VA employees – one cannot serve two owners. This type company person misleads and cuts any naive Veteran's throat for a percentage of the loot that denies a claim. Much like the VSO's are doing; in other words, the flying monkey, useful-idiot, company man or woman sells out the unsuspecting for personal gain or perhaps just for the hell of it, while posing as a trusted confidant. Aunt Tom's &Tim's are the very worst, in my opinion. Not all Vets who work there are of this ilk; some are good people just earning a living not a name or fame. They are simply doing a job as means to an end, and reason why VA works at all. Where possible, they do risk helping struggling Vets trying to meet needs in a system designed to deny them in toto. Some have taken me off premises, in a POV, or to secure areas without eyes, ears, or surveillance and say 'you did not hear this from me,' or 'I cannot tell you this as a VA employee but can do so Veteran to Veteran.' Then provide tribal knowledge and kindred POC's to get what I needed that was being withheld or rationed by self-rewarding bureaucracy. I am alive only because of that bond which exists between some of us forged by military sages who taught soldiers the basic rule of 'take care of each other because that is all you got.' These employees must protect their personal interests but do help other Veterans when safely possible. Kind of like Jewish and black slave sympathizers in Nazi Germany and America who ran the 'underground railroads.' The paranoia and fear in that place is suffocating. Nobody trusts each other and Vets are fools to do so! Nothing is safe in there or with them. The place is that paranoid and toxic. I am frank and say what I mean and mean what I say without reservation. What are they going to do? Make me a sick, dying old man and take away my last birthday? Pull a ticket and get in line, assholes. There is peaceful freedom in knowing when one is already dead with nothing more to lose. You can shoot and eat me only once. What I never understood is, what are people thinking when screwing over everyone else for percentages of the take, action or loot only to forfeit everything making the final trip out of here, in a decorated box, covered with flowers, riding in the back of a black limousine – and then spending eternity forgotten in a grave vard, rotting into dust ENCHAINED to all that baggage. If that is what life's about, what is the point of living! What matters?

Loyalty and Patriotism to a Treasonous Amerika is for fools.

~OR~

Veteran fools rush in where even 'god' fears to tread!!!

Almost 50 years ago, when swearing Military oath to dutifully serve this country, in youthful, idealistic, folly, I pledged my life and body to defend it. I naively believed the US government and 'we the people' would make right any wrongs. Was I ever deceived and mistaken. Never did I imagine this country would rob body, life, mind, and limb from me to die like this. I grew up believing in the noble lies of people like JFK, 'Ask not what your country can do for you, but ask what [more] you can do for your country...' My parents, teachers, elders, and their institutions all reinforced that message; and the noble virtues of hard work, sacrifice, delayed gratification now for a better future. Work to leave this world better than I found it. Contribute to the greater good and to the good of the whole, exhibit loyalty in all things, and patriotism to a fault, doing that in the end would reward me greatly. I bit and swallowed the bait, hook, line, sinker, pole, boat, and dock. Naively, I believed and followed such lunacy to a stony end: loyalty to America is a farce; take cash and patriotism anywhere and see which talks and walks; a Vet without money is a bum like any other. Now, I would not help this good for nothing, backstabbing, Nazi, criminal country take out the trash. America's boasts of greatness are musings of pompous-ass, egoistic, fart-bags. When I examine the negative ROI for what this nation has cost me, bitter - yes! Angry - yes! Very much so, and I did not get this way alone and the personal cost earning these attitudes was enormous: a life paid as dues exchanged for broken promissory notes that read, thank you for your servitude, sucker. Moreover, I will tell you something more; those crippled, stereotype-porn, 'martyrized' actors and actresses one sees on TV, VA & mass media propaganda, purportedly wounded from war, in staged, stereotype-porn, advert bites, patriotically cooing how they proudly suffer for their country is all cobble! Profiteers of this crap are so eager to 'help Vets' when *paying selves first*, which is their true agenda, while exploiting Veterans and active military personnel worshiping 'in the money god we trust.' Why not nail these hypocritical phonies to a piece of wood, call 'em Jesus then hang them above the blood sacrifice altars in every American church to worship on Wednesday and Sunday mornings! It is amazing what counterfeit people will do and say for money, attention, and fame to influence others to cooperate with their crimes. In the real world of wounded, suffering soldiers and Vets, I know of none who feel that way at all.

We are not grateful to this country for our wounds; we want to be normal again not social outcasts & misfits cursed with the knowledge of good and evil in the things we were forced to do, see and experience; we want to be healthy, hale and whole again, to have back our lost minds, bodies and dreams that were robbed from us, and return of our lives without hurting or misery; because, contrary to popular belief only the sufferer feels his or her pain, sorrow and anguish. Nobody else knows a thing or really cares except as relief that s/he is not affected: 'glad that it is you, not me – meme.' Americans, especially the politicians, are xenophobic parasites that have shit for brains, and think we sick and crippled Vets exist in martyrdom of orgasmic bliss frottaging our suffering for them and this country? They and the American people show their concern by leaving us for disposal by the same War—machine meat grinder responsible for our miseries.

For instance, during a C&P exam for a service related skin disease for which I was seeking a service connection and treatment. The pre-interview instructions were dress to disrobe; I did so wearing only an athletic supporter and loose clothes, which hid most of a gory mess that was I. The PA conducting the C&P interview had her decision pre-made before I arrived, typical VA-C&P standard practice. She simply needed to conduct a kangaroo 'show hearing' to validate her report. In a mockery, she condescendingly asked standard questions and dismissively waved her hand at my answers or parroted distortions of what I said. In addition to being stricken with disease, she blamed me for being the very person I am: a very sick, dying Veteran. When interviewer asked the question, 'describe your rash...' I said, 'put it in your words,' standing and disrobing in less than ten seconds. I raised my arms and pirouetted so she could see the complete, very painful, bleeding, bloody red, shedding, flaking, scaling, and stinking rotting mess covering nearly sixty percent of the body. Her eyes got bigger than tea cup saucers, she reared back in her chair, stifled a scream, jumped up and ran from the room babbling: "I don't know what you got but I hope I don't catch it..." I leisurely dressed and patiently waited. The floor covered with dead skin and scales the size of thumbnails looked like a snowfall. A little blood stained the chair. The interviewer took fifteen minutes to recover before returning. It was not catching, too bad. Served her right. A healthy dose of the disease might help her appreciate another person's suffering. Empathy is unknown to these people and certainly would have suited her better. Upon returning while maintaining a very safe distance – she hurriedly ushered me out of the examination area and in parting quoted standard 'party slogan,' 'thank you for your service.' Exiting, I said, 'Sorry for the mess.' She pretended to be grateful and I reciprocated fake regret, which was just part of the two-faced games that those phony people play. She minimized my complaint in her report. Why? Because that is her job. The number one defense at Nuremberg War Trials that defendants, common bureaucrats like she, used to justify torturing and genocidally murdering tens of millions of innocent men, women and children was 'I was just doing my job; I was only following orders, the rules and the law.' Those excuses did not cut it then and do not now in what the whole VA political system is and has been doing to US Vets for a century. The last word on my claim was 'we are working on it...' Follow ups are ditto. I gave up. That is how they all go, pending – forever. Do not call

us; we will call you on the 5th of nevermore unless you die first; then case closed –next! That is Socialist VA medical care and benefits.

As an aside, during that C&P examination, I had the same parity before a North Texas Veterans Affairs racist, bigoted black woman as my Jewish ancestors did in begging for mercy from a Nazi closing the gas chamber door at Treblinka. Some would say, 'I am receiving the injustices met out to black folk.' Oddly, Nazis claimed the same reasons when persecuting Jewish scapegoats. Bigotry blinds people horribly to many things; for, my skin may appear white especially when that sickly pale; however, a mixture of Afro-Black Seminole, Brown Seminole, Cherokee, Russian, Jewish, and ironically German ancestral bloodlines comprise the skin that covers my body and blood that bleeds from it. My blood and skin are just as black as her's but in smaller quantities. This human form is gendered male and female, but nature constructed it dominant to the male polarity and her's to the opposite. Our flesh is the same: fragile, corporal, dying, clay. My Jewish ancestors, after German occupation of Poland in WW2, died in the Warsaw Ghetto and most of the survivors were butchered in the Treblinka, human slaughterhouse, Nazi, Concentration Camp murdering 1500 innocent men, women and babies every day. My Russian ancestry underwent far, far worse under Joseph Stalin's purges. He made Hitler look like a piker. Both of these political systems were SOCIALIST!!! USSR and Nazi stand for 'SOCIALIST' systems of government!!! AMERIKA CAN YOU LOOK OUT OF THE BREAD, WINE AND CIRCUS TENTS LONG ENOUGH TO CONNECT THE DOTS OF WHAT HAS HAPPENED TO THE USA?

My Native American ancestors along with the Buffalo were genocidally hunted to the brink of extinction by US government patriots, its Military Horse Soldiers, **Black African Buffalo Soldiers** and government agent bounty-scalp hunters. The longest, most brutal, bloodiest GENOCIDE known in human history did not occur in Nazi Germany. It happened on American soil!!! America is home of the worst mass ethnic cleansing or genocide murdering the red skinned people because of the color of their skin; and emancipated black ex-slaves were part of that! They were also Christians!!! My ancestral survivors remain confined on Native American Reservations aka US Concentration Camps and live in the worst conditions in America. On The Pine Ridge Reservation over 60% live without electricity or running water and worse! Government Black Soldiers and bureaucrats just like that woman murder and confined them there. Moreover, my bloodlines faced judgment from public servants just as she during summary executions and lynching at the end of a gun, rope, club, and saber, rotting in a gulag or concentration camp cell, and worse. I sympathize with her Black Nation's suffering; however, they are not the only human communities that have faced persecution in USA and elsewhere. My people helped the African slave race escape their slavers before emancipation. We accepted runaways into our tribes, gave you precious sanctuary, food, shelter, protection and more while we were facing genocide of encroaching immigrant masses including black people butchering us and taking our land. After black freedom or emancipation they repaid our kindness with the same cruelty and murderous genocide of the white Christian immigrants and former

slave owners participating in the longest ethnic cleansing in human history. Blacks and whites slaughtering red skinned people because of the color of our skin. I would have thought after 1000's of years absent your humanity under the slave yoke, upon emancipation that the black nation would have known better. Obviously the blacks never learned a thing and VA racist women like that PA, C&P interviewer and her associate North Texas VAMC, racists coworkers only prove it.

The only apology I am permitted to make to her people is this, if my 'heathen' ancestors would have allowed those fine 'Christian Pilgrims' to die starving in our maize fields those first winters, instead of helping them survive, black slaves would never have set foot on North American soil. For that only, I extend my condolences. We did not import or kept you as slaves but you punished us as scapegoats in place of those who did. We helped your nation in time of greatest need same as we helped the Pilgrims survive and you both repaid our kindness with bloodshed, sorrow and death.

Moreover, the only difference between that VA examiner and I is that I do not wear ancestral intolerance as a chip on the shoulder or as a shirt sleeve of vicious self-pity to use as an excuse to hurt people out of self-hatred. Her racist bigotry did not go unnoticed during the interview. I have encountered far too much of that in the VA system. Nevertheless, I served this country defending every American's right to be a racist & bigot same as that woman's. What surprises me is in finding such a hate-bed of it at a US government agency that claims to enforce US laws against practicing such behavior. Ignorance is what ignorance does. Every VA C&P review but for one was like that conference: racist, bigoted, dehumanizing, degrading, intolerant, humiliating, and a squander of precious life except for securing a soulless, bureaucrat's, government job, which epitomizes the jackboot of parasitic, US, Nazi National Socialism. I am a US Veteran not a Comprachicos freak. Out of self-respect and tribute to the uniform once honorably worn in service to the US, I refuse to ever again expose my soul to contemptuous VA kangaroo adjudication or its bigoted agents.

Vet Humiliation or dog shit under VA's doormat. ~OR~

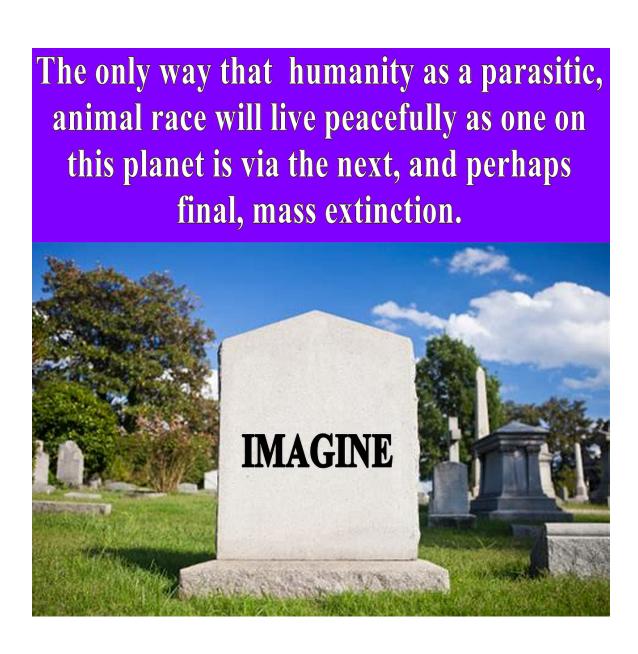
Do my shit caked Jackboots annoy you?

Only Socialist American government can get away with a Ponzi scheme. When private enterprise does it, Bernie Madoff for instance, the crook is sent to the pokey for stealing what amounted to bus fare compared to what Washington DC steals from America every day. 'Don't steal government hates competition!' Horning in and invading its lucrative turf of 'we rob 'em and how' monopoly is not okay unless the facet is a dues paying franchisee. When those robbed call in the worthless promissory notes, deadbeat government criminals find myriad sundry ways to not pay obligations. Heavily regulated Insurance companies are very prone to such criminal behavior, too. However, nobody regulates or oversees one of the biggest deadbeats out there VA. When veterans seek to redeem their benefits purchased through a steel bear trap employment contract, VA simply punishes & abuses them until s/he gives up and leaves. Perfectly legal when government does it. The first attempt in this circumstance involved making the C&P date without notifying me of it until 4 hours before my appointment with a company named LHI. I found out this is a tried and true routine method used to deny a claim by disqualifying a veteran 'as no show' making it all the vets fault. Set up the appointment in an unknown place, time and then send a last minute cryptic, voicemail appointment notice, with a nonfunctional phone number and Walla automatic claim denial by 'no show' default! Nasty VA Nazis are very clever at these games that stump new people trying to enter their system and qualify a disability C&P claim. In my case, a garbled voicemail arriving just hours before my C&P exam announcing only the time, a phone number to call and LHI and nothing more. Returning the call one met with a menu of circular options that went nowhere at all. Goggling the name LHI found a website listing advertising propaganda and that same phone number of useless options but no physical address or location of it. Essentially, VA set me up as a no show for the C&P appointment, which I find is a common ploy used intentionally to default the Vet and automatically deny a claim while blaming the vet. In Socialist systems, Socialism is never wrong. The person or people it harms are always wrong! VA just proved that. Using a vendor to do it, LHI in this case results in no VA liability. Not realizing that it had set me up to fail, I called the Washington DC VA director's office to complain. Secretary Wilkie's office took up the matter which forced VA to reschedule C&P at the local Ft Worth TX clinic. Now that was the good old days when that office helped veterans. As an aside, now if you call the VA secretary's office for any reason one is routed all over who knows where then disconnected. Washington's message since President Trump and Mr. Wilkie left office is Vets we don't care about you so do not call us, Ya Hear! President Trump and Mr. Wilkie did more to help veterans in 4 years than the Socialists have done in the whole century of

its abysmal existence. To continue - With Washington now watching, things still went very badly. The rest is aforewritten as a racially and sexually biased direct assault & denial by a VA employee examiner during C&P review and worse. The message was you made us do this and we will make you suffer dearly as a result. That is about the only promise VA ever kept: revenge for calling their bosses to get my needs met. I don't recommend doing that unless bat shit crazy and desperate as was I. AFGE union, which represents VA rank and file employees like that interviewer protest that 78% of its members claim racial and other prejudice runs rampant among company management, represented employees and each other, vet never mentions that rampant racism, bigotry, physical, mental and psychological abuse up to and including intentionally crippling and murdering veterans is standard protocol by VA employees. The whole VA system is a Nazi organization of selfinterest set up to deny us earned benefits, which is typical of broken promises used to rob Americans by government and its agents: we will gladly pay you on someday that never comes for your life and resources that we demand of you today at gunpoint backed by violence of law. We got ours, too bad for you. However, there is a price to pay for doing such things. All poster tyrants credited for such crimes against humanity did not carry out any genocide and Holocaust alone. Single-handedly none would have gotten out of the barn. Holocausts and genocides are the millions of people, bureaucrats and citizens in organizations like Nazi VA who carry out despotic orders 'doing their jobs,' and silently excuse and condone such atrocities as none of my business. People who would 'do anything to keep a job' and sell out others to save their worthless skin are the true monsters more than the tyrants scapegoated by them. The bigoted mob armies, bureaucrats and supporters of the crime – out of self-interest and gain – 'just following the rules, orders and similar mindless useful idiots committing inhumane crimes against their kind deemed less worthy to live. When humanity dehumanizes, perceives and murders human beings deemed lower than cockroaches on a kitchen floor, the taxon is doomed beyond salvation. If the Homo Sapiens race does not evolve out of the current anal-retentive, evolutionary stage of We-Are-Right and promptly, it will self-extinct the taxon back 1 million BC for another try at re-evolving, again, taking all of its born and unborn children, grand and great grand kids with it. Want proof? The US 'Native American' and Nazi Germany 'Jewish' Holocausts and final solutions reset the clock on humanity 50,000 years into the past! Those atrocities are clear evidence of what the human animal is capable of doing to its kind; Hiroshima and Nagasaki atomic bombing of unarmed civilian cities – innocent men, women and babies, clearly shows what is at stake for humanity: consummating a death wish to self-extinction in toto.

Mark Twain cited humans as the lowest animal on earth; I agree – one does not see the other creatures on this planet doing to them or us what we do to each other and everything else! Moreover, I know that as fact after dealing with some of the lowest excuses for humanity at VA. Moreover, when I look into the mass graves holding US and Nazi genocide victims, masses of murdered human beings lying dead in there because of these living excuses contaminating the human gene pool, one thing stood out clearly: there were no religions, no politics, no race, no heaven, no hell, no 'god,' no sexism, no

war, no wealth, nothing but peaceful silence – and perfect equality: ALL DEAD. World bound souls returning to earth in a cycle of from dust – to dust ghosts– back to dust. All were the same and all equally joined together. Until bigotry and hate stop on this planet, the only peace to this earth will be in mass graves like that– in the earth – never on it. The true criminals are sheeple masses who turn away and do nothing at all in passive disinterest and cahoots with armies of bureaucrats and their agents actively committing crimes against humanity. It is none of 'my' business until it happens to deniers - then you scream someone do something! Why did not you before now, before the injustice got to you?



Freedom is just another word for nothing left to lose.

~OR~

Coward Americans will never know they had until it is gone.

From a Socialist nation, which calls itself Democratic, that created and violently enforced impressment draft in staffing its Military Monster, it also produced the VA Nazi beast to torture surviving victims sacrificed to ignoble ideals of blood Patriotism and War. Surviving Vets have another chance to suffer and die for their country under the Nazis right here on American soil. Is that not special? America loves her Vets when out of sight, mind and forgotten; it holds and worships perceptions of us as a Hollywood fantasy not reality. Is it any wonder why for over a century Military and Veterans received and still get such lousy care from the US? Nearly every guy in my high school senior class, as those senior classes before us, upon receiving our diploma at graduation, knew in weeks that followed a US government draft notice would arrive by USPS inviting each one of us to a war in Vietnam. War none of us started or wished to wage; war that forcibly press ganged each draftee into 'patriotic duty' at gunpoint with violence of US impressment laws fingering the trigger. How many more were drafted by a corrupt legal system that gave many men this choice: Army or Jail [Press gang or impressment: A government act of seizing for public use or of impressing civilians into public service- see jury duty; to draft by force civilian men into Military service.] Often picked up by local police out on patrol and charged for minor, fabricated offenses created for the purpose, scared, 18 year old boys or sometimes younger, legally considered as draftable young men, while under influence of a Military recruiter posing as a counterfeit court appointed lawyer, were given a choice by the kangaroo, court judge: Army or jail. The whole set up was a mock trial arrangement between DOD and US judicial systems. Express-lane, drive through Military impressment around the regular one. I refuse to call it a 'justice' system because it is not; prejudiced fits better. Us Socialist's idea of voluntary compliance 'freedom' at gunpoint.

The day America died and Amerika was born. ~OR~ Patriotism & loyalty are for fools

America died January 21, 1977 with a final betrayal by the US National Socialist Party announced by its puppet looter Neo-Socialist, President Jimmy Carter. I speak strictly for me but many of my comrades share the sentiment, too. Any Patriotic Sacrifice is for suckers and usually leads to betrayal of the sacrificial victims. The latter symbolize that fact entirely. For me, America died on January 21, 1977 the day Amerika was born. On that day of infamy, the Carter administration and America disgraced, betrayed and scapegoated us for doing our duty and rewarded those who did not. That single act downgraded all US war wounded, crippled and deaths to less than worthless. While Buffy St. Marie's, 'Universal Soldier" blamegoat, propaganda song played in the background. Never have I seen so many loyalist sacrifices wasted so badly by America. Why not, it wastes everything else. I have no gripe with the hundreds of thousands of men and women who risked and went to prison protesting Vietnam War and draft. I harbor no ill will against Hanoi Jane Fonda for publicly taking her stand protesting the same. She and her protesters the only sane people in this country. Someone among 'Coward American Sheeple' flocks had to muster the guts ending those injustices. Along with us, they too were the true victims of wrong-headed, Socialistic injustice and national policy. Protesters and US Military shared a common bond; blamed by a coward state for losing an unwinnable Vietnam War that US National Socialists owned in toto. I still take exception to a country that punished and dishonored US Armed Forces and Veterans for admirably doing our duty while rewarding those people who did not. I still take issue with a homeland that forced War protesters, and draftees marched to war at gunpoint, into the position of civil disobedience against abusive government & prejudice in the first place. The draft ended quietly without fanfare. The Socialists defeated and disgraced by 'we the people's' civil noncompliance against its tyranny, had to blame a whipping-boy. To save face, through a Presidential, national, public announcement, the US blamed its Military in toto. It had to be us, for Socialism is never wrong. This country hung all military service members and Vets on the same gallows pole. Never have I seen so many loyal people wasted so badly; why not this coward country wastes everything else, which is easy when they had no skin in the sacrifice. I cannot claim Armed Forces duty to America as my favorite mistake; however, it ranks second only by a hair to marriage and raising a family. Both were thankless undertakings.

The Day America Died ©xen. 10th

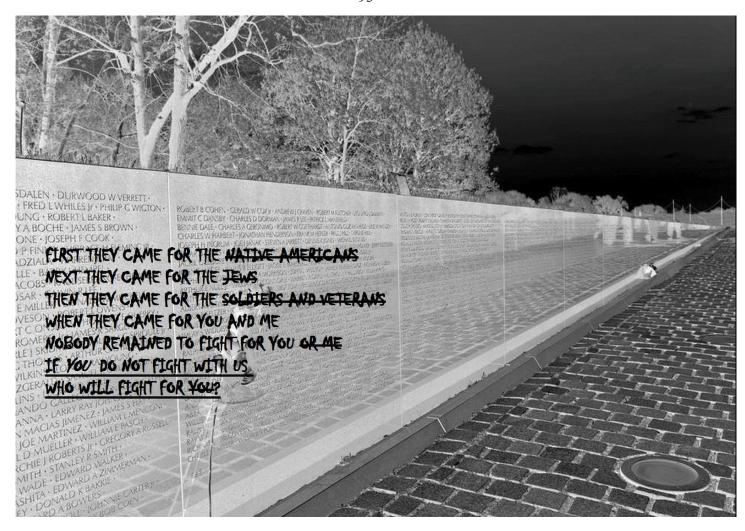
America died January 21, 1977. The Neo-Socialist Jimmy Carter administration granted full pardon and amnesty, full US benefits free and for nothing to those who refused to earn them. I never forgot that day of national scapegoatism, recalling vividly everything about it, as a disgusting, national disgrace to all US military and its Veterans. After Carter's Address to the Nation speech, our military base all but completely closed. Reservation flags hung at half-mast except for one, which hung half-mast and upside down. Taps played on loudspeakers, set to low volume, all day and evening. I do not think anyone noticed; shellshock does that to a mind. NCO and Officer's clubs were freely open to all personnel: we were members and non-members in kind. Rank was not an issue. They were full. None were festive. The atmosphere was one of a silent requiem and funeral: ours. Something in each uniformed person died that day. Few talked much if at all; some cussed, some cried openly, the rest cursed and wept alone within the darkness of his or her wounded soul. I still recall my thoughts. What in hell's name am I doing?! Why am I here?! What is the point?! The country I serve just knifed me in the back. Why suffer to earn what is now freely available to anyone; I quit. I'm going AWOL. Sitting nearby, a Senior Master Sergeant read my mind; he said, "Don't do it. They will hunt **YOU** down like a dog; no mercy, no pardon; son, let it go." Suddenly, a far away ghost barked, which briefly roused me from shellshock: 'Take care of each other because that is all you got...' The phantom was Gunny's prophesy from basic training that he drilled into each recruit, which forever became a part of me. How did he know? The Senior Master Sergeant baby-sat and fed me beer until my mood passed out then walked us to the transient barracks. They were full beyond capacity; guys were sleeping it off everywhere. He and other senior leaders, dressed in full uniform, medals, and ribbons, spent all day and night babysitting to protect us from selves. While undergoing the shock of an undeserved dishonor by a nation that we defended that bayoneted us in the back for doing so. It was an important bond we shared that was never truer than on our day of infamy: "watch out for each other because that is all you got." It was then that I garnered a new respect for the senior-most ranks. Before that they were just 'old flies that ate shit and bothered people.' Afterwards, I regarded them as wise sages - 'Military Elders' do not earn high rank being stupid. Today proved that.

GUNNY'S RULES: Three lifetime lessons from a BMT - 'basic Military training' - Gunny Sgt that got me through Military duty and life thereafter:

1. Never screw-over anyone – especially someone with nothing to lose.

- 2. Do it right in drill and you will do it right in combat; this training will save your young asses.
- 3. Each one of you is a target. Watch each other's backs because nobody else does except as a target. *Take care of each other because that is all you got!*

Honorably, I did not abandon my post; where would I go – here is all I got. Nothing else makes any sense to me now. To this country, we were the enemy: the hated, ugly, US Armed Forces. Gunny was right; our backs were only targets to the very people we trusted. All of us bore the same wound, from the same hand, from the same backstabbing dagger. None of us anticipated a rear ambush from an unexpected foe: our country. I don't reckon Gunny saw that one coming either. Our sin? Loyalty to a pimp—whore Motherland: Amerika. America died that day and Amerika replaced it in toto. Our compensation? Sacrificed as duty-bound, wounded-scapegoats, bearing undeserved shame and national dishonor from a cowardly nation. Scapegoatism and blame are lame states of a *diseased people*. Today is Veterans Day, November 11, 2019. I released from dark places of mind, body and soul a grief enchained there for decades by finally accepting my disgrace – yes, *I am a US Veteran not a* Comprachicos freak. Then pondered, how many Veteran suicides occurred today because <u>VA</u> and America denied to them the necessary care each one needed to heal. 100 US veterans' suicide every day from lack of that care. Only VA and Amerika can sink so low in sewer filth to profiteer off veteran suffering and suicide. Perhaps, death is where hell ends and grace begins. Today is for the *living* dead; US Memorial Day hypocrisy is for the dead. For Veterans like me, America died January 21, 1977 with a final betrayal by this country. That single shameful act downgraded all US war deaths, crippled and wounded to less than worthless; never have I seen so many patriotic sacrifices wasted so badly by a homeland. Why not, it wastes everything else. Patriotism is a farce; money always talks while a broke Vet walks, as would any skid row bum. I have no beef with the hundreds of thousands of young men and women who risked and went to prison protesting the Vietnam War refusing impressment; those injustices needed abolishment; I harbor no ill towards Ms. 'Hanoi' Jane Fonda's sanity in how she expressed the same point. I do have issue with a treasonous Fatherland that forced war protesters, and draftees marched to war at gunpoint, into the position to do that in the first place. Then as our reward, the US Socialist government of 'We the cowardly People' abandoned and betrayed us in toto. On that day, we all hung together on the same gallows pole. I am ashamed of my military service to an ungrateful country. The USA as far as I am concerned died January 21, 1977.



Suicide is not cowardly; COWARDLY is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

VA, SHAFTING OF THE CENTURY

~OR~

VA GOT THE GOLD; VETS GET THE SHAFT

All non-military or non-Veterans best pay attention; in your lifetime that Nazi Socialist betrayal awaits you. I never heard of disability or of a VA until leaving Military. Sickness and disability never crossed my mind and to tell the truth, wish I had never heard of them at all. I am not a victim disabled by diseases, but simply limited with challenges to work around while doing life in hell. Perhaps there is a reason all the aforewritten is kept low key and clandestine by lame-mass media. Given the magnitude of sick and dying Vets there is a very big warning that something serious is going on. Likewise, revealing the truth is bad for Military recruitment: investing someone else's families, sons, and daughters. Fewer recruits choose to 'serve' this nation and with good reasons: why squander one's life for a country of brave-coward, ingrates. Look at what Military enlistment does to recruits and how it mistreats them afterwards. A question to the patriotic fools who think that military duty is great – why are NOT the 'all-volunteer' armies bursting forth, beyond capacity with patriotic 'volunteer recruits?' The ranks are so short that to fill them, US Armed Services hire foreign mercenaries and recruit foreign men & women with promises of citizenship and more perks to join. Moreover, political policy makers are very seriously considering reinstituting forced conscription or 'the draft' to fight America's needless Wars. Which, by-the-way will include the fine liberated women of this country, too! I love equality!! The biggest block to US draft is that over 80% of this country's draftable youth cannot pass physical and mental tests to be front line infantry soldiers. The Armed services already lowered the entrance bar to the lowest rung so women can join and now use that for the males too. Ground level is the bottom. To all of you wannabe fools parading around playing GI Jane and Joe, why be a phony imitation? Enlist! Learn what steel-trap recruitment contracts are all about when signing a Faustian agreement in your blood with the Devil. No victim, no crime until **your name** is on that bottom line. Learn that once bound to it, what "that's an order," means to an indentured servant; and, that your new owners make and change all the rules to suit them not you. Afterwards, the Military headtrip then goes further southward on the road on hell where one learns what is a real, true, soldier, which is very different than dressing up as a Halloween clown parading around on an ego trip. Cry for your mommy, daddy, lawyer, the President, congressperson, and

senator, or 'god' anyone you wish, to no avail – a deal with the Devil is inviolate. You are in the Military now. That steel bear trap biting your ass is an enlistment contract gnawing years out of it – for the rest of your life. We Veterans are wounded and diseased medical coalmine canaries sounding a warning that no one hears. You will when our sicknesses affect you, your families, your kids, and grandkids. When you and they become ill from the same stuff that is crippling and killing us. Covid19 is only a foretaste of things to come. You think 911 and Covid are the worst things that can happen to you? American pussies you do not know bad but will learn what is very quick. More terrifying is that the newer stuff is genetic, bio-virus, bio-warfare agents & chemicals that attack the core of life: the autoimmune systems and genetic blueprints of life. Government keeps us cloistered away from you in corrupt agencies like VA for a very good reason. Nero said he could do anything to dumb masses sleeping under his bread, wine, and circus tents. Personally research active and ex-military and civilian populations of Southeast Asia countries like Vietnam and elsewhere America has raged war. Study their diseases, birth defects, and worse. Note those same mysterious sicknesses have been spreading throughout US and rest of the world for the last half-century. You are not in Santa Clause syndrome reality anymore, America, but in a house of horrors living with illnesses unheard of only 50-60 years ago! Spreading through myriad, sundry vectors intentionally created and released among the naked apes for a purpose: to study herd effects advancing military weapon and medical science, and to refine as Bio-weapons using earth and inhabitants as a global laboratory. You going to tell me that "immaculate infection' from 'god' is responsible for this stuff, too? Take that nonsense to Starbucks with five bucks and see which one buys you a coffee! Look around, what do you see? Your sick & diseased future that is what! I do have a modest proposal. Empty out Dept. of Veterans Affairs of all non-veteran employees and draft them for two years of the worst military duty service. Do that to all the backstabbing Aunt & Uncle Tim & Tom veterans as a refresher. Keep our real soldiers home to protect this country and give all veterans VA jobs to serve other veterans. Only a true veteran can help another veteran. Civilians, Aunt, Uncle Tim & Tom vets do not have the integrity to shovel guts to a starving bear when it comes to veteran needs or care. That is why 100 veterans successfully die by suicide every day...new recruits, that is in your future, too.

Suicide is not cowardly; <u>COWARDLY</u> is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

'Socialism equally, spreads its misery,' Winston Churchill. ~OR~

Winston had Nazis & VA in mind when quoting that phrase.

I paid my dues to live here and will continue doing so until death paying far more than do 85-90% of the people in this country. All I hear from elected lootership, their cronies and constituent entitlement 'have nots' is 'we want more' while eating a free lunch on the free ride someone else sacrificed for them to enjoy. Americans do so little with and throw away so much of what is freely available to them bought by someone else, especially leisure time better spent on self-improvement than mind-fuck 'entertainment,' which is easy when so few of them have any skin invested in the game. Only by losing everything I believed winnable and worth having did I learn none of the American dream is real: one has to be sleeping to believe it. For me, Hollywood's Fantasy Factory's Magic Kingdom has left the building forever. I got nothing more to give. As Americans wake up from their delusions, brutal truth of reality, culture, and society will literally eat what is left of them alive. Life is a losing game all round and to think I wasted it so badly in following Socialist brainwashing, beliefs from cradle to grave conditioning learning that lesson. John Lennon put it well in lyrics to one of his songs: "When you are born they keep you so small by giving you no time instead of it all..." I misspent a life to understand that perspective. Who and what ever controls the money, politics, and mass media controls this world carnival, and can spin any mirage necessary to serve their agenda. What do you see today? The perfect slave is one who says, "I am not a slave..."

CHAPTER 43

War is a bloody Racket – period!

War is a Racket by General Smedley Butler. Note: General Smedley Butler made a speech, wrote a booklet, and spilled the beans about the whole war racket almost a century ago. Then, as now, nothing much has changed except the names and faces of the crippled, dead, dying, suffering victims and aggrieved who 'served' the 'gods and goddesses' of War. VA is a huge, lion's share of that racket. Below is an excellent essay encapsulating the general's message. I do not know the author of it. https://ratical.org/ratville/CAH/warisaracket.pdf

General Smedley Butler was right. War is a racket – based on Big Lies, waged for wealth, power, and dominance. Wars have nothing to do with upholding democratic values, humanitarian intervention, or fighting for peace, stability, and security. They have everything to do with conquest, colonization, and control – forcing one nation's will on others, stealing resources, and exploiting populations [rape, rob, murder, cripple, plunder, pillage and subjugate]. America dishonors its war dead – sacrificed on alters of greed and lust for power. Privileged elites let others do their suffering and dying for them – making the world safe for bankers, war profiteers and other corporate predators. *Innocent youths are* sent to die based on the noble, Big Lie. Sick and/or wounded returning home are often abandoned. Epidemic levels of post-traumatic stress disorder (PTSD) affect hundreds of thousands of combat forces and Vets. Many go untreated. Independent reports reveal nearly half of Afghan and Iraq Vets have emotional and/or physical combat injuries. Many are maimed for life. Combat stress is more than many can bear. The disturbing toll war takes is one of the most under-reported stories. A generation of combat Vets will not ever be the same again. Many needing help do not get it. Too few get enough. An epidemic of Vet and active duty suicides symbolizes war's hellishness. Many deaths are not called suicides – at home or abroad in war theaters. Misreporting is commonplace. Many suicide victims are age 50 or older. Combat-related trauma is long-lasting, lifetime. According to a Center for a New American Security (CNAS) suicide report, Veterans commit suicide every 80 minutes. Study authors Margaret Harrell and Nancy Berglass said: "America is losing its battle against suicide by Veterans and service members. In addition, as more troops return from deployment, the risk will only grow. "Many Vets return home feeling helpless. Marine Corps Vet Jason Christiansen watched his life unravel. "At one point, I was sitting there with a gun in my mouth," he said. A friend urged him to seek help. The Veterans Crisis Line gets hundreds of thousands of calls. CNAS said from 2005 – 2010, "approximately one service member committed suicide every 36 hours." Too little too late reflects DOD/VA policy. For what? America has not had an enemy since Japan formally surrendered in early September 1945 aboard the battleship Missouri. In the decade post-9/11, the VA paid \$200 million to nearly 1,000 families in wrongful death cases. They are the tip of the iceberg. Malpractice takes countless others. Included are Veteran and active duty suicides for denial of vitally needed physical and/or emotional care. Wrongful diagnoses and botched surgeries are commonplace by uncaring medical professionals in a system encouraging malpractice by devoting resources to war-making, not caring of its sick, wounded or dying. Malignant tumors are allowed to grow. *Over-dosing on dangerous drugs* compensates for denial of proper treatment. Elderly Vets promised healthcare for life die from fatal neglect. How many others suffer out of sight and mind? It bears repeating. America dishonors its war dead, sick, wounded, and dying. Paul Craig Roberts is right. Memorial Day [and Veterans Day are] is a cruel hoax – a national disgrace. It has been this way from inception since 1866 – more than ever today by far. Catastrophe occurs when too many people refuse to accept, that around us always are two universes at work. There is the cold, hard reality that underlies everything. And on the surface is a veil of deceit and compromise [bread, wine and circus fantasy]. The more humanity compromises vital truths in order to enjoy the comfort of illusions, the more mind-shattering it will be when those

illusions fall away. These two worlds can coexist only for short periods, and they will *always* and eventually collide. There is no other possible outcome.

CHAPTER 44

HYDRA-Socialism is a parasite destroying this Nation. ~OR~ VA is but one viper-head of the Gorgon.

US Dept of Veteran's Affairs is epitome of parasitic National Socialism or Nazism. It is a 90 year old byproduct of failed Socialistic, wrongheaded, national policy. VA is impotent and criminal; a self-serving core collectivist organization that severely misuses US resources badly needed elsewhere. The whole kangaroo judicial and benefits system is designed to keep bureaucrats employed, while mistreating Vets like dog shit under the doormats entering a two-bit whore house. Nothing about it is fair or just except to that agency per their rules, which is the jackboot of US National Socialism. This country cannot afford such extravagant parasitism wrapped in red, white, blue and star spangled banner patriotic hype any longer. VA claims only it can care for we veterans; that private medicine lacks the expertise, which is pure cobble. Anyone can cripple and murder veterans but most of US medical care has better ethics against doing so. VA is only a mid-level pork-trough-bureaucracy between private sector and the Vet. Everything it does and gets comes from private consumer medical industry including all of 'its expertise.' Outside doctors, technicians, technical training and all supplies come from there as US government procurements! It uses contract doctors and medical students training in VA hospitals then falsely claims first rate service with private sector. The agency only incompetently imitates that and worse while misappropriating a lion's share of an annual 400 billion dollar budget billed to taxpayers for doing so. Cut out the mid-level government waste and give Vets direct access to what we need! The American Nation must do much better at taking care of her people – especially kids, elderly and Veterans. VA is not serving veteran needs; it never has nor ever will notwithstanding propagandic spin to the contrary. It is well past time to sunset and dissolve this institution proper, and totally privatize veteran care giving them free choice of who, what, when, and where to get their medical needs met like the rest of the US has done for decades. Move VA resources, Vets, annual budget, all benefits and medical care tasks in toto under private sector administration without VA interference. . Hold those institutions accountable with strict oversight of operations, and severe consequences for substandard performance. Permit Veteran redress through due process of law, courts, etc same as civilian systems of US Constitutional and tort laws. Veterans are US citizens with full Constitutional

protections same as 'we the people' Americans; yet, are exploited by this country as lesser citizens. Stop mistreating them as lower class people. They paid their dues to live in USA.

In most cases, far more than most pedestrian Americans do or ever will pay. It is criminal that we pay the most yet receive the least in return!!!!

Lastly, US government and VA expend more of that administration's resources supporting people who never served Military duty and are not Veterans than it has or does on us.

Providing for their friends, employees, etc far better than anything we get or ever will under the current system. Even the name Dept of Veterans Affairs is a misnomer. It should read government jobs farm & welfare largesse for people who have nothing better going for them and cannot make it in the real world & private sector. VA is government run Socialist healthcare. That is the true meaning of our sacrifice to America. We pay the price in our flesh, blood, lives and our families lives for Amerika's first class free ride and lunch in exchange for hokey slogans and broken promises. That is a national disgrace beyond conscience bested only by 100 veteran suicides every day protesting this inhumane injustice.

CONCLUSION

In closing, does any of the aforewritten read like first class medical care and benefits that government claims to provide US Veterans? No?! That is why Vets are turning against VA in increasing numbers, and the younger ones by default, choose private Healthcare over Socialized medicine. Only less than 8% of the total number of US veterans use VA healthcare at all, and that agency cannot care for them?! 100 veteran suicides every day scream that it cannot!!! I fired that govt FUBAR over 40 years until fate forced a return to that madhouse under duress for a purpose. C&P disability benefits are worse than a sham! Social Security Disability averages 18 months process time under due process of law. VA C&P is 10-15 years under a phony, closed Kangaroo, adjudication system. Social Security is paying those VA claims providing VA gravy train free lunches and rides for employees, their friends and political pork. Too many of us die before a final verdict abandoned, betrayed, denied, delayed until we die in a holding pattern while VA kills time until it finally kills us, unless it murders us first as a training hospital lab rat.. I finally received 10% rating after 40 years for the least of all service related diseases! Many older Vets are learning new tricks from the youngsters to abandon the system, too. Even the women's VA fails to attract and keep female ex-soldiers into its programs. Seems the gals see through BS better than we men. Of those I have talked to, VA fails them same as the rest – perhaps more. 92% of all US Vets do not use that system; only the captives who cannot go elsewhere are trapped in it. Just ask the 100 suicides a day how great they have it. VA is of VA, about VA, for VA and its criminal cronies, not ex-military. This subjective writing is my story and only one of far too many worse than it. For example, tens of millions of veterans who died horrible deaths and still do from Dioxin exposure during Vietnam War. Dioxin is considered one of the most horrific and deadly bioweapons America ever made and used on human beings. VA simple held all those claims and dying veterans in a sandbag holding pattern until they suffered and died. I am one of them. These bioweapons are designed to kill immediately or slowly,

suffering over time. They have no treatment, cure, or vaccine! Once exposed one is DEAD! All that is possible after exposure is keeping the victim comfortable through pain control while killing time until it kills the victim. I will give VA credit for trying to do that with the opioid epidemic! That is all anyone can do for such people – pain control. But some US drug czar did not like it and shut down the program proper leaving all those sufferers in their agony. Per VA SNAFU, it was nearly a year before VA began giving out methadone to help vets undergo narcotic withdrawal. So many of us suicided to end original Bioweapon suffering now coupled with cold turkey narcotic withdrawal. Bioweapon death is slow and painful and feels like being wrapped naked in barbed wire, rolling over broken glass in a fire ant bed. American sadistic people created this and Napalm for only one purpose: to cause human suffering and death. These are a worse fate than death! Suicide is the answer for... I never thought a human body could take so much misery and still live. The stuff our troops get exposed to in the Mideast wars is far worse than Vietnam...SOP for them is also delay, deny,....until they die too; just like the rest of us who went before them. That is the insanity running VA and this country, BTW. However, perhaps you or wherever this booklet may land can proactively help, really help, to heal centuries of US injustice to her active and ex-Armed Forces personnel. Optimistically, you can use some or this entire story to help us. It is anonymous however is 'any affected veteran' in scope. The ongoing active duty and Veteran suicide epidemic, written in veteran blood, protests Socialist American injustice towards us hopefully raising awareness to help us real help. Too many slacktivists think they help but do not. Prissing around in a selfie doing the 22 pushup challenge is pointless show off slacktivism. First of all it is all about me, don't I look so cute in this outfit...press like on the face book page. Second, 22 a day is cooked number like 18 today or 20 yesterday. The real numbers are 100+ without cooking the books! When that report hit the net, DOD immediately pulled it! If you can add then do the math: 3 states with highest vet suicides in US Florida, Texas and California were completely omitted from the cooked figures. Moreover, suicides listed as 'other,' homeless people, alcoholic, drug abuse, neglect, and more were totally omitted from the cooked figures of 18, 20, 22! Do you get the picture? The only blessing of some suicides listed as 'other' were veterans who left life insurance to care for their families. They had to pay off; Suicides are EXPLICITLY excluded in life insurance payouts!! Is the bigger picture of what Socialist VA and America is doing to veterans beginning to gel? This country has lied to me since the day I was born...it still does and is also doing that to the rest of you American buttercups. Waking up to this after you have wasted your life living it all wrong is not the smartest thing to do!!! If you get old too soon, GET SMART AND DO NOT MAKE THE SAME MISTAKES WE OLD TIMERS HAVE AND ARE WARNING ABOUT. GET SMART! This is my way of alerting you while a dead man on the way out. As addressed in the forward, few people take the time, energy and research to write this stuff from experience to help those who want it; sure wish it had been there when I was young before making the mistakes that ruined my life proper. These are my golden years; each day is same as the one before: PAIN! On great days, the only golden is my pee in a urine bag that I wear all the time that fills from a rubber tube inserted into my bladder through a hole in my stomach because nothing below my navel works, destroyed by Bioweapon toxins, chemicals and weapons radiation exposures. On

good days that same bag is full of blood, urine and infections. Does this sound like something you want in your life? Military duty will do it for you...if you do!!! All you will get from VA and America is so sad, too bad, eat shit and die...but thanks for buying our free ride and lunch, SUCKER. You might even get a hokey slogan from VA: 'thank you for your service.' Those bastards give those away free....on good days. Only true Vets understand the bond between each other and can help, which is why I wrote this for you but it is up to you whether to GET SMART and use it or learn the hard way. It only takes once to send your cold body wearing only a sheet and toe tag to the VA basement morgue; only once to cripple or blind you for life... or worse. Enter & use the VA if you must – Caveat Emptor.

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Modern society is hypnotized by Socialism. It is prevented by Socialism from seeing the mortal danger it is in. And one of the greatest dangers of all is that you have lost all sense of danger, you cannot even see where it's coming from as it moves swiftly towards you. Dwell on the past and you will lose an eye; forget the past and you lose both eyes. *Aleksandr Solzhenitsyn*, *Gulag Archipelago*.

I saw a VA psychologist for over a year that offered exposure therapy to ease my symptoms, but ultimately made them far worse, to the point I became suicidal. I felt confident enough to tell him that it wasn't working and he responded with, "You know I am doing you a favor by seeing you." ...getting in touch with your doctor through the VA is like killing yourself—so it's a lose-lose situation. Kat Kaelin The Havok Journal February 28, 2019.

"VA sucks a bag of sweaty camel dicks." Sophia-Helene Mees de Tricht, US Veteran – 'Women's VA.'

Plane crashes cannot be fixed; one cleans and sends the mess to salvage then builds a new plane. VA is a plane crash in toto! Any questions? RA – USAF, Vietnam and Cold Wars – SAC Mobile Alert, Nuclear - First Strike Forces

Uncle and Aunt Tim & Tom Vets, VA employees & civilians cannot comprehend the following aspect of Military culture that some of us honor - 'take care of each other because that is all you got.' Perhaps if everyone observed this, the whole world would be a better place for all.

Like a mythic Hydra, 7 more grow from each head cut down. To understand truth only one other person need know it.

Now you do.

In memory of my mom, 'the goddess' who made me in her image and likeness and the woman who always saw in me more than I could. Over 40 years ago a VA Waco TX adjudication officer blamed you for having a birth defect – me – as cause of my denied service related disabilities. That stupid asshole was arrogant enough to put it in writing. Last I heard, the prick blew off his head. Perhaps guilt from screwing over veterans got to him. There is a price for doing evil to people. I never forgave that misandrist son-of-a-bitch for his disrespect of you, mom. RIP.

To my dad...you never knew that you the god who made me in his likeness was my hero and remain so today. I could never fill your shoes but walked in your shadowed footsteps. I never forgave the VA bastards that murdered you in one of their filthy pesthole hospitals. RIP.

Heartfelt gratitude to the undisclosed people who put up with my sorry ass and for your help in writing this so other veterans can know; If you go to the VA remember you now tread where even 'God' fears to tread. Good luck and my heaven help you in dealing with those Nazis. Hitler and his Nazi party were piker pussies compared to their criminal spawn residing in the USA.